



# Monty South PS Newsletter

## MILLIE'S POEM

Millie from 2C has written this fantastic poem about school. We work hard here at Monty South to ensure our students are engaged and happy at school. We are so pleased that Millie has this experience of our school and that she has created this poem to share with the school community. Thank you Millie.

Poem - Why Holidays are Boring.

Most people think school is boring.  
Well, it's not - school is cool!  
School is great.  
You have friends who call you 'my best mate'.

Holidays are dumb.  
You can't learn  
So you don't have any marks to earn.  
Your friends love you and you love them too.  
But you can't see them when you are far away.  
On a dumb holiday.  
England and France  
Can't stand a chance.  
Tell them to cancel the school holidays.

I am sure you love school in many, many ways.  
At school, you can learn and play.  
While you can't do them on a silly holiday.

Now, join my side and finish off work with pride.  
Love your teacher and also your friends,  
But mostly your really cool SCHOOL!

By Millie 2C



## EVENTS CALENDAR

- 20 Oct - Prep—Yr 2 Mini Olympics (dress in house colours)
- 26 Oct - Halloween Disco 6pm to 7.30pm ([book tickets here](#))
- 1-3 Nov - Yr 5 Camp to Phillip Is.
- 6 Nov - this is a school day
- 7 Nov—Melbourne Cup Day
- 9 Nov—Yr 1 extended stay (3.30-7.30pm)
- 10 Nov—Prep breakfast at school
- 23 Oct—fundraising commences for Colour Fun Run (1 Dec)
- 13 Nov—School Swimming begins (2 week program P-Yr2)
- 15 Nov— Yrs 3&4 Open Water swimming
- 16 Nov— Yrs 5&6 Open Water swimming
- 20 Nov—Yrs 5&6 excursion to Monty Secondary College for Adaams Family production
- 1 Dec—Colour Fun Run (starts after lunch at approx. 12.30pm)
- 6 Dec—Christmas Carols 6.30pm
- 8 Dec—Yr 6 Funfields day
- 12 Dec - Whole School Step Up
- 9-11.30am & Yr 7 transition day
- 13 Dec—Yr 6 Graduation
- 15 Dec—Kaboom Sports day
- 20 Dec—Last day of school year. Dismissal at 1.30pm.**

## ASSEMBLIES IN TERM 4

Every 2nd Wednesday at 2.45pm  
25 Oct, 8 Nov, 22 Nov, 6 Dec  
Final day 20 Dec—assembly TBC

This home is on Wurundjeri Country



Montmorency South Primary School acknowledges the Wurundjeri people of the Kulin Nation as the Traditional Owners of the land on which we work, learn and play. We pay respect to Wurundjeri elders past, present and future and extend our respect to Aboriginal and Torres Strait Islander students and families of MSPS.



[montysouthps](#)  
[montmorencysouthprimary/](#)

We post regular updates to our Facebook and Instagram pages. You can keep up to date with our activities, achievements and celebrations.

See our image gallery in this newsletter edition for a snapshot of our recent posts.

## STUDENT NEWS AND ACHIEVEMENTS



Our new student led Leadership Club commenced last week. This was an initiative created by one of our School Captains, Astri.



On Oct 5th, Uncle Charles Pakana, a respected local Aboriginal journalist ran a Q&A session for our Year 6 students and then a community session for anyone who wanted more information about the 'Statement from the Heart' and the 'Indigenous Voice to Parliament' referendum.

*A celebration of our students' activities and celebrations from our school Facebook and Instagram pages. Please keep updated by following these pages. The links can be found on the front page.*



Yarra Valley Water 'Water Watchers' program visited Year 1 students to teach them about ways to be smart with water.



Our 2024 Prep student have begun their Bridges to School Program. Four sessions in total will be held.



Coaches from Eltham Lower Cricket Club and Cricket Victoria taught students cricket skills.



Year 5/6 girls inter school basketball team competed in the division finals on Oct 10th. The team gave their best effort, however they just missed out on continuing onto regionals. Well done team!



## PRINCIPAL'S UPDATE



Dear Monty South Community,

I hope you've had a good fortnight, and you are enjoying our current sunny weather. I am also hoping that you managed to read the Bulletin that I sent out on the 6 October with a bit of an update on some of our changes. If not, please have a look at the Compass notification that I sent out on the day.

Our Student Free Day was very successful last Friday as all staff engaged in the Berry Street Education Model (BSEM). The BSEM is a whole school approach to mental health which focusses on building staff capacity to support students to develop social and emotional skills which in turn supports good mental health and wellbeing. Our day provided a good insight to Domain 2: Relationships. BSEM is an 18-month program which will further build staff capacity in promotion, prevention and intervention in student mental health and wellbeing.

On Tuesday night we held our first School Council meeting for this term. As part of my report to School Council I discussed and presented on: NAPLAN 2023; the Reporting and Assessment review; and policies.

As you may be aware there were some major changes made to NAPLAN 2023. A new proficiency standard with 4 levels of achievement replaced the previous 10-band structure and the old national minimum standard set in 2008. This meant that as of 2023 we could not compare our growth and achievement to previous years. This is something that has happened across Australia, not just in Victoria. However, although we have a new measuring scale, we are still able to compare ourselves to similar schools, our network, and the state in 2023. Below is a snapshot of what the results are for Year 3 and 5 in Reading:

### NAPLAN - Students by Proficiency Levels

#### Exceeding or Strong students in 2023 (%)

For students in Year 3, Reading

80%

Your school

84%

Similar schools

79%

Network

70%

State

### NAPLAN - Students by Proficiency Levels

#### Exceeding or Strong students in 2023 (%)

For students in Year 5, Reading

82%

Your school

90%

Similar schools

86%

Network

77%

State

The expectation is that we compare ourselves to similar school, as we have similar characteristics, including socio-economic factors. The results above places us close to our similar schools but we have a lot more work to do to increase our students' growth and achievement in comparison to our similar schools. This has been our focus since the beginning of 2023, with Curriculum, Assessment and Reporting aligning across the school. Detail information of our other strands will be published in our Annual Report.

