

# Hidden Heroes

## *Stanza 1*

What makes a hero? Do you know?  
Is it flying to and fro?  
Do you need some superpowers?  
Like bullet-speed and jumping towers?

## *Stanza 2*

Is it capes and super-suits  
With skirts and belts, leggings and boots?  
A mask to fool your enemies  
And hide secret identities?

## *Stanza 3*

I asked Mum thinking she might know.  
“Muuuum... Who’s our local superhero?”  
Mum said, “Open your eyes. Take a look.  
Heroes aren’t just in comic books.”

## *Stanza 4*

My Dad pipes up: “Heroes are brave  
Even when they feel afraid.  
They’re everywhere. Just take a peek.  
Play Hidden Hero Hide and Seek.”

## *Stanza 5*

I go to my room, sit on my bed  
And think the thoughts stuck in my head.  
If super heroes are all around  
Why can’t I find one to be found?

### *Stanza 6*

I hear a siren from my window.  
An ambulance – I watch it go.  
Maybe there's heroes at the wheel?  
They're saving lives with nerves of steel.

### *Stanza 7*

Yes! Fire-fighters are heroes too.  
The SES volunteer crew.  
The Police Force out on patrol...  
I've got it now – I'm on a roll.

### *Stanza 8*

I think of doctors doing their tasks.  
And nurses too – they both wear masks!  
A super surgeon, paramedic,  
Rescuing us when we feel sick.

### *Stanza 9*

There's hero teachers using Zoom  
They teach in virtual classrooms.  
There's hero cleaners, wiping clean  
Keeping us safe from Covid-19.

### *Stanza 10*

When viruses put masks on faces  
We see heroes in many places.  
I'm finding heroes everywhere  
They're any place where people care

*Stanza 11*

Heroes surround us day and night  
Heroes are hidden in plain sight.  
They're doctors, cleaners, nurses too  
They're people looking after you.

*Stanza 12*

I wonder if they sit and sigh  
I wonder if they ever cry  
When they see people struggling to breathe  
When they can't help or have to leave.

*Stanza 13*

When I grow up, I'd like to help too  
I'll put on my mask, my gloves and shoes  
And when a sick person comes through the door  
I'll do my best to fix what's sore

*Stanza 14*

There's more to heroes than a mask.  
What makes a hero I hear you ask?  
A hero fights to help us through  
And when I grow up, I'll be one too.