



MyTime Epping

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Oakbrook Kindergarten

36 Holroyd Drive,

Wednesdays, Fortnightly 9.30am – 12pm

CONTACT:

Sue Batcheler – Facilitator

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Unwind and
share experiences
with others who
understand



mytime.net.au

MyTime

term plan

mytime.net.au

Wednesdays, Fortnightly

9.30am - 12pm

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
5 th February 2025	Coffee & Chat	Sand Play
19 th February 2025	Guest Speaker: Kim Henderson, NDIS lead Maroondah Council. NDIS Q & A	Making a Mask
5 th March 2025	Mindful Colouring	Playdough
19 th March 2025	Bunnings Lead Craft Activity	Drawing
2 nd April 2025	Coffee & Chat	Spray Bottle Pictures

* Activities may vary depending on group interests and ability.



It's support
for you



It's free to
join



Professional
support



Pre-school aged
children are welcome