



Pittwater House

Years 7-12 Athletics Carnival

Bannockburn Oval, Pymble
Monday 5 June 2023
from 9.30am – 2.00pm



House Captains

Asha Franklin (Butterworth)

Rory Connors (Butterworth)

Shontelle Layton (Orrock)

Ryan Mitchell (Orrock)

Hannah Bosland (Morgan)

Lachlan Savage (Morgan)

House Patrons

Ms S Burke (Butterworth)

Mrs K Finney (Orrock)

Mrs B Tobia (Morgan)

Order of Events

Time					
8.15am – 8.45am	800m				
8.45am – 9.30am	Javelin				
9.30am – 9.45am	Official Welcome				
	Running event	Novelty	Long Jump	Discus	Shot put
10.00am – 10.40am (40 mins)	100m 12-13 years	Tug-o-war (int/Senior)	Students can complete these events at any time during the day		
10.40am – 11.20am (40 mins)	100m 14-15 years				
11.20am – 11.50am (30 mins)	100m 16-18 years	Tug-o-war (Junior)			
12.00am – 12.40pm (40 mins)	200m	Sack Races (junior)			
12.50pm-1.20pm (30 mins)	400m	Sack Races (int/Senior)			
1.30pm – 2.00pm (30 mins)	Relays				
2.00pm	Roll Marking and Bus Transfers				

Junior – 12, 13 and 14 years

Intermediate – 15 and 16 years

Senior – 17+ years

Weights

Age	Shot Put		Discus		Javelin	
	Girls	Boys	Girls	Boys	Girls	Boys
12 Years	3kg	3kg	750gms	750gms	N/E	N/E
13 Years	3kg	3kg	1kg	1kg	400gms	600gms
14 Years	3kg	4kg	1kg	1kg	500gms	700gms
15 Years	3kg	4kg	1kg	1kg	500gms	700gms
16 Years	3kg	5kg	1kg	1.50kg	500gms	700gms
17 Years	3kg	5kg	1kg	1.50kg	500gms	700gms
18 Years	4kg	6kg	1kg	1.75kg	600gms	800gms

High Jump - Starting Heights

Age	Boys	Girls
12 Years	1.00	1.00
13 Years	1.20	1.05
14 Years	1.30	1.15
15 Years	1.35	1.15
16 Years	1.40	1.15
17 Years	1.45	1.15
18 Years	1.45	1.15

Points will be distributed as follows:

	1 st	2 nd	3 rd	4 th	5 th	6 th	Participation
Years 7 – 12	10	6	5	4	3	2	1
Relay Events	20	12	10	8			

Rules for the Carnival

1. Age turning this year.
(Age as of 31 December 2023 – i.e. The age the student turns in 2023)
2. Listen to announcements – staff are not responsible for students missing events.
3. All events to follow timetable.
4. Students must report for all events 10 minutes prior to start.
5. Judges' decisions are final.
6. 100m races are compulsory for Grammar and College students.
7. Spikes must be carried to the marshalling area and then they can be put on.
8. At the completion of the race, spikes must be removed before leaving the track.
9. All track events are straight finals, fastest time overall will be the winner.
10. If competitors are in a track and field event at the same time, they must report to the field judge to register, and then take part in the track event. After the track event, competitors must report back to the field event.

