



Empower confidence.



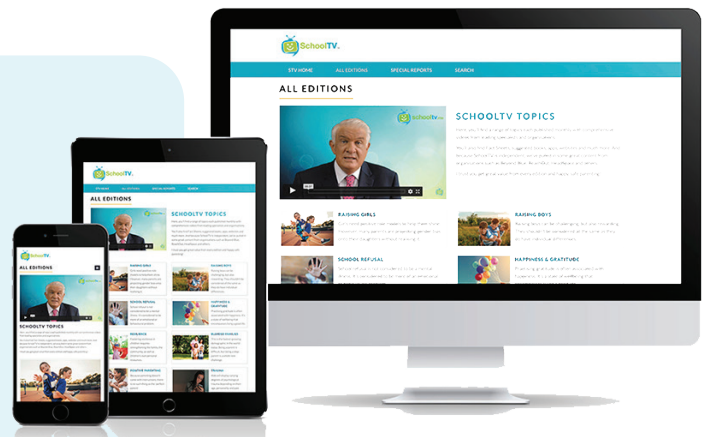
## Because parenting doesn't come with instructions

Modern-day parenting can be challenging. Like never before, parents are seeking clear, fact-based solutions. SchoolTV delivers credible and current information from wellbeing experts via a unique digital platform. Browse through the resource library and find practical strategies on a variety of topics that address the challenges of raising happy, resilient young people in our ever-changing world.

### A resource to support modern-day parenting

- A unique digital platform designed to support parents, caregivers and educators
- Watch video interviews with leading AU, NZ and international wellbeing specialists
- Browse the library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and videos
- Access to a series of mental health topics such as cybersafety, anxiety, screen time, positive parenting and many more
- Discover new topics every month and access an archive of past topics 24/7

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