## PRINCIPAL'S UPDATE cont.....

The Reporting and Assessment Review was very interesting and provided some excellent information to us for improving our processes and alignments across the school. The written report was perhaps the one area where there was the greatest discrepancy between parents and staff. However, the 3Way Conferences was the one area that students, parents and staff were completely aligned.

<b>Reporting Survey Summary 2023</b>			
Parents (175) Staff (32) student leadership (38)			
<b>WRITTEN REPORTS</b>	N	Ratings %	Y
	1-2	3	4-5
<b>Accurate</b>			
Parents	27.4	32	40.6
<b>Clear and Individualised</b>			
Teachers	12.5	18.8	68.7
<b>Personalised</b>			
Parents	66.8	21.7	11.4
Teachers	12.5	18.8	68.7
<b>Adequate detail in E&amp;M</b>			
Parents	44	22.3	33.7
Teachers	15.5	18.8	65.7
<b>Adequate detail in other LA</b>			
Parents	41.7	30.9	27.4
Teachers	31.3	40.6	28.1
<b>Adequate detail by Specialist</b>			
Parents	39.6	29.3	31.0
Teachers	31.2	25.0	43.8
<b>Clearly outlines learning progress</b>			
Parents	35.4	25.7	38.8
Teachers	18.8	15.6	65.6

<b>3 Way Conference</b>	N	Ratings %	Y
	1-2	3	4-5
<b>Important part of child's learning</b>			
Parents	6.3	12.0	81.7
Teachers	3.3	6.7	81.7
<b>Next Steps</b>			
Parents	6.9	20	73.2
Teachers	10	23.3	66.6
<b>Format</b>	P	T	
Parent/Teacher	18.3	26.7	
P/T/S	21.1	23.0	
Mixture	60.6	50.0	

When we synthesised all this information we found that:

- All reporting processes have value
- Better communication was needed on each reporting format
- Timing should be consistent across the school eg. CATs
- Consistency of language
- Less teacher speak
- Refinement of reports
- A better platform for CATs

In my summary to School Council, I explained that for Semester 2 this year, we will have the student comment added and that for 2024, we will make the biggest changes to our reporting system once we align, curriculum, assessment and reporting. This is something that our whole staff have been working on in 2023. Thank you to everyone who participated in giving us feedback.

The final presentation to School Council on Tuesday was about some essential policies that we need to have on our website, so that we are compliant. These policies have been aligned to the new Child Safety Standards that were introduced in July 2022. I will place the following policies on our school website for community feedback over the next three weeks, so that they can go back to School Council for endorsement at our next School Council meeting on the 21 November.

- Child Safety and Wellbeing Policy- DRAFT
- Child Safety Code of Conduct- DRAFT
- Complaints Policy (DRAFT)
- Student Wellbeing and Engagement Policy DRAFT
- Volunteers Policy DRAFT
- Photography, Filming & Recording Students Policy DRAFT

## PRINCIPAL'S UPDATE cont.....

### Operational

#### Headlice

Of late we seem to be having quite an issue with headlice across the school. Although we have no student dress code policy in the school, I would highly encourage students with hair reaching their shoulders to have it tied back. This will hopefully help in the spread and contact across students. Please help us by checking your child's head regularly and treating them if you need to before they return to school. Thank you in anticipation of your support.

#### Monday 6 November- pre-Melbourne Cup Day

Just a reminder to let your child's teacher know if your child will not be at school on Monday 6 November. This will allow us to make some structural changes to the day so that staff may use some of the Time in Lieu they have accrued from camps and activities beyond the school day. Could you please let your child's teacher know by Friday 27 October, thanks.

Just a final reminder to take care and please drive slowly around our school.

Have a great few weeks 😊

Keyla

### Introducing Sarah Abbott, Assistant Principal

I want to start by thanking everyone for making me feel so welcome during my first few weeks at Montmorency South Primary School. I have been trying to remember some names as I walk around the school grounds, it has been so lovely to have many students and parents come up and introduce themselves!

My role at Montmorency South Primary School will have a focus on wellbeing and inclusion, two areas which I have always been very passionate about. I am particularly keen to work with staff in supporting students with the accommodations they need to be engaged in their learning. I feel very lucky to be joining such a wonderful team of staff and look forward to working with them and yourselves, to continue providing our students with a safe, warm, and positive learning environment. 'Together We Learn, Lead and Achieve'!



### Congratulations!

Congratulations to Maddy MacLeod and partner Jeremy on the birth of their first child, Charlotte Joy on 10th October. We wish you all the very best during the exciting first year ahead. We hope she sleeps well for you and hope that she enjoys health and happiness throughout her life. From all of us at Monty South. ❤️



