



What to Bring to Camp

Packing Information:

Our programs often involve adventure activities and being outdoors, so wearing **comfortable** and **practical clothing** is advised as well as being prepared for the weather. Certain clothing is required for **safety reasons** in regard to particular activities. It is strongly recommended that all belongings are clearly marked with the campers' name. Avoid bringing unnecessary valuable items to camp. **Loose Jewellery** must **not** be worn and **long hair is to be tied back** for all activities. Long sleeves are recommended for Archery.

First Day Gear

- Morning Tea & Lunch, if applicable (**we are allergy aware** – no nuts)
- Day backpack or small bag (optional, but very handy)
- Water bottle
- Sun hat, sunscreen & sunglasses
- Insect repellent
- Rain Jacket
- T-shirt/Long sleeve (**Must cover shoulders & waist for activity safety reasons**).
- Long Pants/shorts (**Must be at least mid-length to suit wearing a harness**)
- Enclosed comfortable footwear e.g.runners
- Hair ties (Long hair past the shoulders must be tied back for safety reasons)

Packing List

- Please include **First Day Gear** into **Packing list**
- Suitcase/Bag
- Personal Medication (check with appropriate person regarding labelling etc)
- **Plastic/Garbage bag for dirty/wet clothing**
- Sleeping bag or doona and a bottom sheet. (For a **tent camp out** a sleeping bag and pillow are required).
- Pillow slip & Pillow (pillows are available)
- Bath Towel (recommend to bring a second towel for water activities)
- Toothpaste & Toothpaster
- Brush/comb, soap, shampoo, conditioner etc.

BREATHE
EXPERIENCE
DISCOVER



Clothes – Quantity based off number of days at camp

- Pyjamas
- Underwear and socks
- **NO LOOSE JEWELLERY** (this cannot be worn on activities)
- Jumpers
- Old pair of shorts/pants that can get dirty
- Old t-shirt that can get dirty
- Spare t-shirts or long sleeve shirts
- Enclosed shoes and a spare pair of enclosed shoes (these are likely to be used in water activities)

Extra Gear - Optional

- Watch
- Torch
- Camera
- Beanie
- Thongs/sandals (these are not allowed for water activities)
- Pens, pencils, paper, notepad

Water activities Gear Required (River swimming, River swimming, Raft Building, waterslide)

- **Water shoes*****
- Bathers
- Shorts/Board Shorts (worn over bathers)
- T-shirt/Rash top (worn over bathers, shoulders must be covered)
- Beach Towel

***Water shoes/River shoes must cover toes, enclosed heel or have a heel strap and don't slip off easily i.e not thongs, slides or sandals that can slip off.

Suitable shoes for river activities include: **old runners, river/aqua shoes, wetsuit booties and sports sandals or "cros"** are the only suitable if they meet the above criteria.

NOTE: The waterslide is the only exception to our footwear requirements, waterslide activity specially requires no footwear (ie. Bare feet!)

Spare clothing for bushfire season (pack for December – March)

- Long sleeved shirt or jumper – **woollen or cotton**
- Wide brimmed sun hat
- Long pants – **cotton i.e. jeans**
- Sturdy boots or shoes
- Socks – woollen or cotton

