

Gateway Family Services

Term 2, 2022

Parenting Programs Summary



Program	Date & Time	Location	To Register
<p>Bringing Up Great Kids In the First 1,000 Days</p> <p><i>Learn more about how babies' brain development influences their thoughts, feelings and tune in to your baby's social, emotional, physical and cognitive development.</i></p> <p><i>Suitable for parents of 0 –2 year olds.</i></p>	<p>Every Monday</p> <p>2nd May - 6th June</p> <p>7:00pm - 9:00pm</p> <p><i>* NO Childcare</i></p>	<p>Blaxland Uniting Church (rear Hall)</p> <p>70-76 Old Bathurst Road, BLAXLAND</p>	<p>Phone Gateway- 0490 662 498 or email: groups@gatewayfamily services.org.au</p>
<p>Circle of Security</p> <p><i>Learn how to be a strong, wiser & kinder parent with your kids.</i></p> <p><i>Suitable for parents of 0 -12 year olds.</i></p>	<p>Every Wednesday</p> <p>4th May - 15th June</p> <p>9:30am - 11:30am</p> <p><i>* NO Childcare</i></p>	<p>Katoomba Public School Merriwa Street, KATOOMBA</p>	<p>Phone Gateway- 0490 662 498 or email: groups@gatewayfamily services.org.au</p>
<p>1-2-3 Magic & Emotion Coaching</p> <p><i>Learn how to understand & manage your child's difficult behaviour.</i></p> <p><i>Suitable for parents of 2 -12 year olds.</i></p>	<p>Every Thursday</p> <p>5th May - 19th May & 9th June</p> <p>10:00am - 12:00pm</p> <p><i>* Childcare is available</i></p>	<p>Gateway Family Services - Penrith Office Cnr Station & Henry Sts, PENRITH</p>	<p>Phone Gateway- 0490 662 498 or email: groups@gatewayfamily services.org.au</p>
<p>No Scaredy Cats</p> <p><i>Strategies to help your child reduce anxiety & build resilience.</i></p> <p><i>This group will assist you to understand how anxiety develops and how to offset its progress whilst providing some strategies for its management.</i></p> <p><i>Suitable for parents of 2-12 year olds.</i></p>	<p>Every Tuesday</p> <p>24th May - 7th June</p> <p>9:30am - 11:30am</p> <p><i>* NO Childcare</i></p>	<p>WinCAMP 56 White Cross Road, WINMALEE</p>	<p>Phone Gateway- 0490 662 498 or email: groups@gatewayfamily services.org.au</p>
<p>Bringing Up Great Kids: PARENTING ADOLESCENTS</p> <p><i>Learn about brain development in adolescents and what influences their thoughts, feelings & behaviour whilst identifying important messages and how to convey to your adolescent.</i></p> <p><i>Suitable for parents of 10-19 yr olds.</i></p>	<p>Every Saturday</p> <p>30th Apr - 4th June</p> <p>10:00am - 12noon</p> <p><i>* NO Childcare</i></p>	<p>Gateway Family Services - Penrith Office Cnr Station & Henry Sts, PENRITH</p>	<p>Phone Gateway- 0490 662 498 or email: groups@gatewayfamily services.org.au</p>

For more information and Individual Flyers go to:

www.gatewayfamilyservices.org.au or www.facebook.com/GatewayFS

Gateway Family Services parenting programs are funded by DSS and DCJ.

Gateway works collaboratively with community partners to bring parenting programs to communities from St Marys to Blackheath.

Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