# TEACHING AND LEARNING UPDATE

## YEAR 1

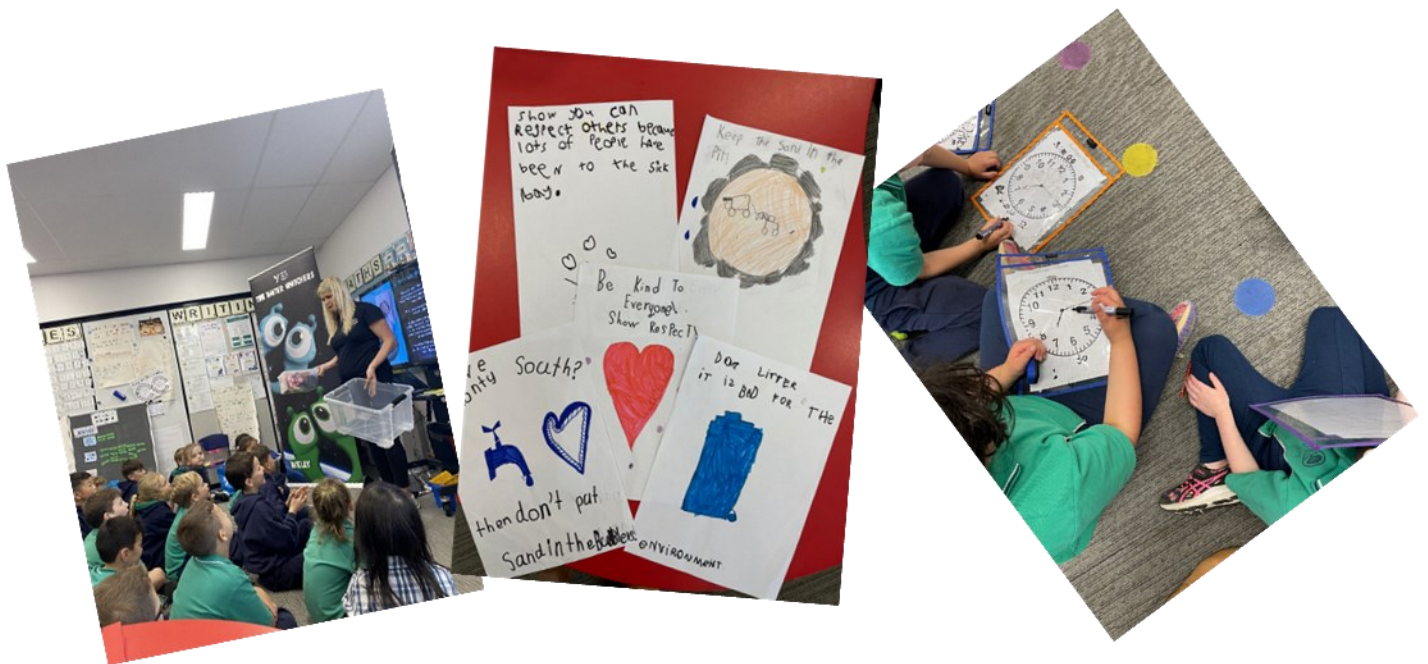
### In the classroom:

The first 3 weeks of Term 3 have flown past. The students came back from their term break and hit the ground running! The classes have been focussing on Time and Money in maths, learning about reading analogue clocks to the o'clock and half past (Time) and adding together collections of coins/notes (Money).

The students have been finishing off their writing unit on persuasives, creating a persuasive poster to help resolve an issue we felt was important within our school grounds (you might actually be able to see the posters the kids created around the school!). In reading, we have learnt about why authors write something (Author's Purpose). We learnt of the reasons (PIE – Persuade, Inform, Entertain) things were written and features of these texts. We are continuing our work on developing our reading fluency with a focus on pace and expression.

We had an exciting incursion from Yarra Vally Water which related well to our inquiry unit for the semester of becoming a 'Changemaker' and plan on doing some plantings, establishment of our Bug Hotels and Acknowledgement of Country learnings with Tara.

The students are now looking forward to our P-2 House Games, our extended stay and P-2 swimming program just to name a few things in our busy Term 4 program.



### What you can do at home:

Continue to read with your child at home, supporting them with challenging words by asking them to sound out or chunk parts of the unknown word. Also expose your child to different types of texts through getting them to read menus, signs and writing on food packaging. Challenge your child with questions about time, including reading analogue times, questions about how long things might take and durations of time. Allow them to experience using notes and coins from our money system which involves paying for things and receiving change. Also continue to encourage your child to write for authentic purposes like shopping/Christmas lists, cards and letters/emails to family.



# TEACHING AND LEARNING UPDATE

## YEAR 2

### In the classroom:

Year 2 has hit the ground running in Term 4. For the inquiry unit, "Are We There Yet?" all classes are travelling down the east coast of Australia, nearly at the end of our road trip. Fascinating facts and places of interest have been learned. In mathematics, students have been tackling worded problems involving subtraction, investigating volume and capacity, and are about to enter the wonderful world of fractions.

During reading, the students have used the comprehension strategy of Comparing and Contrasting to find similarities and differences between texts. From here, students practised sharing their thoughts and opinions in sentences using signal words. Students are now learning the comprehension strategy of Visualisation, where they create pictures in their minds while reading through a story or text. Creating these mental pictures helps students gain a deeper understanding of the text.

## Signal Words

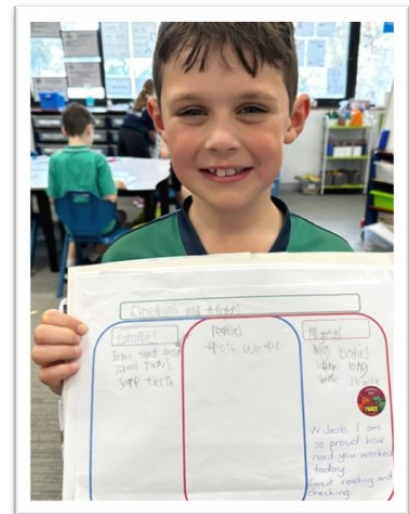
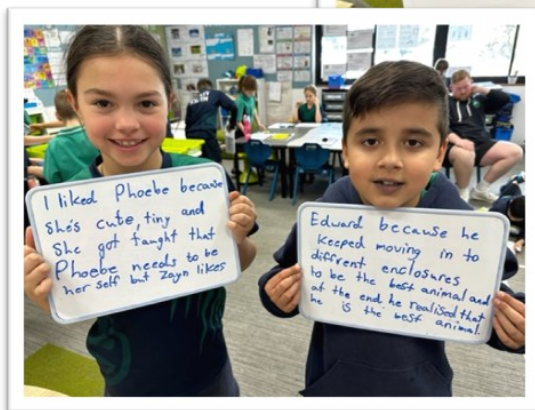


### Compare

- alike
- both
- same
- similar
- like
- in common
- also
- similarly
- in comparison to
- as well as

### Contrast

- different
- differ
- unlike
- not alike
- whereas
- on the other hand
- however
- although
- even though
- in contrast to
- while
- but





### What you can do at home:



Students love finding similarities and differences. At home, compare and contrast places visited, sports played, books read, or things found in the garden. Even a chat on what life was like for parents as an eight-year-old compared to today's child – no remotes, taking photos, favourite ice-creams, and activities. Discussions improve sentence fluency and promote the connection between oral language, reading, and writing.

