

Welcome to Sprout 2021
Hours of operation 9am - 3.30pm daily

A Little Bit About Sprout

Our philosophy and aim is to nourish and support students' learning with nutritious wholefoods that are prepared on site daily. We hope to contribute to healthy bodies and minds that will assist our children both in the classroom and the playground.

Sprout is nut free and every effort is made to accommodate all food allergies. Please contact us with any concerns or questions regarding ingredients and dietary requirement for your child.

Ordering Lunches

At present we are cash only*.

Correct money is appreciated but we always place any change back in with the order. Please let your child know if they need to expect change (and whether or not they are allowed to spend it!). *Please do not include orders for either icy poles or hot chocolates, they cannot be delivered.*

- Refer to the menu. Write out your lunch order, including your child's name and class (your teacher's initials e.g., unit FK) and place it in a lunchbox along with payment.
- A container must be provided. Please make sure your child's lunch will fit into it. If you do not have a container, or a paper bag, you can purchase one from us for \$1.
- The orders are brought to Sprout in the morning for processing, prepared and picked up just before the lunch bell. Please remind your child if they have a lunch order, this is important because we cook to order, if we receive late lunch orders (at recess or after), be assured we will always feed your child, but it may not be what they wanted.
- If an order is missing money, we will always provide them their order with a note sent home requesting payment the next day or as soon as possible. A record is kept at Sprout so there is no confusion.
- If you are ordering for multiple children, please provide a separate order for each child and if payment is in one order only, please note this on all sibling orders.

Recess

- ***This is really important*** – Recess cannot be ordered; snacks and recess can only be purchased over the counter at Sprout with cash.
 - This might seem daunting for our Foundies, but it is a wonderful way for students of all ages to engage with the process of handling money, counting, and social

interaction with a service provider. In our experience, it doesn't take long for the little ones to work it out and build confidence!

- There is no doubt that the world is changing, and many processes seem obsolete, perhaps even a hassle as technology advances. However! There are many real-life educative opportunities for all students, at Sprout we encourage the interaction, exchange, and overcoming challenges.

Take Home Meals and Morning Café for parents

- Family meals are available to purchase throughout the week. They are prepared on a Monday (and depending on demand, another day during the week). These vary from week to week and what is on offer each week will be in the newsletter each Friday. All meals are vegan and designed to provide the main element of the meal, i.e., you provide the rice/pasta/bread for example.
- Sadly, Morning Café is still on hold at present. Please keep an eye out for updates. Sprout is our community space. Our aim is to create an open, friendly, and relaxed meeting place for the whole school community, we cannot wait to welcome you all back!

Welcome to 2021!

With thanks and best wishes to you all,

Kris Bidenko

Canteen Manager

*We are aware that cash may seem an inconvenience and we are endeavouring to implement an online platform. Please be patient with us, it is more complicated that it might appear.