



ONLINE ZOOM - PARENTING TEENS

PARENTS BUILDING SOLUTIONS - Three sessions

Open to Parents & Carers of Teenagers. Come & share experiences, ideas and learn strategies that work. Join the interactive sessions online.

- Feeling stuck or struggling with your teenager
- How to get your teenager to listen, without having to yell
- Building a better relationship with your teens
- Discuss and share strategies that work

Dates: Wednesday 12, 19, 26 October

Time: 7pm - 8.30pm

Cost: FREE

Venue: ONLINE ZOOM

Register: via the QR code or link

Inquiries to 0429 174 150 or michelle.brown@anglicarevic.org.au
<https://forms.office.com/r/JMyPhZSdKs>

PARENTZONE

