

# AUSTRALIAN KOOKABURRA KIDS FOUNDATION

Kookaburra Kids has been delivering programs to children who have a family member with a mental illness for over a decade. As a not for profit organisation and a registered charity, we rely on the generosity of corporate, community and individual supporters and dedicated and passionate volunteers.

The program dedicated to supporting the unique needs of children from serving and ex-serving ADF families has been made possible by the Australian Government.

## How you can help

Any help is of benefit to supporting our free programs, and there are many ways to choose from. Contact us to learn more about how you can get involved.




### HOW YOU CAN HELP

# REFER A CHILD DONATE TODAY VOLUNTEER

CONTACT YOUR LOCAL  
KOOKABURRA KIDS OFFICE

 1300 566 525

 [info@kookaburrakids.org.au](mailto:info@kookaburrakids.org.au)

 [kookaburrakids.org.au](http://kookaburrakids.org.au)



### MAJOR STRATEGIC PARTNERS



The Kookaburra Kids Program for Serving and Ex-Serving ADF families has been funded by the Australian Government.



Australian Government  
Department of Veterans' Affairs



# PROGRAM FOR SERVING AND EX-SERVING ADF FAMILIES



Supporting children  
who have a parent with  
a mental illness related to  
military service

8-18  
YEARS

MENTAL  
HEALTH  
EDUCATION

CAMPS

ACTIVITY  
DAYS

[kookaburrakids.org.au](http://kookaburrakids.org.au)

# KOOKABURRA KIDS PROGRAM

Kookaburra Kids Foundation supports kids living in families affected by mental illness. The program provides free recreational, educational camps and other activities, giving kids a break in a fun, positive and safe environment. Kids have the opportunity to meet other kids in similar families and develop new friendships.

**This successful program is now being delivered to serving and ex-serving ADF families.**

## WHO IS ELIGIBLE?

Children, aged 8 – 18 years, who have a parent with a mental illness related to their military service.

## HOW DO YOU REFER A CHILD?

Anyone can refer a child to the program either online at [www.kookaburrakids.org.au](http://www.kookaburrakids.org.au), or by contacting their local Kookaburra Kids office during business hours.

## KOOKABURRA KIDS CAMPS

Held over a weekend the camps provide children with an amazing experience where they participate in activities such as canoeing, archery, giant swing, go karts, craft, laser tag and much more.

Qualified leaders provide age-appropriate mental health education focusing on coping skills and building resilience.

## KOOKABURRA KIDS ACTIVITY DAYS

Activity days are held regularly throughout the year, providing an opportunity for children to catch up and have some great fun. The days consist of fun recreational activities as well as mental health education.

All camps and activity days are staffed with skilled professionals and volunteers from within the community including teachers, nurses, police, psychologists and business people. Training is provided and all volunteers are required to complete a Working with Children Check and National Criminal Check.

**Kookaburra Kids camps and activity days will be held at various locations across Australia. For details contact Kookaburra Kids.**

**ALL KOOKABURRA KIDS CAMPS AND ACTIVITY DAYS ARE FREE OF CHARGE.**

WHEN MY DAD CAME HOME FROM OPERATION, HE ACTED VERY DIFFERENT. KOOKABURRA KIDS HELPED ME UNDERSTAND WHY AND THAT HE STILL LOVED ME

Kookaburra Kid

