

## COMMUNITY DRUG ACTION TEAMS: WHO ARE WE?

Community Drug Action Teams (CDATs) are groups of volunteers who work together to minimise and prevent the harmful use of alcohol and other drugs in their neighbourhoods.

The Australian Drug Foundation supports CDATs with access to the latest research on effective community development and health promotion to make sure they have the largest impact on their communities. Expert staff help CDATs plan and run education programs and community forums, as well as resources, campaigns and events.

"Losing two close family members to drug use encouraged me to become a CDAT member in 2000. I get so much satisfaction out of helping drug affected people – I don't want any other families going through what my family went through."

Cheryl Field, Chairperson, Canterbury Drug Action Team



## CDATS ARE ALL ACROSS NSW

CDATs focus on local needs across the state. Over 70 CDATs are active in urban, regional and rural communities from Bega to Byron Bay, Surry Hills to Broken Hill and Lake Macquarie to Tenterfield.



## CDATS ARE OPEN TO ALL COMMUNITY MEMBERS

CDATs unite parents, schools, TAFE and universities, government and health workers, police, community organisations, local residents and businesses who want to create safer and healthier communities.



## CDATS IN ACTION

Since 1999, CDATs have led hundreds of projects to engage with young people, families and the wider community through campaigns to curb harm from alcohol and drug use.

### TYPICAL EVENTS INCLUDE:

Providing information on local treatment facilities and other community services.

Organising local forums on alcohol and other drug harms to raise awareness.

Engaging young people in art and drama projects to explore and express the impact of drugs and alcohol in their lives.

Initiating drug and alcohol free events to provide a safe entertainment options for young people and the wider community.

## WE NEED TO MAKE A CHANGE

People drinking at risky levels is a major community issue in terms of harm to both individual health and society more broadly. Alcohol is a major factor in domestic and public violence, as well as in road crashes and other accidents.

According to the 2013 National Drug Strategy Household Survey:



**MORE THAN A QUARTER** of all Australians reported being the victim of an alcohol-related incident



**OVER 14%** of people in NSW reported using an illegal drug in the past year

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

Margaret Mead

# HELP US MAKE A CHANGE

*get involved*

# JOIN OUR TEAM

There are a range of opportunities available to get involved and help prevent alcohol and drug harm in your community.

Whether you want to become a CDAT member or just have a small amount of time to assist with a one-off event, your contribution is valuable and appreciated.

We're always looking for locals to contribute their skills or to help CDAT members with things like running local community events throughout the year – so get in touch.

 [www.adf.org.au/CDAT](http://www.adf.org.au/CDAT)

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# MANY HANDS MAKE LIGHT WORK

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