## IN OUR SAKG KITCHEN & GARDEN



In weeks 2 and 3 our culinary travels have lead us to an area of Croatia called Istria. We learnt that trees harvested from the forests of Istria over 1000 years ago laid the foundations for the Italian city of Venice. We also learnt that this region is famous for its white truffles, honey, wild asparagus and quality olive oil. Our menu was a feast enjoyed by all. We made, Pogaca bread, garden greens and ricotta strudel, hand rolled pljukanci pasta with broad beans from our garden, shopska salata filled with colourful capsicums and mini chocolate and sour cherry cakes.

 <b>Shopska salata</b> Serves 24 tastes Source: SBSfood.com.au Millica Raden		
<b>Ingredients</b> <b>Salad</b> ½ yellow capsicum, diced ½ red capsicum, diced ½ green capsicum, diced ½ red onion, very finely sliced 1 cucumber, diced 2 large tomatoes, diced ½ cup parsley, coarsely chopped 3 large handfuls of lettuce from the garden, torn into bite size pieces <b>Dressing</b> 3 tablespoons olive oil 3 teaspoons white wine vinegar Salt and pepper Pinch chili flakes (optional) <b>Garnish</b> 100gms Greek or Bulgarian Feta, crumbled	<b>Equipment</b> Measuring cups and spoons Measuring scales Chopping boards Knives Mixing bowls Sieve Salad spinner Tongs Jar with tight fitting lid Serving bowls	
<b>What to do:</b> <ul style="list-style-type: none"> <li>• Cut the capsicum into 1cm dice</li> <li>• Finely slice the red onion, place in a bowl and cover with water, this will soften the flavour of the onion</li> <li>• Dice tomatoes and cucumber</li> <li>• Wash and spin dry the lettuce leaves</li> <li>• Gently tear each leaf into small pieces, do not scrunch and bruise the lettuce</li> <li>• Wash and chop the parsley</li> <li>• Combine the torn lettuce, parsley, diced capsicums, cucumber, tomato and strained onion in a large bowl, toss gently to combine</li> <li>• Place the dressing ingredients in a jar with a tight-fitting lid, shake well</li> <li>• Add the dressing to the salad and toss gently to combine</li> <li>• Divide the salad into serving bowls</li> <li>• Garnish with finely crumbled feta, serve</li> </ul>		

 <b>Pljukanci with spring greens and garlic</b> Serves: 24 tastes Source: beansandsardines.com		
<b>Ingredients</b>	<b>Equipment</b> Food processor Measuring cups and spoons Grater Garlic crusher Knives Chopping board Large saucepan Slotted spoon Large bowl Frying pan	
<b>What to do:</b> <ul style="list-style-type: none"> <li>• Blitz the spinach, warrigal greens and water in a food processor until pureed and smooth</li> <li>• Add the flour and pulse until just combined</li> <li>• Tip out onto a floured surface and knead for a few minutes, add more flour if the mix is too sticky, you want a smooth bouncy dough</li> <li>• Cover and rest in the fridge for at least 15 minutes</li> <li>• Meanwhile get a big pot of salted water on to boil, and prepare beans, garlic and cheese</li> <li>• Divide the dough into 3. Roll out into sausage shapes as thick as your thumb but longer</li> <li>• Cut off 1 cm pieces of the dough. Flour your work bench.</li> <li>• Roll each piece away from you across the floured bench, using the heel of your hand to apply pressure, to create long, skinny shapes strikingly similar to the green beans, keep the picci sitting separate (not touching) on the workbench</li> <li>• Once the water is boiling, cook the picci in batches. They will float to the top of the water (like gnocchi does) when cooked. Use a slotted spoon to remove them to a large bowl</li> <li>• Once the picci are all cooked, blanch the beans in the same water for a minute, remove with a slotted spoon</li> <li>• Heat the olive oil in a large frying pan</li> <li>• Add the garlic and cook for a minute before adding the beans and picci to the pan</li> <li>• Add a spoon of pasta cooking water and toss to emulsify the oils and juices into a thin sauce</li> <li>• Divide into shallow bowls top with lots of parmesan cheese, fresh black pepper and a pinch of nutmeg</li> <li>• Serve</li> </ul>		

If you are able to help out in our kitchen—perhaps you can help out your child’s class—you can let our Kitchen Specialist, Cathryn Hulme know by emailing her at: [cathryn.hulme@education.vic.gov.au](mailto:cathryn.hulme@education.vic.gov.au).

If you would prefer to help out in our garden, our Garden Specialist, Farmer Mike is happy for you to contact him on [michael.tindale@education.vic.gov.au](mailto:michael.tindale@education.vic.gov.au).

Volunteering at Monty South is always welcome. From classroom help with reading and maths, or camps or sporting events such as Cross Country or Athletics Day to our kitchen and garden, not to mention the amazing work of our Parents and Friends Group; our parents/carers play a vital part in helping to make Monty South a great school and help build a strong community.

TOGETHER WE LEARN, LEAD AND INSPIRE!

All Monty South 2024 enrolled Prep students are invited to experience our Bridges-To-School Program.

Weds, Oct 11th, 9.30-11.00am Fire motor focus	Weds, Oct 18th, 9.30-11.00am Literacy focus	Weds, Oct 25th, 9.30-11.00am Numberacy focus	Weds, Nov 1st, 9.30-11.00am M.S.P.S Tribes Focus (final session)
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**Prep 2024—Bridges to School Program**

Our Bridges to School sessions have begun and we have welcomed out 2024 preps to Monty South. Two of the four sessions remain and a final session will be the Step Up session on 12th December, from 9am to 11.30am.



