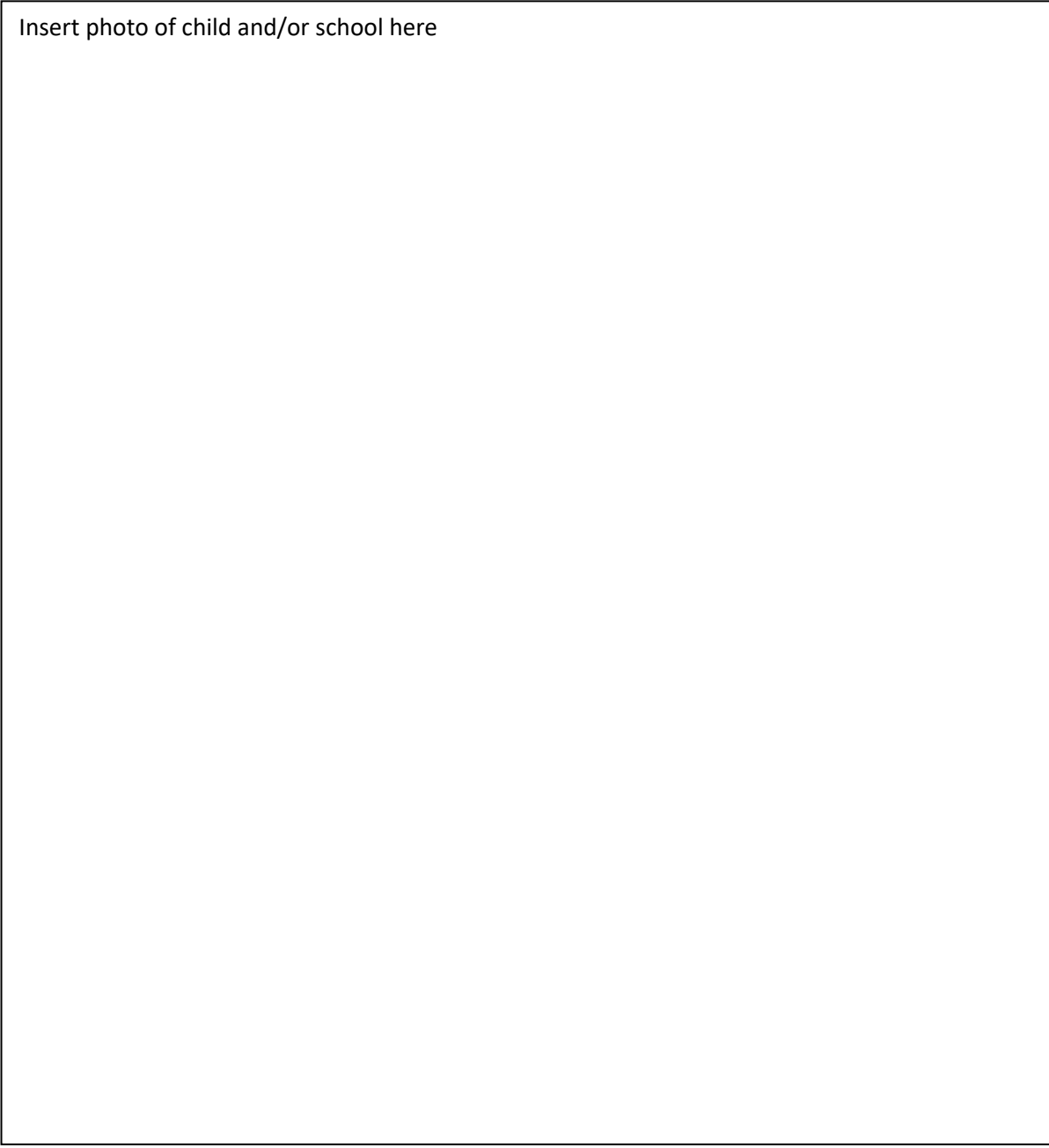


(Front Cover)

# **(Name of Child)**

# **Back to School Booklet**

Insert photo of child and/or school here



**For the past few weeks, to keep everyone healthy, I have been doing remote learning.**

**The things that I have liked about remote learning are:**

*(Here children can write words, draw pictures, or you can help them to insert photos)*

**Now, I am allowed to go back  
to school. The things that I  
am looking forward to are:**

(Here children can write words, draw pictures, or you can help them to insert photos)

# The things that I am a bit worried about are:

(Here children can write words, draw pictures, or you can help them to insert photos)

# If I am feeling worried at school, I can:

(Children can add more ideas and insert/draw pictures)

- Talk to my teacher
- Talk to another staff member
- Breathe deeply and slowly
- Talk to or play with a friend
- Tell myself that I am safe and ok
- Ask to see Ms Wyatt
- Ask to see Julie or Cheyenne in the Wellbeing team
- Ask to get a drink
- Draw a picture
- Do some colouring

# Things that I know

(Children can add more positive statements and draw/insert pictures)

**At the end of the day, I can go home and keep doing the activities that I enjoy with my family.**

**I am safe at school and the staff will look after me.**

**It may take me some time to get used to, but I know that I will be ok!**