# Careers Corner Weekly

# Events 3rd April to 16th April



# Monday 03 & 10 April 2023

# ACU - Uni Step Up Applications Open

Uni Step-Up Online offers students from regional, rural and remote locations the chance to get a head start on university by studying two first year units while still in senior secondary school.

Uni Step-Up Online is a 2 unit program that is delivered fully online, one night per week during term times.

Time: See link below Location: See link below Details and Registration: https://www.acu.edu.au/about-acu/events/2023/january/uni-step-upapplications-are-now-open? redirect=%26FilterBy%3dUpcoming%26Year%3d2023%26PageNumber%3d1

# In this Issue

# Events 3rd April to 16th April

- ACU Uni Step Up Applications Open
- Defence Careers Australia Trade Careers Information Session
- Defence Careers Australia -Indigenous Pathways Information Session
- Defence Careers Australia Army
  Careers Information Session
- SAE Create for a Day at SAE Perth

5 Reasons to Enter Competitions

Ways to Find Competitions

How to Make Time for Competitions

Are You a Star SBAT or VET Student?

**Techgirls Competition** 

**Competitions Open Now!** 



# Events 3rd April to 16th April

# Monday 03 April 2023

# Defence Careers Australia - Trade Careers Information Session

A trade role in the Australian Defence Force (ADF) will see you working on some of the world's most advanced military technology and equipment.

Learn about trade careers in the ADF and the comprehensive training they provide. Join us for an info session and speak with current serving members about their own experience and advice.

Time: 06:00 PM - 07:30 PM Location: Defence Force Recruiting Perth and Online Details and Registration: https://army.defencejobs.gov.au/events/eventsdetail/geato69

# Tuesday 04 April 2023

Defence Careers Australia - Indigenous Pathways Information Session

Join the thousands of Indigenous and Torres Strait Islander personnel who enjoy financial security, rewarding work and personal development in jobs that proudly represent their communities.

Join us for a virtual info session to learn about Indigenous opportunities in the Navy, Army and Air Force.

Time: 05:30 PM - 07:00 PM Location: Online Details and Registration: https://army.defencejobs.gov.au/events/eventsdetail/r5073ng







# Events 3rd April to 16th April

# Wednesday April 12 2023

# Defence Careers Australia - Army Careers Information Session

Optimise your potential and consider a career that will transform you into a fit, capable, confident and resourceful member of the army.

There's so much more to life in the Army, with stimulating work opportunities, plenty of travel, amazing mateship, and extensive sport and leisure facilities.

Discover whether an Army career is your kind of challenge at our upcoming info session.

#### Time:

07:30 PM - 09:00 PM (ACST) 08:00 PM - 09:30 PM (AEST) 06:00 PM - 07:30 PM (AWST) Location: Online and Defence Force Recruiting Perth Details and Registration: https://army.defencejobs.gov.au/events/eventsdetail/irliges

# Saturday 15 April 2023

# SAE - Create for a Day at SAE Perth

SAE Perth is opening its doors this April for the SAE Create for a Day, a one-day program to expand your skills and get you working on inspiring creative projects in the fields of Animation, Audio, Design, Film, Games and Music Production.

Are you creatively inclined and thinking about studying creative media? We are offering an exclusive one-day workshop event in the April school holidays – get behind the scenes and pursue your passion!

Time: 10:00 AM - 3:00 PM Location: SAE Institute Perth 116-120 Roe Street Northbridge, WA 6003 Australia Details and Registration: https://www.eventbrite.com.au/e/sae-create-for-a-dayworkshops-perth-tickets-526122916807







# **5** Reasons to Enter Competitions



You've got to be in it, but you certainly don't have to win it to benefit. Even if you're not sure what your special talents are yet, or you don't consider yourself to be competitive, there's a lot to gain from participating in competitions and challenges. While the prizes and glory of winning are a bonus, you'll get so much more out of the experience if you focus on fun, personal growth, skill development, and social connection.

## Have fun!

Have fun spending time on things you enjoy! Practical tasks give you a break from your academic studies and let you work on something you're passionate about. Need we say more?

## Grow!

Entering competitions helps you develop new skills, builds your confidence, and provides a sense of accomplishment. You can set goals for yourself, challenge yourself to improve, and learn from the experience regardless of the outcome.