# PARENTS & FRIENDS COMMITTEE UPDATE

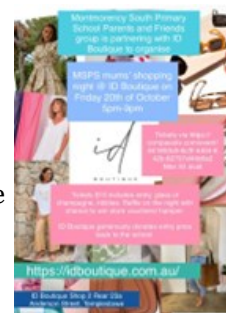
## Referendum Sausage Sizzle and Bake sale - Thank you!

A heartfelt thank you to all the bakers amongst our families for donating towards our bake sale on Saturday and all our amazing parent helpers who helped set up, manned the BBQs, prepped napkins and bread, took orders, handled money and helped pack up. We had to make 2 emergency shops to get more sausages and bread, totalling 46 kgs of sausages and 16kg of onions sold. Lots of smiling faces, lots of helping hands and great community spirit. Thank you!!



## MUMS' shopping and social night out at ID Boutique—Friday 20<sup>th</sup> of Oct 5pm-9pm

Tickets can still be purchased for \$10! This will give you entry, a glass of champagne and nibbles. There will be an opportunity to shop, try on and of course purchase clothing from ID Boutique <https://idboutique.com.au> in the Templestowe Village. ID Boutique will donate the entry price back to MSPS. (Thanks to Sarita and Pauline! Mum and Gran to Oliver V from Prep). There will be a raffle on the night to win a store voucher/hamper. There is a maximum of 50 tickets available. <https://compasstix.com/e/1jas67c6je>.

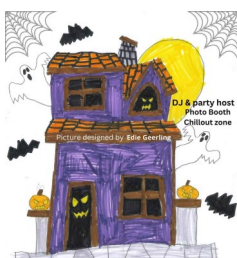


**MSPS Mango Fundraiser**  
Delicious mangos from, Northern Queensland straight from the farm to us!  
Approximately 4.5kg of Bowen Special Mangoes, packed in a single tray.  
Mangoes are \$26 per tray ORDER ONLINE ONLY at <https://compasstix.com/event/ee0a6396-6546-4c4b-b51f-7280241ae621>  
Orders close MONDAY 30TH OCTOBER  
Delivery date TBC  
For further information or enquiries please email  
Ashlee Sandars  
secretarymssp@gmail.com



## Mango Drive

Delicious mangoes from Northern Queensland straight from the farm to us! Mangoes are shipped directly from the farm so are not held for long periods. They are picked mature (firm and green on the outside with the flesh starting to mature) so that they ripen when they reach us. Order here - <https://compasstix.com/e/psn5n142rt>. \$26 + bf per tray (approx. 4.5kg). Mangoes are packed in a single layer tray. The mangoes can vary in size. There are approx. 9-14 mangoes per tray to make up the 4.5kg. **Orders close: 30th October at 5pm for delivery to school mid November.**



DJ & party host  
Photo Booth  
Chillout zone  
Picture designed by Edie Geerline

Montmorency South Primary School Parents and Friends proudly presents the 2023 Family Halloween Disco Thursday 26th October 6pm-7.30pm  
Tickets \$10 includes entry, glow bracelet and drink  
Hot dogs will be available pre order! snacks and drinks  
All students need to be supervised by parents. Parents do not need to purchase tickets. Tickets required for students only

## Family Halloween Disco Thursday 26<sup>th</sup> of October 6 pm-7.30 pm

**The Halloween Disco is next week!** Tickets are \$10 and include entry, a glow bracelet and a drink. Parents do not need to purchase tickets but are expected to accompany and supervise their children. Siblings are welcome and tickets are required for all children attending.

We encourage adults/ families and students to dress up as we have some amazing prizes for best dressed with one being a \$120 valued skaterz voucher

Pre-order Hotdogs and tickets via <https://compasstix.com/e/gdswgzic3m>. Please note the ticket price will be \$12 at the door.

A huge congratulations to Edie from 3D for the Haunted House design and winning the poster competition! Well done to all the other students who dropped off drawings! We have some very talented artists at MSPS!

As with every movie night and disco, we rely heavily on our amazing school community to help us run these events. If you can spare some free time, have a look at the volunteer list and pop your name down. Many hands make light work! <https://signup.com/go/JKQeFXo>



## PARENTS & FRIENDS UPDATE

### Colour Explosion Fun Run 1st of December

Thank you so much for supporting our school to be the best it can be, especially through fundraising. 2023 is turning into our biggest fundraising year yet! We are focusing putting our fundraising dollars towards new Junior grade/playground/play equipment. etc.



We are giving our 2023 fundraising another push with a Colour Explosion School Fun Run with Australian Fundraising!

The Colour Explosion School Fun Run will be on the 1st of December.

This week, all students will be given a sponsorship booklet. In this booklet, everything is explained very simply for your child to be able to set up their own profile, create their avatar etc.

Fundraising for our Colour Explosion School Fun Run is entirely online. It will begin on October 20th until Nov 24th. Follow the instructions in your child's sponsorship booklet to create a cybersafe, online profile page at [www.plantadifference.com.au](http://www.plantadifference.com.au).

#### P&F CONTACT INFO

Please follow the P&F Group activities on Facebook  
[@MSPSParentsandFriends](https://www.facebook.com/MSPSParentsandFriends)

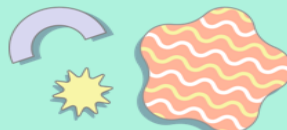
You can also get in touch by emailing  
[presidentpandfmsps@gmail.com](mailto:presidentpandfmsps@gmail.com)  
or [secretarymbspf@gmail.com](mailto:secretarymbspf@gmail.com).

## COMMUNITY NEWS



Guiding children's growth

# Newsletter



### A message from your Coordinator

Hello, and welcome to this week's newsletter. During this term we have many exciting incursions happening throughout the term as well as many fun activities.

There will be three incursions that will be happening throughout the term. These incursions include Float It (happening on the 24<sup>th</sup> of October), Launch It (happening on the 8<sup>th</sup> of November), and Move It (happening on the 23<sup>rd</sup> of November). These incursions are at no extra charge, so come along and join us for a fun, engaging and educational afternoon.

During the month of October, we will be having a range of Halloween themed activities and experiences, getting ready for the spooky season.