Records – Grammar

Age	Event	Record	Year	Title Holder
12 Years	Shot Put	11.01m	2002	M Cottman
13 Years	Shot Put	12.36m	2003	M Cottman
14 Years	Shot Put	13.93m	1993	B Famularo
	Shot Put AWD	3.91m	2015	I Toumi-Cussinnet
15 Years	Shot Put	14.04m	1999	D Venables
	AWD	3.29m	2016	I Toumi-Cussinnet
16 Years	Shot Put	16.25m	2000	D Venables
	AWD	3.75m	2017	I Toumi-Cussinnet
17 Years +	Shot Put	12.70m	2015	G Rees
12 Years	200m	28.45	1997	R Carter
13 Years	200m	25.39	2021	A Spain
	AWD	1.15.36	2014	I Toumi-Cussinnet
14 Years	200m	24.91	2022	A Spain
	AWD	46.53	2015	I Toumi-Cussinnet
15 Years	200m	24.27	2003	M Hoekman
16 Years	200m	23.21	1999	W Hamilton
	AWD	41.71	2017	I Toumi-Cussinnet
17 Years +	200m	22.64	2003	B Lyons
12 Years	High Jump	1.50m	2003	B Dunsmore
13 Years	High Jump	1.55m	2008	R Molen Grigull
14 Years	High Jump	1.64m	1988	J Pugh
15 Years	High Jump	1.87m	2007	E Green
16 Years	High Jump	1.90m	2008	E Green
17 Years +	High Jump	1.92m	2009	E Green
12 Years	800m	2.36.63	2011	G Stensness
13 Years	800m	2.30.15	2003	D Rayner
14 Years	800m	2.17.16	2021	L Brown
15 Years	800m	2.09.65	2022	L Brown
16 Years	800m	2.10.59	2004	J West
17 Years +	800m	2.09.79	2014	J Byron
12 Years	Long Jump	4.56m	2003	O West
13 Years	Long Jump	4.98m	2012	A O'Brien
14 Years	Long Jump	5.45m	1980	D Gilchrist
15 Years	Long Jump	5.93m	1988	M Plunkett
16 Years	Long Jump	6.04m	2008	E Green
17 Years +	Long Jump	6.26m	1990	M Plunkett
12 Years	100m	13.78	1999	M Banks
13 Years	100m	12.50	1982	J Brown
	AWD	28.40	2014	I Toumi-Cussinnet
14 Years	100m	12.02	1990	B McNicol
	AWD	21.17	2015	I Toumi-Cussinnet

Age	Event	Record	Year	Title Holder
15 Years	100m	11.49	2003	M Hoekman
	AWD	19.56	2016	I Toumi-Cussinnet
16 Years	100m	11.20	2008	B Donegal
	AWD	18.64	2017	I Toumi-Cussinnet
17 Years +	100m	10.82	2003	C Yan
12 Years	400m	1.05.17	2003	O West
13 Years	400m	58.75	1982	J Brown
14 Years	400m	56.94	1988	Z Booker
15 Years	400m	53.95	1988	T Hogbin
	AWD	1.56.72	2016	I Toumi-Cussinnet
16 Years	400m	53.33	1989	T Hogbin
17 Years +	400m	51.30	1991	S Strothers
12 Years	Discus	25.17m	2017	P Vaokakala
13 Years	Discus	27.40m	2003	M Cottman
14 Years	Discus	41.54m	1993	B Famularo
	AWD	6.27m	2015	I Toumi-Cussinnet
15 Years	Discus	35.66m	2005	W Brassil
16 Years	Discus	41.07m	2000	D Venables
	AWD	6.34m	2017	I Toumi-Cussinnet
17 Years +	Discus	38.40m	2005	M Hoekman
12 Years	Javelin	22.00m	2012	L Martin
13 Years	Javelin	29.00m	2003	W Brassil
14 Years	Javelin	47.25m	2021	R Eksteen
15 Years	Javelin	57.90m	2022	R Eksteen
16 Years	Javelin	47.11m	1995	D Ireland
17 Years +	Javelin	48.77m	1996	D Ireland
12/13 Years	1500m	5.17.00	2003	D Rayner
14 Years	1500m	4.52.12	2001	J Gough
15 Years	1500m	4.50.12	2015	M Mahon
16 Years	1500m	4.36.40	2003	J Gough
17 Years +	1500m	4.36.50	1977	T Gilder
Junior (12-15)	3000m	10.44.27	1994	T Byerley
Senior (16-18)	3000m	9.58.00	1996	T Byerley
Junior (12-14)	4 x 100m	51.46	1988	Osborne-Brown
Inter (15-16)	4 x 100m	48.43	2004	Askin
Senior (17-18)	4 x 100m	46.91	2017	Butterworth