## **Develop skills!**

Expand your technical skills in something you're curious about, or showcase them in something you love but don't get to do at school. You'll gain exposure to new aspects of the things you're interested in, and you may even get to learn from an experienced mentor, receive valuable feedback, and get recognition for your work.

## Stand out!

The experiences you gain from participating in competitions can help you stand out from other applicants when you apply for courses, scholarships, and jobs. The fact that you entered is evidence of your interest in, and commitment to, learning about your specialty. It demonstrates enthusiasm, initiative, creativity, and curiosity. It also builds your enterprise/employability skills and gives you concrete examples to demonstrate these skills when you write applications and attend interviews.

## Connect!

You'll get to spend time with people who like the same things you do. You might form a team with friends, meet new people from other schools, or network with industry members, which all strengthen your sense of community and belonging.



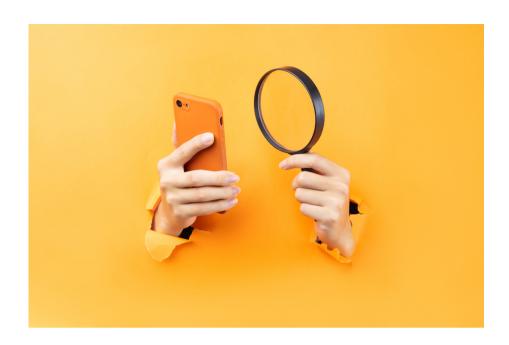
# Ways to Find Competitions

There really is something for everyone, from photography, creative arts, and writing competitions, through to engineering, environmental, and technology challenges.

The trick is knowing where to look and these tips will help you find the right ones for you.

### Look locally

Local area councils want to engage young people in the community so they run competitions and events to get you involved. Check your local council's website, social media accounts, and the newspaper or magazine they publish for opportunities close to home.



## Ask

Speak to your school Librarian, Careers Advisor, wellbeing staff, and subject teachers. They sometimes get emails advertising opportunities for student participation. Asking them will show that you're interested, so when something appears in their inbox, they'll remember you.

## **Search Online**

The <u>Aussie Educator</u> website is a good starting place as it has 8 categories of local, state, national, and international competitions for students. Or, search online using terms like, 'competitions for young people in (name of area you live)', or, 'challenges for school students in (name of your local council area or state)' to return some great opportunities.



#### Check

When you find something that interests you, check the fine print before you sign up. Look for:

- Opening and closing dates.
- Eligibility criteria such as age, gender, location etc.
- Registration requirements, like whether you need a teacher or parent to register you, or if there are entry fees.
- The format you need to submit your entry in.
- How to get your work back (if you have to submit a physical, original copy e.g. artwork).



Finding time to participate in extracurricular activities can be tricky. Or, maybe you enjoy them so much, you don't give assignments and exams the time they need! Try these strategies to help balance your time between the two.



#### Plan

Create a calendar and schedule that includes your school work, extracurricular activities, and other commitments. This will help you see when you've got busy periods coming up, and plan your time to even out the workload.

# Use free time

Can you swap scrolling for school work? Down time is important, but switching an unproductive habit for an activity that moves you closer to achieving your goals will feel worthwhile and you'll surprise yourself with how much you get done.

#### **Focus on efficiency**

Whether you're studying or creating, immerse yourself in it and stay on track. Minimise distractions, work on your highest priorities, and avoid multitasking as it can decrease productivity and increase stress.

#### Say no

It's ok to turn down an offer or opportunity if it's not what you're really into, or if you know you'll be too stretched. Having a clear idea of what's important to you will help you be more selective about where you put your time and efforts.





# Are You a Star SBAT or VET Student?



#### Nominate for the state and territory Training Awards!

Each year, the states and territories celebrate the best of vocational education and training (VET) by bringing together apprentices, trainees, students, teachers, training providers, employers, and industry representatives, to compete across a range of categories.

#### **Benefits of Participating**

- Become an ambassador for the VET sector.
- Create networks within your sector to develop future career opportunities.
- Receive national recognition as a leader in your field of study, training, or work.



#### **Australian Training Awards**

The winners from each state and territory go on to compete for a national award title at the Australian Training Awards, the peak awards showcasing best practice in VET. The awards contribute to raising awareness and respect for skills excellence in vocational careers.

Find the application links and key dates for your state or territory here.

