

WHAT DID THE
MANAGER DO
WHEN THE PITCH
BECAME
FLOODED?



"ONLY HE WHO
CAN SEE THE
INVISIBLE CAN
DO THE
IMPOSSIBLE."

Frank L. Gains

He sent his subs on

MARCH / APRIL 2022

Newsletter

MESSAGE FROM THE DIRECTOR OF SEED

Authors: Shadia, Monique and Ms Jolly

Congratulations on an amazing first term. It was great to get back into normality with our SEED program. We have seen so much growth already with our students in term one. That was really noticed with the outcomes at the NBC Athletics Carnivals. Thank you to all the coaches and staff members for their commitment to empower our students to be their best.



Stoofa "Director of Sport" for SEED



SEED Basketball Training Session in Action

SEED BASKETBALL TRAINING

Students in the Year 9 and 10 Program enjoying their Wednesday morning coaching session with Nick! Nick always puts on a great session for the basketball students keeping them engaged the entire time.



Northern Bay P-12
College

Northern Bay College SEED

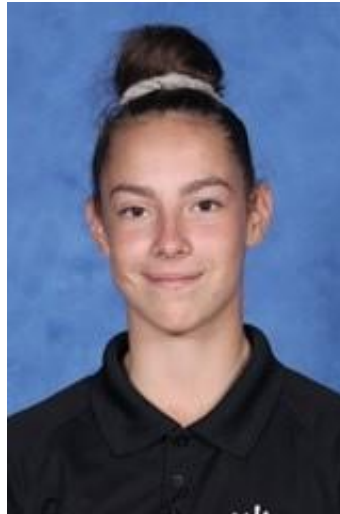
Lauren



KELLY

SEED STAR OF THE MONTH

Congratulations to our SEED Star of the Month- Lauren Kelly. Lauren Kelly plays for North Geelong Cricket Club. She just finished a great year of cricket with 366 runs, a batting average of 16.64 and a high score of 36 runs in one game. She also took 15 wickets and her best bowling efforts were 3 for 31; making her one of the best up and coming Juniors in Geelong. Lauren was recently officially recognised in the Geelong Advertiser as "Geelong's top 40 junior cricketers." She made the most runs in the Under 19 competition and received the Batting Award. Not only is she a star on the cricket field, but anyone that knows her knows she is a optimistic, bubbly and general all-round superstar!



Lauren Kelly



Year 7 - 8

DEVELOPMENT SQUAD



SEED 7 and 8 Program Excursion to Melbourne

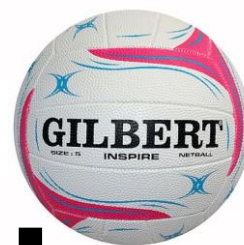
"Fantastic buy-in in term 1 from our 7-8 development squad. Our highlight for the term was our precinct tour to Collingwood Football Club, Melbourne Storm and the MCG tour. Have a great break."
- Brad Hauenstein



SEED 7 and 8 Program Excursion to Melbourne



SPORT OF THE MONTH



Mr Lowery's Upcoming Events

FOR SEED STUDENTS

Intermediate boys volleyball on the
4 May

Intermediate Girls softball on the
4 May

Barwon athletics on the
6 May

Year 9's and 10s Football on the
12 May

Geelong's cross country on the
30 May



NBC Principal Scott Diamond joins in a SEED class with SEED student Jemma Conally-Carpenter

Netball is a team sport, children, teenagers and women learn

valuable social and communication skills as they work with others as part of a team to achieve a common goal.

Being a member of a netball team teaches skills that the people take with them into their wider worlds of school and work. Beyond the obvious team work, people also learn to deal with adversity through losses or injuries, as well as how to push themselves to improve their skills.

Netball involves lots of jumping, landing, changing of direction and footwork, along with executing precise skills, which helps with strength and agility. All that jumping, stopping and landing not only builds muscle but makes bones stronger too.

Playing netball also develops the body's cardiovascular system, Improves the body's flexibility and nimbleness- quick in understanding and learning- Burns calories, and lowers body fat if played regularly. Improves upper body strength by working key arm muscles. Overall netball is a fun, easy and enjoyable sport and I 100% recommend for you to try it out- Article by Shadia Abdelrahman

"Overall netball is a fun,easy and enjoyable sport and I 100% recommend for you to try it out"

There's a netball club held In East Geelong -0403251134,Geelong Central Association Club held in kinder park-03 5221 6773 and a Geelong Netball Club in Highton 03 5241 6774.



Coach of the Month

Get to know Titit Nyak- By Monique Tabor

His favourite movie is Wolf of Wall Street- directed by Martin Scorsese and written by Terence Winter.

His favourite artist is Drake- Drake is a Canadian rapper, singer, songwriter, and actor.

Titit is involved with football (Footy/Afl)

Titit's highest level of playing sport is playing in the NAB league. His favourite sportsperson is Kevin Durant and his favourite sporting team is Manchester United.

What he likes about the Seed Program: is he likes teaching the game of AFL to students and meeting new people.

What motivates him to be a sports person- Is reaching the highest level possible and getting the best out of himself.

His best character quality is building relationships with new people. His most memorable sporting moment is watching Lebron James blocking Iguodala. His favourite sporting quote is- "don't run away from challenges run over them."



TITIT
NYAK

SEED in the Community

Congratulations to **Kailee Kennedy** for designing the North Shore Football Netball Club Indigenous Jumper for the 2022 season. Amazing effort Kailee!



Kailee Kennedy



Kailee Kennedy's design