Records – College

Age	Event	Record	Year	Title Holder
12 Years	200m	28.35	2000	G Carter
13 Years	200m	28.00	2001	G Carter
14 Years	200m	27.38	1986	M Vacopoulos
15 Years	200m	26.29	2021	S Villacorta-Bateman
16 Years	200m	27.57	1989	C Deere
17 Years +	200m	27.26	1990	S Park
12 Years	Shot Put	9.10 m	1997	D Schmid
13 Years	Shot Put	10.33 m	1998	D Schmid
14 Years	Shot Put	11.30 m	2014	L Tombs
15 Years	Shot Put	11.70m	2015	L Tombs
16 Years	Shot Put	11.29m	2016	L Tombs
	AWD	7.53m	2022	I Gillespie
17 Years +	Shot Put	11.20m	2017	L Tombs
12 Years	High Jump	1.45m	2000	C Peters
13 Years	High Jump	1.49m	2001	C Peters
14 Years	High Jump	1.52m	2008	J Green
15 Years	High Jump	1.53m	2013	E Molen Grigull
16 Years	High Jump	1.60m	2014	E Molen Grigull
17 Years +	High Jump	1.57m	1993	S Hogbin
12 Years	800m	2.33.14	2000	G Carter
13 Years	800m	2.32.22	2001	G Carter
14 Years	800m	2.42.00	2016	I Dunkin
15 Years	800m	2.30.86	1989	J Beckhaus
16 Years	800m	2.45.69	2014	M Woods
17 Years +	800m	2.29.64	1991	J Beckhaus
12 Years	Long Jump	4.39m	2000	G Carter
13 Years	Long Jump	4.40m	2015	T Martin
14 Years	Long Jump	4.82m	2019	I Trisic
15 Years	Long Jump	4.78m	2021	S Villacorta-Bateman
16 Years	Long Jump	4.50m	2019	G Carpenter
	AWD	2.73m	2022	I Gillespie
17 Years +	Long Jump	4.80m	1993	A McCredie
12 Years	100m	13.94	2017	Z Ostryn
13 Years	100m	13.48	1989	A McCredie
14 Years	100m	13.18	1985	M Vacopoulos
	100m AWD	23.90	2016	A Scott
15 Years	100m	12.82	2021	S Villacorta-Bateman
16 Years	100m	12.95	2003	A Henderson
17 Years +	100m	13.37	2008	S Hunt
12 Years	400m	1.04.79	2000	G Carter
13 Years	400m	1.04.41	1989	K Rodwell
14 Years	400m	1.02.83	1990	K Rodwell
	400m AWD	1.58.98	2016	A Scott

Age	Event	Record	Year	Title Holder
15 Years	400m	1.00.57	2021	S Villacorta-Bateman
16 Years	400m	1.01.24	1990	J Beckhaus
17 Years +	400m	1.00.84	1990	S Park
12 Years	Discus	16.88m	2012	W Doyle
13 Years	Discus	19.74m	2008	P Casey
14 Years	Discus	22.70m	2011	K Molen Grigull
15 Years	Discus	22.48m	2012	K Molen Grigull
16 Years	Discus	24.77m	1994	J Hardy
17 Years +	Discus	23.47m	1989	K England
12 Years	Javelin	15.70	2016	E Fordham
13 Years	Javelin	24.90	2019	S Layton
14 Years	Javelin	22.97m	1999	D Schmid
15 Years	Javelin	24.72	2018	E Hicks
16 Years	Javelin	24.47m	2022	M Murray
17 Years +	Javelin	27.70m	2002	D Schmid
12/13 Years	1500m	5.38.37	2015	I Dunkin
14 Years	1500m	5.18.00	2001	B Crawford
15 Years	1500m	6.00.19	2021	A Thomas-Smith
16 Years	1500m	5.06.27	2001	R Visser
17 Years +	1500m	4.47.89	1989	J Beckhaus
Junior (12-15)	3000m	11.18	2000	B Crawford
Senior (16-18)	3000m	11.45	2001	R Visser
Junior (12-14)	4x100 Relay	54.69	2017	Butterworth
Inter (15-16)	4x100 Relay	56.90	2019	Orrock
Senior (17+)	4x100 Relay	57.19	2017	Butterworth