

# Stevenson House

Caroline Springs | Neighbourhood House Program July - September 2018



## ADULT LEARNERS WEEK IN THE CITY OF MELTON 1-8 SEPTEMBER 2018

From 1-8 September, City of Melton Neighbourhood Houses are celebrating Adult Learners Week.  
Visit [meltonlearning.com.au](http://meltonlearning.com.au) to discover what's happening in your local area.

### Upcycle and Repurpose Workshop

Turn an old pair of jeans...  
into a handy tote bag



### Upcycle Workshop

Come and learn how to turn an old pair of jeans into a handy tote bag in this fun upcycle workshop.

Basic sewing experience required

**WHEN:** Wednesday, 5 September

**TIME:** 10.00am – 2.30pm

**WHERE:** Stevenson House

**COST:** FREE

**NEED TO BRING:**

- An old pair of jeans
- Sewing thread
- 1/2 metre of woven cotton lining fabric

**BOOK ONLINE:** [meltonlearning.com.au](http://meltonlearning.com.au)

**MORE INFORMATION:** P: 9363 5137 or 9747 7200

[melton.vic.aov.au/stevensonhouse](http://melton.vic.aov.au/stevensonhouse)



**Stevenson House**  
10 Stevenson Crescent, Caroline Springs  
Phone: 9363 5137  
Email: [stevensonhouse@melton.vic.gov.au](mailto:stevensonhouse@melton.vic.gov.au)  
W: [melton.vic.gov.au/stevensonhouse](http://melton.vic.gov.au/stevensonhouse)



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## Textiles

Sewing for Everyone	Come and join a class that will suit all levels of sewing ability. From beginners to more experienced, or for those who may just be looking for a little help with a project. Come and learn how to read patterns, sew zips, button holes, hems and other sewing techniques, all in a fun and friendly environment. Participants will work on different projects tailored to their skill level. A great class to meet like-minded sewing enthusiasts.	Monday 16 July – 17 September (no class 3 September) 7:00pm – 9:00pm	\$108.00 plus materials (9 classes)
		Wednesday 18 July - 19 September (no class 5 September) 7:00pm – 9:00pm	\$108.00 plus materials (9 classes)
		Friday 20 July – 21 September (no class 7 September) 10:00am – 12:00pm	\$108.00 plus materials (9 classes)
Let's Crochet Together	Come and join this friendly group and learn to crochet with others. Beginners welcome.	Thursday 19 July – 20 September 10:00am – 11:00am	\$50.00 (10 classes)
Card Making for Adults - Workshop	Card making for all occasions. Make at least 3 handcrafted greeting cards from samples. Catering to all levels of experience.	Friday 20 August 10:00am – 3:00pm	\$15.00 (1 workshop)
*NEW Pattern Adjustment & Fitting - Sewing	Sewing pattern adjustment and alteration class that will assist you to produce your own customised patterns from commercial patterns. Students will learn how to adjust and alter commercial patterns to fit their own body shape. Knowing how to make these adjustments will produce garments that fit better and flatter their own body shape.	Thursday 19 July - 20 September 7:00pm-9:00pm	\$150.00 plus materials (10 classes)
Social Sewing Group	Do you want some company whilst you work on a sewing project? Come join this group of people. Strictly experienced sewers only.	Tuesday 17 July – 18 September 10:00am – 1:00pm	Free
Springs Stitchers	Join in to indulge in knitting, patchwork, dressmaking, crocheting, tapestry, cross stitching, sewing, or just want to sit and chat. <b>Brenda - stitchersgroup@gmail.com</b>	Second and Fourth Thursday 7:30pm – 9:30pm	\$5.00 annual insurance and \$5.00 per session
More Time for Card Making	Any new or unfinished card making projects. Come and join a group of enthusiastic people for a day of card making. Bring your own projects. BYO lunch if necessary. <b>Janet McKinney 0425 852 735</b> <b>personaljanet@y7mail.com</b>	Friday 6 July and 3 August 10:00am – 3:00pm	\$5.00 BYO project and equipment

