#### PARENTS: DOES ANY OF THIS SOUND FAMILIAR?

- Your child: often worries/ gets anxious
- Gets frustrated easily or struggles with instructions
- Has difficulty with friends or at school
- May be diagnosed with ASD, anxiety, ADHD or another disorder but regardless often finds <u>life tough going.</u>

#### **CALM KID CENTRAL CAN HELP!**

## WE HELP CHILDREN 'WITH BIG FEELINGS' FEEL CAL M AND CO-OPERATIVE

Video lessons, activity sheets and posters to teach children to act bravely, behave in positive ways, act confidently, develop good friendships & manage tough life situations.







# WE HELP YOU FEEL CALMER & MORE CONFIDENT AND KNOW WHAT TO DO

Video lessons, articles & "quick tips" for parents to help feel less stressed about caring for their child with "big feelings"—*Learn what to say and do*.









Making Praise More Powerful

Question Asking Mistakes

# FAST ACCESS TO A CHILD PSYCHOLOGIST ONLINE

Tell our child psychologist panel any questions/concerns you have about your child without waiting for appointments. We answer within 48 hours.



### Calm Kid Central works!

93% of parents say it

was very or extremely
helpful for their child.
They reported
significantly less
anxiety, frustration
and tricky behavior
after using the
Program

"Tips that were easily remembered. We had a lot of fun "Parent

\$28.50 per month or \$177.50 for the year. Membership can be cancelled anytime.

Go to www.calmkidcentral.com

Click JOIN NOW and use code FIRSTMONTHFREE

Please note Calm Kid Central is NOT one to one therapy. Contact us with any questions.