Remember to update your bookings and your details through the Camp Australia app and to come in to sign in and out your child into care. Thank you and see you soon.

#### Activities coming up

- Week 4: Incursion Float It
- Week 6: Incursion Launch It
- Week 8: Incursion Move It

#### What's on the menu

- Pita bread with salsa
- Popcorn
- Rice crackers with cheese

# COMMUNITY NEWS

This list can now be found on our website at: <https://montysouth.vic.edu.au/current-families/wellbeing-resources/>



## If you or someone you know needs support you can contact:



**Triple Zero**  
[www.triplezero.gov.au](http://www.triplezero.gov.au)  
000  
24 hours a day, seven days a week.  
In the event of an emergency, or if someone is at immediate risk of harm.



**Employee Assistance Program - LifeWorks**  
1300 361 008  
EAP is a free, short-term, and strictly confidential counselling service. The EAP is available for up to four sessions for the Department's employees (and school council employees such as casual relief teachers). Immediate family members of Department employees can also now access EAP.



**Child Protection**  
1300 664 977 (North Division Intake)  
8:45am-5pm, Monday to Friday  
13 12 78 (after hours emergency service)  
5pm-9am Monday - Friday, 24 hours on weekends and public holidays.  
You should contact the child protection intake service if you have concerns that a child is at risk of significant harm as a result of abuse or neglect.



**1800RESPECT**  
[www.1800respect.org.au](http://www.1800respect.org.au)  
1800 737 732  
24 hours a day, seven days a week.  
Online Chat: [www.1800respect.org.au](http://www.1800respect.org.au)  
A confidential information, counselling and support service for people impacted by sexual assault, domestic or family violence and abuse.



**Safe Steps**  
[www.safesteps.org.au](http://www.safesteps.org.au)  
1800 015 188  
24 hours a day, seven days a week.  
Web Chat: [www.safesteps.org.au](http://www.safesteps.org.au)  
9am-midnight, Monday to Friday.  
Victoria's 24/7 family violence response centre.



**Headspace**  
[www.headspace.org.au](http://www.headspace.org.au)  
1800 650 890  
9am-1am, seven days a week.  
Online Chat: [www.headspace.org.au/eheadspace](http://www.headspace.org.au/eheadspace)  
Headspace is a confidential, free and secure space where young people 12 - 25 or their family can chat, email or speak on the phone with a qualified youth mental health professional.



**Beyond Blue**  
[www.beyondblue.org.au](http://www.beyondblue.org.au)  
1300 224 636  
24 hours a day, seven days a week.  
Online Chat: [www.beyondblue.org.au](http://www.beyondblue.org.au)  
Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health.



**Lifeline**  
[www.lifeline.org.au](http://www.lifeline.org.au)  
13 11 14  
24 hours a day, seven days a week.  
Online Chat: [www.lifeline.org.au](http://www.lifeline.org.au)  
Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services.



**The Orange Door (North-Eastern Melbourne)**  
[www.orangedoor.vic.gov.au](http://www.orangedoor.vic.gov.au)  
1800 319 355  
[nema@orangedoor.vic.gov.au](mailto:nema@orangedoor.vic.gov.au)  
The Orange Door is a free service for adults, children and young people who are experiencing or have experienced family violence and families who need extra support with the care of children.

*The Orange Door is a referral only service. It brings services together as a partnership so that individuals and families don't have to go to multiple services or to retell their story multiple times to have their needs met.*



**Kids Helpline**  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)  
1800 55 1800  
24 hours a day, seven days a week.  
Online Chat: [kidshelpline.com.au](http://kidshelpline.com.au)  
Kids Helpline is Australia's only free, 24/7 phone and online counselling service for young people aged 5 to 25.



**ParentLine Victoria**  
<https://services.dffh.vic.gov.au/parentline>  
13 22 89  
8am - midnight, seven days a week.  
ParentLine is a phone service for parents and carers of children from birth to 18 years old. They offer confidential and anonymous counselling and support on parenting issues.



**Sexual Assault Crisis Line**  
[www.sacl.com.au](http://www.sacl.com.au)  
1800 806 292  
24 hours a day, seven days a week.  
Free after-hours, confidential telephone crisis counselling service for people who are experiencing or have experienced sexual violence.



**No to Violence - Men's Referral Service**  
[www.ntv.org.au](http://www.ntv.org.au)  
1300 766 491  
9am - 9pm, seven days a week.  
The Men's Referral Service is a men's family violence telephone counselling, information and referral service.



**MensLine Australia**  
[www.mensline.org.au](http://www.mensline.org.au)  
1300 789 978  
24 hours, seven days a week.  
Online Chat: [mensline.org.au](http://mensline.org.au)  
MensLine Australia is a telephone and online counselling service for men with emotional health and relationship concerns.



**The Women's Services Network (WESNET)**  
[www.wesnet.org.au](http://www.wesnet.org.au)  
1800 WESNET (1800 937 638)  
9am-5pm Monday to Friday.  
WESNET runs **Technology Safety Australia** to examine the intersection between technology and violence against women. It provides 'phone for survivors' and 'rides for survivors programs' to assist women escaping violence.





# Support Services



## If you or someone you know needs support you can contact:



**Djirra - Aboriginal Family Violence Response & Support Service**  
[www.djirra.org.au](http://www.djirra.org.au)  
 1800 105 303  
 9am-9pm, Monday to Friday.  
 Djirra provide practical support to all Aboriginal women and people who are currently experiencing family violence or have in the past.



**InTouch**  
[www.intouch.org.au](http://www.intouch.org.au)  
 1800 755 988  
 InTouch are a state-wide specialist family violence service that works with women from migrant and refugee backgrounds, their families and their communities in Victoria.



**Elizabeth Morgan House**  
[www.emhaws.org.au](http://www.emhaws.org.au)  
 9482 5744  
 9am-5pm Monday to Thursday, 9am-4pm Friday.  
 Elizabeth Morgan House provides safe and secure accommodation, support and counselling services to Aboriginal women and children experiencing Family Violence.



