

Your personal Invitation to attend

# Dad's Tuning into Kids Parenting Group

Commencing  
**Tuesday**  
**1st**  
**May**

6pm– 8pm

7 weekly sessions

CatholicCare Office  
32 – 34 Pulteney Street,  
Taree NSW 2430  
**RSVP: 02 65395900**



**Dads Tuning into Kids program supports fathers in helping understand and manage their children's big emotions and feelings. Children with sound emotional intelligence develop:**

- better concentration at school
- greater success with making and keeping friends
- skills to manage conflict with peers
- skills to calm down when upset or angry



**Social Services  
Hunter-Manning**  
DIOCESE OF MAITLAND-NEWCASTLE

For more information  
[www.catholiccare.org.au](http://www.catholiccare.org.au) or call **6539 5900**  
**f** /CatholicCareHM **t** @CatholicCareHM