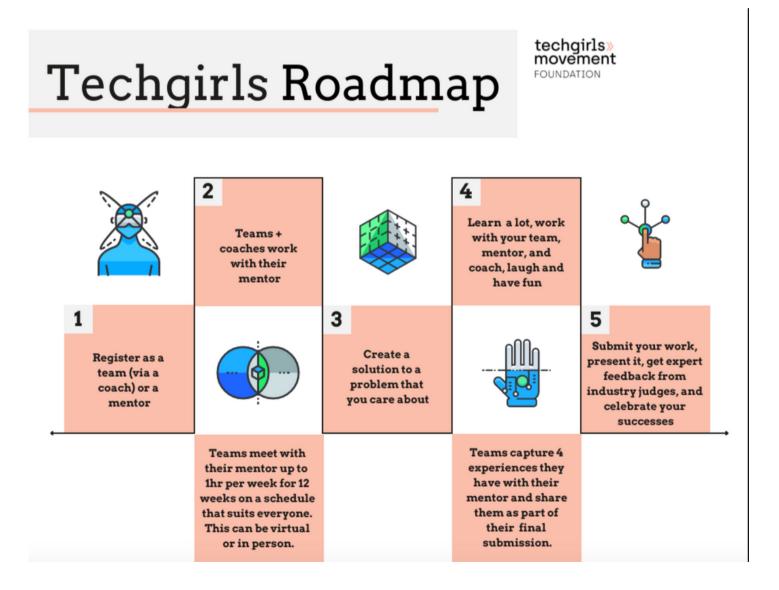


## The annual <u>Techgirls Competition</u> is about young people solving young people's problems.

It's a 12-week STEM entrepreneurship program in Term 2, for girls aged 7 - 17.

- You work in a team of 2-5, with a coach (teacher or parent) and a mentor.
- You will gain awareness of STEM careers, develop your business and technology skills, and grow your confidence.
- The cost to enter the competition is \$50 per student.

Get a group together and get a parent or teacher to register your team. Registrations close April 21.





All competitions and challenges below are FREE to enter and open to students nationwide.



Competition	Open To	Closing Date
<u>Owlypia</u>	Ages 9 - 18	Event: 22 April 2023 Event: 1 July 2023
What Matters? Writing Competition	Grade 5 - Year 12	5 May 2023
Robert Menzies Institute Speech Competition	Years 9 - 12	9 July 2023
National History Challenge	Students under 19	25 August 2023
The Simpson Prize	Years 9 and 10	3 November 2023
Enterprising Girls Challenge	Girls aged 10 - 18	N/A



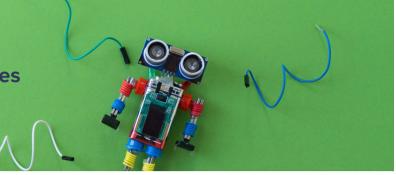
# **Competitions to Enter Now!**



Competition	Open To	Closing Date
Capture the Weather Photo Competition	Everyone	31 March 2023 Reopens 1 July 2023
Harmony Day Poster Competition	Primary & secondary students	16 April 2023
Harmony Day Song Writing Competition	Primary & secondary students	16 April 2023
Future Leaders Photography Prize	Year 12	1 May 2023
Future Leaders Writing Prize	Years 11 & 12	1 May 2023
Chemistry and Art Competition	Primary & secondary students	1 May 2023
Canvas Art Award	Years 7 - 12	14 May 2023
Wool4School Design Competition	Years 7 - 12	20 July 2023
Bell Shakespeare Shorts Festival	Primary & secondary students	22 September 2023
Heywire Competition	16 - 22 year olds in regional, rural, or remote areas	ТВА



# **STEM Competitions and Challenges**



Competition	Open To	Closing Date
<u>Sleek Geeks Science Eureka Prize</u>	Primary & secondary students	14 April 2023
Bebras Computational Thinking Challenge	Grade 3 - Year 12	Round 1: 24 April - 14 May Round 2: 21 August - 10 September
Microsoft Imagine Cup	Ages 13 - 18	10 May 2023
Young ICT Explorers	Grade 3 - year 12	14 July 2023
Australian STEM Video Game Challenge	Grade 4 - Year 12	17 July 2023
Mathematics and Statistics Research Competition	Years 7 - 12	31 July 2023
UNSW Bragg Student Prize for Science Writing	Years 7 - 10	25 August 2023
ANU STEM Challenges	Years 7 - 12	Event 2 - 29 October 2023