**Translating and Interpreting Service (TIS)**  
[www.tisnational.gov.au](http://www.tisnational.gov.au)  
 131 450  
[Click here](#) for instructions on how to access an immediate phone interpreter.  
 TIS is available to any individual or organisation in Australia, enabling non-English speakers to independently access services and information over the phone.



**VACCA Family Violence Client Service Delivery**  
[www.vacca.org](http://www.vacca.org)  
 Preston: (03) 92878800  
 Dandenong: (03) 91083500  
 Frankston: (03) 87960700  
 Melton: (03) 87462776  
 Werribee: (03) 97428300  
 Morwell: (03) 51356055  
 Ovens Murray: (03) 57569000



**Dardi Munwurro**  
[www.dardimunwurro.com.au](http://www.dardimunwurro.com.au)  
 1800 435 799  
 24 hours, 7 days a week.  
 Dardi Munwurro is an Aboriginal men's crisis line offering 24-hour mental health, family and relationship support.



**Rainbow Door**  
[www.rainbowdoor.org.au](http://www.rainbowdoor.org.au)  
 1800 729 367  
 SMS Support: 0480 017 248  
 Email Support: [support@rainbowdoor.org.au](mailto:support@rainbowdoor.org.au)  
 10am-5pm, every day.  
 Rainbow Door is a free service for all LGBTIQ+ people in Victoria, their friends, family and peers to contact for advice, further support and referrals.



**WithRespect**  
[www.withrespect.org.au](http://www.withrespect.org.au)  
 1800 LGBTIQ (1800 542 847)  
 9am-5pm Monday to Friday, until 8pm on Tuesdays.  
 WithRespect provides resources and advice for LGBTIQ+ people of all ages and their families experiencing difficulty in their relationships, including family violence



**Qlife**  
[www.qlife.org.au](http://www.qlife.org.au)  
 1800 184 527  
 3pm-midnight every day.  
 Qlife provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships.

# COMMUNITY NEWS

MINDFUL: CENTRE FOR TRAINING AND RESEARCH IN DEVELOPMENTAL HEALTH AT THE UNIVERSITY OF MELBOURNE

## FREE ONLINE 'TUNING IN TO KIDS' AND 'TUNING IN TO TODDLERS' GROUPS FOR PARENTS AND CARERS

*Evidence-based parenting programs*

### 8 X 2 HOUR ONLINE SESSIONS FROM WEEK OF 23 OCT - 11 DEC

For parents and carers of children aged 1-11 years.

Learn how to better connect with your child and to support their social and emotional development.

These programs will help you better understand and communicate with your child, and prevent anxiety and behaviour problems.

[CLICK HERE FOR SESSION TIMES AND TO SIGN UP](#)

[Signup—Tuning into kids/toddlers](#)

### Lunch Order Menu

Effective Term 4 - 2023



#### Sandwiches/Wraps/Rolls

(Wholemeal/White bread/Gluten Free/Toasted)

Sandwiches/Wraps with 1 filling \$3.50

Rolls with 1 filling \$4.00

(add 50 cents for each extra filling)

(Gluten Free Bread add .50c)

#### Fillings:

Real Chicken / Cheese / Ham / Egg

Tuna / Pineapple / Carrot

Tomato / Lettuce / Avocado / Cucumber

Vegemite

Vegan Cheese .80c

#### Homemade snacks

Choc chip cookie \$2.20

Choc chip cookie (gluten free) \$3.00

Hedgehog slice \$2.50

Choc Bliss Balls (egg/dairy/sugar/gluten free) \$3.00

Vanilla cupcake \$2.20

Banana Bread \$3.00

Seasonal fruit salad \$3.50

Tomato sauce = .30c

#### Hot Food

Routleys Beef Pie \$4.00

Schools out' Beef Lasagna \$4.50

Routleys Sausage Roll \$3.50

Routleys Spinach & Ricotta Roll \$3.00

Routleys Wholemeal Veggie Pastie \$4.00

Party Pie \$1.30

Steamed Dim Sim with soy sauce \$1.00

Hans Hot Dog (with a fresh baked roll) \$3.50

Apple pie \$2.50

Homemade Pizza \$3.50

(Ham & Pineapple, Margarita or chicken)

#### \*NEW\* - Special Dietary Options

Gluten Free Meat Pie \$5.50

Gluten Free Party Pie \$2.50

Vegan Margarita Pizza \$4.50

#### Drinks

Fruit juice (O.J. or Apple) \$2.20

Choc or Strawberry milk \$2.50

Plain milk \$2.00

NB. We are very pleased to offer a small variety of gluten friendly options on our menu. Please note we are NOT a gluten-free certified kitchen. Whilst every effort is made to ensure that cross contamination does not occur, we cannot guarantee this will never occur. We have processes in place to minimise risk however, if you are a Coeliac and/or highly sensitive to gluten, please know that we will do our best but cannot guarantee your order will not touch gluten somewhere in the process. We apologise for any inconvenience. For manual orders, simply fill out your child's name, their class and their order on a paper bag and place the money inside. Only Australian currency accepted. Foreign currency is not accepted and any shortfall may result in omission of items. Online ordering is also available at [www.mymumandi.com.au](http://www.mymumandi.com.au). Please ensure you select the correct school for your child.

