

## Benefits

- **AYRG** members who attend regular meetings will receive **\$30** voucher for their participation and involvement
- Sometimes you will get paid for working at an event
- Meet other like minded young people passionate about youth issues
- Opportunity to sit on recruitment panels
- Leadership skills and personal development
- FREE mental health Training
- Build a great rapport with the Alice Springs community
- Heaps of fun at both headspace and external events!
  - AYRG social events (like dinners, bowling and movie nights)
  - Local media opportunities
  - Looks amazing on your CV

## Interested or have any questions?

Please contact:

**Jessica McAdam**

**Aboriginal Cultural Advisor**

**(M) 0490 739 613**

**(P) 08 8958 4544**

**(E) [jessica.mcadam@caac.org.au](mailto:jessica.mcadam@caac.org.au)**

*(Parental/Guardian consent will be needed for young people 14 and under. If this is, or will be, an issue, please contact us.)*



**headspace Alice Springs**

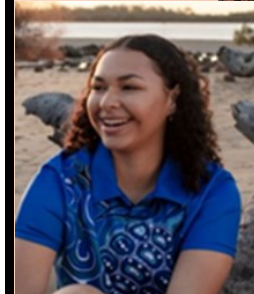
5/74 Todd Street (Across from Alice Springs Town Council, behind Loco Burrito)

**(P) 08 8958 4544**

**(F) 08 7906 2244**

**(E) [headspace.reception@caac.org.au](mailto:headspace.reception@caac.org.au)**

  
**headspace**  
Alice Springs



**Aboriginal Youth Reference Group (AYRG)**



## About us

The Aboriginal Youth Reference Group (**AYRG**) is a group of young individuals who govern our centre and have a say in how we engage with youth in the community.

We welcome any young Aboriginal and or Torres Strait Islander who have an interest or passion for youth advocacy and mental and physical health.

Our AYRG are the most important aspect of our service and they help us improve our centre for our future generations.

Opportunity to represent a great youth

Organisation and advocate for young people

**There are other social groups such as**

**Autism Social Group**

**Just Be You Crew**

**After Hours Community Activities**



## Who can join

Young people aged between 12 - 25 Years

Passionate about headspace four streams:

- Mental health**
- Physical health**
- Alcohol and other drugs**
- Work and or study**

A team player

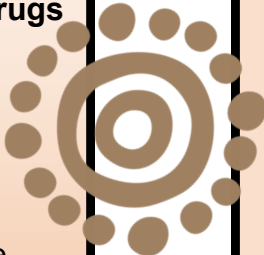
Motivated, willing and committed to participate

Good communication skills

Ability to balance health and other commitments

(i.e. school, work, family) alongside their commitments to AYRG

We are a diverse group and we accept any young person that identifies as Aboriginal and or Torres Strait Islander



## Where do we meet

**headspace Alice Springs Centre**

In the Activities Room  
**5/74 Todd St**

(Across from Alice Springs Town Council, behind Loco Burrito)

## Frequency of meetings

Once a month

Times to be discussed

