

SURREY PARK SC MEET

Sunday 12th July

SWIMMER CHECK-IN AND MARSHALLING

Surrey Park Swimming Club and the meet officials accept no responsibility for swimmers who do not arrive on time for their event.

SESSION 1: ASSISTED SELF MARSHALLING

Assisted Self Marshalling will be in place for the 13yrs & over and Open age group events in Session 1.

Swimmers in Events 1 and 2 (800 & 1500 Free) should be there ready to race by 8.10am

Swimmers in Events 3 to 28 should assemble in the tunnel at the start end for their race a certain number of heats prior to their next race as in the following table:

50m & 100m events	Five (5) heats prior to the athlete's race
200m events	Three (3) heats prior to the athlete's race

Please Note: All events will be swum from slowest to fastest heat.

Check Starters will assist in ushering swimmers to progressively move forward and check they are in the correct heat and lane.

For each of their races, swimmers will need to know their heat number and lanes no.

It is recommended they write all their event/heat/lane numbers on their arm (in that order)

SESSION 2: TRADITIONAL MARSHALLING

To reduce crowding in the tunnel at the start end of the pool, swimmers competing in Session 2 should check in via the marshalling room (entering by the back corridor).

For Session 2, all swimmers should make their way to the marshalling room FIVE (5) HEATS (not 5 Events) prior to their next race.

Please Note: All events will be swum from slowest to fastest heat.

In the marshalling room swimmers will be sorted into their heats.

Then, they will be lead out, heat by heat, by the check starters to behind the blocks.

For each of their races, swimmers will need to know their heat number and lanes no.

It is recommended they write all their event/heat/lane numbers on their arm (in that order)