Lunch Order Menu can be found here: <https://montysouth.vic.edu.au/current-families/lunch-orders/>

# Wominjeka

Join us at  
THE ELTHAM NORTH ADVENTURE PLAYGROUND  
For the official opening of  
**Djilak Djirri**  
MONDAY 30th OCTOBER 2023  
4PM - 5.30PM

*Djilak Djirri means 'Play Together' in Woi-wurrung language*

Features include:

- Six beautiful pages of Aunty Joy Murphy's book Welcome to Country
- Wurundjeri Seasonal Sign - Artwork by Judy Nicholson
- Indigenous Garden - Planted by Wurundjeri Narrap Team
- Gathering space and mosaic - Artwork by Tom Civil and Mosaic work by Enver Camadal and Hacer Koca
- Reconciliation Path - Includes Artwork Created by Students at ENPS and Mary-Lou Pittard

Free sausage sizzle provided by Eltham Mens Shed at 3.30pm

Proudly supported by

66  
One of the best things we have done for our children.  
Stage School Parents

## Join Us in the Spotlight in 2024

Performing arts classes for young people aged 4-18  
24 Locations across Melbourne

**Enquire Today**



Sing, Dance and Act  
Ages 4 - 7



Musical Theatre classes  
Ages 8 - 18



Drama & Acting classes  
Ages 8 - 18



Boys Dance classes  
Ages 6 - 18



Industry Representation  
Screen Acting

Developing young people through the performing arts for 40 years.

(03) 8199 8344  
[stageschool.com.au](http://stageschool.com.au)





# COMMUNITY NEWS



**ELTHAM & DISTRICT WOODWORKERS**

**11TH & 12TH NOVEMBER 2023 9AM - 5PM**  
**ELTHAM COMMUNITY CENTRE**  
 CNR PITT STREET & MAIN ROAD

**FREE ENTRY**  
**DEMONSTRATIONS & SALES**

**FREE HANDS-ON WORKSHOP FOR CHILDREN**  
**RAFFLE DRAWN SUNDAY 12TH AT 4:30PM**

Kindly printed by the office of Vicki Ward MP



## MONSTER MASH MINI-FEST

**SAT 28 & SUN 29 OCT**  
**11AM - 2PM**  
**LEVEL 1, CENTRE COURT**  
 Face painting, trick or treating, creepy craft & live performances!

**TUE 31 OCT**  
**2:30PM - 5:30PM**  
**LEVEL 1, CENTRE COURT**  
 Face painting, trick or treating & DJing at the Grave Rave!

For more information visit [greensboroughplaza.com.au](https://greensboroughplaza.com.au)

**Greensborough Plaza**

**EVERYONE'S WELCOME**

## Term 4 Soccer Program

From October 10<sup>th</sup> to December 15<sup>th</sup>

Tuesdays		Wednesdays		Thursdays	
\$185		\$75		\$140	
4:30 - 5:30pm	BOYS U7 U8 U9	4 - 5pm	1on1 sessions Small Groups (3/8 players)	4:30 - 5:15pm	Mini Soccer
5:30 - 6:30pm	BOYS U10 U11 U12	5 - 6pm		5:15 - 6:15pm	GIRLS U8 U9 U10 U11
6:30 - 7:30pm	BOYS U13 U14 U15	6 - 7pm		6:15 - 7:15pm	GIRLS U12 U13 U14 U15

\*Age during 2023

**Sessions include:**  
 Core skills: Running with the ball, first touch, striking, 1v1  
 Coordination + Agility - Tactical mindset - Game Play + Rules

**Coach Oscar Magrina**

UEFA A LICENSE **20+** years EXPERIENCE

[programsbcsc@gmail.com](mailto:programsbcsc@gmail.com)  
**0450043150**

**Yallambie Park - Yallambie 3085**  
 Google Maps: (next to) Yallambie Tennis Club

## YARRA PLENTY WAVES ENCOURAGEMENT SWIM MEET

ALL ABILITIES SWIM MEET  
 Able-bodied & MC mixed heats

**Sunday 22 October 2023**

**Herb Norman Pool**  
 25m Indoor Pool  
 Liat Way Greensborough  
 Warm Up at 12:30pm

From our Youngest Juniors to our Marvelous Masters

**COME ON GIVE IT A GO!**

Encouragement meet for both registered and unregistered swimmers

The meet is not a qualifying meet and correct swimming technique will not be strictly critiqued: It is meant to be fun and give swimmers a taste of competitive swimming.

**ENTRY FEES \$9.00**  
 FREE RELAY RACES

**REGISTRATION**  
[yarraplentywaves.com.au/swimmeet](https://yarraplentywaves.com.au/swimmeet)

## GO GIRLS

### GO Girls Program

GO Girls is a fun, social football program for 8-16 year old girls. Specifically designed for any and every girl, no matter their skill level. GO Girls is non-competitive and you will learn skills whilst having a lot of fun. Come along or bring a friend and get a taste for the game with a FREE 3-Week program through Football Victoria and Banyule City Council!

Location: Poulter Reserve, Poulter Ave, Greensborough VIC  
 Dates: Mondays 16th, 23rd and 30th October 2023  
 Time: 4:30pm - 5:30pm  
 Cost: FREE  
<https://www.gofootball.com.au/play/Pick-your-location/Go-Girls-Events>

**REGISTER HERE**

#FootballHerWay

FOR MORE INFORMATION: [INFO@GOFUTBALL.COM.AU](mailto:INFO@GOFUTBALL.COM.AU) | [GOFUTBALL.COM.AU](https://GOFUTBALL.COM.AU)

Go Girls Program  
 Malahang Reserve,  
 Heidelberg West  
 or  
 Poulter Ave,  
 Greensborough.

See flyers.

## GO GIRLS

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GO Girls is a fun, social football program for 8-16 year old girls. Specifically designed for any and every girl, no matter their skill level. GO Girls is non-competitive and you will learn skills whilst having a lot of fun. Come along or bring a friend and get a taste for the game with a FREE 3-Week program through Football Victoria and Banyule City Council!

Location: Malahang Reserve, Oriel Road, Heidelberg West VIC  
 Dates: Tuesdays 14th, 21st and 28th November 2023  
 Time: 4:30pm - 5:30pm  
 Cost: FREE  
<https://www.gofootball.com.au/play/Pick-your-location/Go-Girls-Events>

**REGISTER HERE**

#FootballHerWay

FOR MORE INFORMATION: [INFO@GOFUTBALL.COM.AU](mailto:INFO@GOFUTBALL.COM.AU) | [GOFUTBALL.COM.AU](https://GOFUTBALL.COM.AU)