

Year 7- 10 NAS Swim Meet Information for schools

The NAS Swim Meet is designed to provide an opportunity for students to compete in the race format of ACC in a competitive environment but with results having no bearing for schools. It is an opportunity for students and staff to get a secondary set of data for swimmers vying for ACC Team selection.

Time and Date: Tuesday 3rd March, 11am- 2.45pm.

Venue: Stirling Leisure- Inglewood (formally Terry Tyzack Aquatic Centre)

Lane allocation: There are 10 outdoor lanes.

Each school will be allocated 2 lanes.

Lane 1-2 JTC

Lane 3-4 SHC

Lane 5-6 Newman

Lane 7-8 Servite

Lane 9-10 Chisholm

Timing: Dolphin timing and the starter has been organised by Newman College (same as last year)

Costs for this and pool hire will be distributed amongst the 5 schools.

(Pool hire is \$680, so very cheap). Times will be given to students at the end of the pool from your staff.

A print-out of results will be emailed to schools.

What to bring: Each school should bring sufficient staff to supervise and marshal students and record results.

Students to bring all food and drinks. No opportunity for students to purchase food.

Schools to provide own sunscreen and first aid kit.

1 table and chair will be provided for your school by Inglewood Pool.

Suggested staffing:

2 x Timers- 1 for each of your lanes at the finish line. (Don't forget to bring paper or sticky notes to record your times)

1 marshal at the start of the pool for your two lanes.

1 person to record results

2-3 staff members to manage your team.

Paige and I are doing a site visit Friday morning 13/2, and I will let you know the shade situation following this, as to whether we need to bring our own marquees for extra shade.

Any queries please direct to:

Marnie Barrett- Leader of Sport Newman Marnie.barrett@newman.wa.edu.au or

Paige Sheppard- Sport Admin- paige.sheppard@mnewman.wa.edu.au

2026 NAS Swimming Schedule

Event	Sex	Age	Distance	Stroke
1	G	U13	100M	F/S
2	B	U13	100M	F/S
3	G	U14	100M	F/S
4	B	U14	100M	F/S
5	G	U15	100M	F/S
6	B	U15	100M	F/S
7	G	U16	100M	F/S
8	B	U16	100M	F/S
9	G	U13	50M	F/S
10	B	U13	50M	F/S
11	G	U14	50M	F/S
12	B	U14	50M	F/S
13	G	U15	50M	F/S
14	B	U15	50M	F/S
15	G	U16	50M	F/S
16	B	U16	50M	F/S
17	G	U13	50M	BR/S
18	B	U13	50M	BR/S
19	G	U14	50M	BR/S
20	B	U14	50M	BR/S
21	G	U15	50M	BR/S
22	B	U15	50M	BR/S
23	G	U16	50M	BR/S
24	B	U16	50M	BR/S
25	G	U13	50M	B/S
26	B	U13	50M	B/S
27	G	U14	50M	B/S
28	B	U14	50M	B/S
29	G	U15	50M	B/S
30	B	U15	50M	B/S

Event	Sex	Age	Distance	Stroke
31	G	U16	50M	B/S
32	B	U16	50M	B/S
33	G/B	U13	50M	B/FLY
34	G/B	U14	50M	B/FLY
35	G/B	U15	50M	B/FLY
36	G/B	U16	50M	B/FLY
37	G	U13	4x50M	FS
38	B	U13	4x50M	FS
39	G	U14	4x50M	FS
40	B	U14	4x50M	FS
41	G	U15	4x50M	FS
42	B	U15	4x50M	FS
43	G	U16	4x50M	FS
44	B	U16	4x50M	FS