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**Date: 02/12/24 - 06/12/24**

Under the National Quality Framework healthy eating is important to every child’s wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

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| **Monday BSC** | **Tuesday BSC** | **Wednesday BSC** | **Thursday BSC** | **Friday BSC** |
| **Breakfast****Dippy Eggs*****(soft boiled eggs with toast cut into thin dip-able slices)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas, Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: CharlieDate Requested: 26/11/24  | **Breakfast****Magic Muesli*****(with maple syrup, berries, banana and yoghurt)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas, Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AllDate Requested: 25/11/24 | **Breakfast****Star Pancakes*****(with maple syrup, berries and banana)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas, Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AllDate Requested: 26/11/24 | **Breakfast****Enchanted Fairy Breakfast *(smoothie bowls with a variety of fruit and a side of muesli)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas, Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AlexisDate Requested: 26/11/24 | **Breakfast****Fairy Toast *(with a variety of toppings to choose from)******Available always:*****Wholemeal Toast or Raisin Toast****Spreads:*** Nuttelex
* Vegemite
* Jam

**Cereals:*** Rice Bubbles
* Corn Flakes
* Weetbix
* Muesli
* Cheerios

**Fruit:**Apples, Bananas, Pears**Water/Milk** **Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AllDate Requested: 27/11/24 |

**Date:02/12/24 - 06/12/24**

Under the National Quality Framework healthy eating is important to every child’s wellbeing and development. Quality Area 2 of the National Quality Standards (2.1.3) specifies promoting healthy eating for each child.

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| **Monday ASC** | **Tuesday ASC** | **Wednesday ASC** | **Thursday ASC** | **Friday ASC** |
| **Afternoon Tea** **Main Snack: Pixie Puffs** *(Mini puff pastries filled with Jam and Cream Cheese)** **SPECIFY FRUIT**

(Watermelon, Apples, Pears, Bananas)* **SPECIFY VEGETABLES**

(Cucumber, Cherry Tomatoes, Carrot)* **SPECIFY CARBS** (Seaweed Rice Crackers and Rice Cakes, Plain Rice Crackers, Puff Pastry)
* **SPECIFY DAIRY**

(French Onion Dip, Hummus, Cream Cheese) * **SPECIFY OTHER**

(Strawberry Jam)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 27/11/24 |  **Afternoon Tea** **Main Snack: Watermelon and Green Apple Popsicles** *(Made fresh with Vanilla Yoghurt)** **SPECIFY FRUIT**

(Watermelon, Apples, Pears, Bananas)* **SPECIFY VEGETABLES**

(Cucumber, Cherry Tomatoes, Lettuce and Carrots)* **SPECIFY CARBS** (Seaweed Rice Crackers and Rice Cakes, Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip, Hummus, Vanilla Yoghurt) * **SPECIFY OTHER**

(Apple and Watermelon Jelly)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: Xudong, Mia & Chloe Date Requested: 31/10/24 | **Afternoon Tea** **Main snack: DIY Sandwiches***(with a variety of veggies, deli meats and dips)** **SPECIFY FRUIT**

(Watermelon, Apples, Pears, Bananas)* **SPECIFY VEGETABLES** (Cucumber, Cherry Tomatoes, Capsicum, Lettuce)
* **SPECIFY CARBS** (Seaweed Rice Crackers and Rice Cakes, Plain Rice Crackers, Wholemeal Bread)
* **SPECIFY DAIRY**

(French Onion Dip & Hummus) * **SPECIFY OTHER**

(Ham, Turkey)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: AllDate Requested: 26/11/24 | **Afternoon Tea** **Main snack: Fairy Dust Popcorn***(Sparkly Sweet and Slightly Salty Popcorn)** **SPECIFY FRUIT**

(Watermelon, Apples, Pears, Bananas, Pineapple)* **SPECIFY VEGETABLES** (Cucumber, Cherry Tomatoes, Carrot, Capsicum)
* **SPECIFY CARBS** (Seaweed Rice Crackers and Rice Cakes, Plain Rice Crackers, Sweet & Slightly Salty Popcorn)
* **SPECIFY DAIRY**

(French Onion Dip & Hummus) * **SPECIFY OTHER**

(Edible Glitter)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: StaffDate Requested: 25/11/24 | **Afternoon Tea** **Main snack: Fairy Fruit Wands** *(Mixed seasonal fruit on skewers)** **SPECIFY FRUIT**

(Watermelon, Apples, Pears, Bananas)* **SPECIFY VEGETABLES** (Cucumber, Cherry Tomatoes, Carrot)
* **SPECIFY CARBS** (Seaweed Rice Crackers and Rice Cakes, Plain Rice Crackers)
* **SPECIFY DAIRY**

(French Onion Dip, Hummus, Yoghurt) * **SPECIFY OTHER**

(Skewers)**Water****Dietary Alert:** Peanuts/Gluten/Dairy**SPECIAL REQUEST ITEMS:** Requested By: XudongDate Requested: 22/11/24 |