Dear students and parents

Bendigo Canoe Club and the Bendigo Academy of Sport are Seeking applications for juniors to join their BCC /BAS Junior Kayak squad.

We invite Families to contact us to attend a free Come & try session which will include

- Introduction to a range of kayaks that we use in the program (flatwater/whitewater)
- Demonstrations by national team members
- Opportunity to paddle in racing kayak with national athlete
- Short Presentation on the outline of program

Please contact Tony on 0411605239 to select one of the 30 minute sessions We require your name, DOB, address and parent's mobile.

The program is subsidized all equipment will be provided. You just need to bring a change of clothes and a positive attitude.

If you have any questions regarding the program please contact Tony (secretary) on 0411605239, <u>tmisson@iprimus.com.au</u>

Please feel free to share with anybody who may be interested

Regards BCC Committee

<u>Bendigo Canoe Club/Bendigo Academy of Sport –</u> <u>Kayak/Canoe Program</u>

We had a fantastic season and now planning for another exciting year. We thank everybody for their support, and we encourage families to be involved as part of this program

Please share to anyone who may be interested .

Become a Member of the Bendigo Canoe Club/Bendigo Academy of Sport – Kayak Program

What is the Program?

This program is a partnership between the Bendigo Canoe Club & Bendigo Academy of Sport and is supported by Paddle Victoria.

- The program provides a positive healthy experience that includes regular sessions focussing on flatwater, and team boat skills with the opportunity to do white-water, ocean & recreational paddling. All equipment is provided; we have camps, trips and include athlete education sessions and a strength and conditioning program at La Trobe University.
- Program is Fun, its outdoors, safe, social, supportive, you will learn new skills, build selfesteem, confidence, independence and lifelong skills.
- Our program is unique as we provide athlete with kayaks for the duration of the program; therefore families are not required to purchase a boat upfront.
- This model really assists the athlete's development, and provides families time and guidance to make better decisions.

- They can strive to be your best in an individual sport whilst being involved in a wonderful team environment. This is support by National level coaches.
- The program is exceptional value and heavily subsidized to keep the costs down.
- Athletes must be 12 years of age by 1/10/24 and under 19 years as of 31/12/24

"The Bendigo Canoe Club & Academy of Sport Program has provided a nurturing training environment, educating young athletes in numerous aspects of fitness, technique and life skills. The young paddlers are enthusiastic, respectful competitors at events in at all levels of competition. The program introduces young paddlers to numerous styles of paddling allowing the paddlers to plan their future paddling life. I fully endorse the program and congratulate all involved and look forward seeing more well-rounded young paddlers going on to become long term paddlers." **Mark Heggie. Executive Officer Paddle Victoria**

When & where is it held?

Nov 2024 —End of May 2025 at Lake Weeroona—Bendigo <u>Cost:</u> Approx. \$300 to \$500 [Will be finalised once we get close to finalising numbers]

Regards BCC Committee

Feel free to share with anybody who may be interested



Regards BCC Committee

Please contact the club on <u>bcc@live.com.au</u> Please like the BCC events page <u>https://www.facebook.com/bendigocanoeclubevents/</u>

Please subscribe to our CLUB facebook page <u>https://www.facebook.com/groups/1080309915324311/</u>

