



Fruit Salad

Difficulty: Easy

Type: Breakfast

Allergy advice:

Serves: 30 tastes

From the garden: Seasonal fruit,
eg: Watermelon, apples, peaches,
grapes, rockmelon

Equipment:	Ingredients
Chopping boards Chopping mats Cooks knives Peelers Large bowl Serving bowl Serving spoon Wooden spoon	Choose from a selection of fresh seasonal fruit from the produce table.

What to do:

- 1¶ Select the fresh fruit to be used in fruit salad.
- 2¶ Wash all produce. Peel and core apples and remove skins from melons.
- 3¶ Wash and peel any other fruits.
- 4¶ Remembering our knife rules and techniques, slice all fruit and cut into bite sized pieces.
- 5¶ Place all cut fruit into large mixing bowl as you go and toss to combine with a wooden spoon.
- 6¶ Place fruit salad into serving bowl, ready to serve.