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## Children

*NEW Cooking for Kids	Children will learn how to cook simple recipes using fresh ingredients in a fun environment.	Wednesday 25 July – 29 August 4:00pm – 6:00pm	\$102.00 (6 classes)
Kids Beat (5-10 year olds)	An introductory class of dance and yoga for boys and girls. A sensory environment allows you to explore body movement and develop physical, social and emotional wellbeing.	Wednesday 1 August – 19 September 4:00pm – 4:45pm	\$80.00/\$72.00 (8 classes)
Art 4 Krafty Kids (5-7 year olds)	Children will develop skills and confidence in drawing, painting, craft and sculpture. <i>Children must be accompanied by a carer, who will need to stay in class.</i>	Thursday 26 July – 13 September 4:00pm – 5:30pm	\$88.00/ \$80.00 (8 classes)
Art 4 Kids (8-12 year olds)	Children will experience and develop skills in a number of different art forms. Classes are designed for fun and to build children's confidence. Bring along your art smock.	Monday 23 July – 10 September 4:00pm – 5:30pm	\$88.00/\$80.00 (8 classes)
Craft 4 Kids	Calling young textiles enthusiasts to join this class and learn basic skills in looming, crocheting, knitting and more.	Tuesday 24 July – 11 September 4:00pm – 5:30pm	\$88.00/\$80.00 (8 classes) plus materials
Sewing for Teens (12–15 year olds)	No experience required to learn basic sewing techniques. Suitable for kids 12 -15 years old. <i>Sewing machines provided.</i>	Friday 20 July – 21 September (no class 7 September) 4:00pm – 6:00pm	\$99.00 (9 classes) Plus materials
Sewing for Kids (10–13 year olds)	No experience required to learn basic sewing techniques. Suitable for kids 10 -13 years old. <i>Sewing machines provided.</i>	Wednesday 18 July – 19 September (no class 5 September) 4:00pm-6:00pm	\$99.00 (9 classes) plus materials
*NEW Yoga for Teens	An introductory class of yoga for teen boys and girls. Build strength, tone muscles, increase flexibility and develop physical, social and emotional wellbeing. Ages 10 and up.	Wednesday 1 August – 19 September 5:00pm – 5:45pm	\$80.00/\$72.00 (8 classes)
*NEW Baking Fun for Teens	This fun and interactive class will provide you with the basic skills in learning how to bake and decorate.	Tuesday TBC 4:00pm-6:00pm	\$60.00 (4 classes)

## Cooking

Thai Cooking	In this hands-on Thai cooking course you will learn to create traditional Thai dishes from fresh ingredients.	Tuesday 7 August – 28 August 10:00am – 1:00pm OR Tuesday 7 August – 21 August 6:00pm – 9:00pm	\$80.00 (4 classes)  \$60.00 (3 Classes)
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### Refunds (Neighbourhood Programs)

If participants withdraw from a program, a refund will only be considered where the participant provides special circumstances in writing, 5 working days prior to the start date of the program.

- If, at its discretion, Melton City Council decides to allow a refund, an Administration Fee of \$10 will be retained.
- Refunds will not be given should a participant miss a session or sessions, nor will the session/s be made up by the tutor.

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## Wellness/Fitness

Women's Yoga- All levels	Improve your health and well-being by toning your muscles, increasing suppleness, improving concentration and relieving stress.	Monday 16 July – 10 September 11:45am -12:45pm OR 1:00pm – 2:00pm	\$90.00/ \$80.00 conc. (9 classes)
Yoga for Seniors	Designed specifically for seniors. The class size is small and allows each individual to increase their flexibility and strength at their own level.	Thursday 19 July – 6 September 5:00pm-6:00pm	\$40 a term or \$4 per class
Meditation Classes	Sahaja Yoga Meditation promotes mental, physical and emotional balance. <b>Held at Caroline Springs Library</b>	Monday 16 July – 17 September 10:00am – 11:00am	Free
Stevenson Walkers	Great way to meet new people whilst getting active. Join our walking group. Suitable for all ages and abilities.	Tuesdays 16 July – 17 September 8:45am – 9:30am	Free

## Other

Gardening Group	Come along and meet like-minded people who are interested in growing or want to grow, their own fruit, vegetables and herbs. Suitable for beginners through to well-seasoned gardeners.	Wednesday 25 July – 12 September 10:00am – 11:30am	Free
Beginners English Class	Learn and improve your confidence in speaking, reading and writing English. Class is encouraging and friendly, and suitable for everyone wanting to improve their English.	Tuesdays (school terms) 11:00am – 3:00pm <b>Held at Caroline Springs Library</b>	Free
Resume Writing Workshop	Come and learn to feel comfortable and confident in producing a Resume in this workshop, which is designed to give you all the tips and tricks.	Thursday 30 August 10.00am – 11.30am	Free
*NEW Computer Drop In	Drop in and use our computers.	Office hours only	Free

## ENROLLING IN A PROGRAM

BOOK ONLINE

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