



# MARIST RUGBY



## TERM 3 TRAINING SCHEDULE

### WEEK 4

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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#### MORNING TRAINING: 7:00 - 8:15am

McMahon Oval						<b>EXTERNAL TRIAL</b>  vs. SLC
Hayden Oval			YEAR 10 A/B		YEAR 7 A/B	
Flat 7						
Flat 8						

#### AFTERNOON TRAINING: 3:30 - 4:55pm

McMahon Oval	TRACK AND FIELD	1st/2nd XV	PSS Training <i>(Invited Players Only)</i>	1st/2nd XV		<b>EXTERNAL TRIAL</b>  vs. SLC
Hayden Oval	TRACK AND FIELD	OPENS (3rd-8th)	TRACK AND FIELD	3rd/4th & 9 A/B		
Flat 7	YEAR 10 (A-E)	YEAR 9 (A-E)	YEAR 7 (A-E)	YEAR 8 A/B		
Flat 8	YEAR 10 (A-E)	YEAR 8 (A-E)				