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 **Western Heights College**

**CANTEEN MENU**

***Term 3, 2024***

 **RECESS**

Egg and Bacon Muffin $3.50

Toasty *(cheese, cheese & vegemite, cheese & honey)* $2.50

Scrolls *(cheese & bacon, Cheese & vegemite)* $2.50

Fruit Toast $1.50

Jaffle – Baked Bean or Spaghetti $3.50

Overnight oats *w’ yoghurt and fruit* $4.00

Yoghurt cups with Raspberry or Granola $3.50

Fresh Fruit cup $3.00

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**LUNCHTIME**

Sausage Roll $3.50

Sausage Roll – gluten free $4.00

Spinach & Ricotta Roll $3.50

Spinach & Ricotta Roll – GF $4.00

Wholemeal Vegetable Pastie $4.50

**SANDWICHES (GLUTEN FREE additional 50c)**

* Egg & lettuce $4.00
* Chicken, lettuce, mayonnaise $4.50
* Ham & Cheese $4.00
* Ham, cheese & tomato $4.50
* Cheese & vegemite $2.50

**WRAPS**

* Ham & salad $5.00
* Chicken & salad $5.00
* Falafel & salad $5.00
* Buffalo Chicken $5.00

*w’ chicken, ranch dressing, lettuce, cheese, carrot,*

*and corn*

* Chicken Caesar Salad $5.00

**ROLLS**

* Ham & Salad $5.00
* Chicken & Salad $5.00
* Ham, cheese & tomato $4.50
* Cheese & Salad $5.00

**TOASTIES**

Toasted Wholemeal Sandwich $4.00

Ham and Cheese

Ham and Tomato

Cheese and tomato

Chicken and cheese

Ham, cheese, and Tomato extra 50c

Chicken, cheese, and Tomato extra 50c

Milkshakes $5.00

*Blue heaven, chocolate, strawberry, banana, caramel,*

*Honeycomb, Cookies & Cream*

Smoothies $5.50

Mango – milk, cinnamon and honey

Banana, milk, cinnamon, honey

Mixed berry, milk, honey, cinnamon

**WINTER WARMER SPECIALS**

**MONDAY – BEEF LASAGNE**

**TUESDAY – BUTTER CHICKEN AND RICE**

**WEDNESDAY – SWEET CHILLI CHICKEN WRAP**

**THURSDAY – PENNE CABONARA**

**ALL $6.00**

**FRIDAY – ‘PIE DAY’**

**Traditional Beef or chicken and Veg** $4.50

**Party Pie** $1.50 each

**SWEET TREATS**

**Banana Bread $3.00**

**Choc chip cookies $2.50**

**Truffles (2) $2.00**

**Choc mud muffin $2.50**

**Blue Berry Muffin $2.50**

**Lunch orders can only be** **made via the Qkr! App or at the Canteen**

**by 8.15am**