

# ASH WEDNESDAY AND FRIDAY MENU DURING LENT



## SANDWICHES/WRAPS/ROLLS

CHEESE SANDWICH.....	\$3.00
VEGEMITE AND CHEESE SANDWICH .....	\$3.00
EGG AND LETTUCE SANDWICH .....	\$3.50
SALAD SANDWICH.....	\$3.50
SALAD ROLL .....	\$4.50

## SALADS

SMALL SALAD.....	\$4.50
LARGE SALAD .....	\$6.00
GREEK SALAD.....	\$4.50
PUMPKIN SALAD .....	\$6.50

## TOASTED SANDWICH

CHEESE.....	\$3.00
CHEESE & VEGEMITE.....	\$3.00
CHEESE & TOMATO.....	\$3.50

## BURGERS

FISH BURGER.....	\$4.50
VEGE BURGER.....	\$4.50

## HOT FOOD

HASH BROWN (x 2).....	\$2.00
GARLIC BREAD.....	\$2.00
MACARONI CHEESE.....	\$4.00
TOMATO AND CHEESE PASTA.....	\$4.00
NACHOS.....	\$4.00
VEGETARIAN PIZZA.....	\$3.00
CHEESE PIZZA.....	\$3.00
ASSORTED VEGE TRIANGLES.....	\$3.50
SPINACH & RICOTTA S/ROLL.....	\$3.50

## SWEETS

JELLY .....	\$0.50
FRESH FRUIT .....	\$1.00
APPLE PIE .....	\$2.50
YOGHURT & MUESLI .....	\$3.00
LARGE MUFFIN .....	\$3.00

## ASH WEDNESDAY ONLY

SUSHI (Tuna and Vegetarian).....	\$5.00
----------------------------------	--------