

17th September 2025,

Dear parents and carers,

Re: Whole School Relationships and Sexuality Education

In term 4, we will be delivering Relationships and Sexuality Education (RSE) to students across the whole school. RSE is part of the Victorian Curriculum, mandated through the Child Safe Standards and compulsory for Victorian Government Schools (primary, secondary and specialist). The Department of Education and Training's School Policy and Advisory Guide states that RSE is a shared responsibility between parents/carers, school-based programs and the local health and welfare community.

We acknowledge that parents and carers are the primary educators of their children around RSE. Our program supports family communication by encouraging children to discuss classroom sessions and their family's values at home. Guided by government policy and curriculum guidelines our classes will focus on the following areas:

The following will be an outline of what will be covered across the whole school:

Foundation and Lower Primary (Year 3/4)

- Body Awareness
- Public and Private social rules and behaviour
- Decision making when giving Consent

Upper Primary (Year 5/6)

- Puberty
- Reproduction – anatomy, conception, pregnancy, and birth
- Decision making when giving Consent

Lower and Upper Secondary (Year 7/8 and 9/10)

- Relationships
- Sexual Decision making when giving Consent

ASDAN

- Public and Private Behaviour
- Relationships – Friendships and Romantic relationships
- Sexual Decision making when giving Consent

VPC (Year 11/12)

- Drugs and Alcohol
- Sexual Decision making when giving Consent

These topics will be conducted throughout Term 4, with a focus on interactive classroom activities and open discussion. Students are encouraged to contribute and will be given honest, age and developmentally appropriate answers to their questions.

If you have any further questions about the content of the lessons, please do not hesitate to contact your child's teacher or Michelle Zammit (michelle.zammit@education.vic.gov.au).

We look forward to working with you to further your child's health and wellbeing.

Kind Regards,

Michelle Zammit (Leading Teacher Mental Health and Wellbeing)