



Vaping/e-cigarettes

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About vaping

- Vapes contain a mix of hazardous chemicals including nicotine, that are heated to create an aerosol that is inhaled
- Numbers of Australian teenagers vaping has increased substantially in recent years
- Young people who vape are 5 times more likely to start smoking
- Vaping is associated with mental health issues among adolescents
- Safety risks associated with vapes includes explosions, burns, nicotine poisoning/toxicity, and, environmental harm
- 18 billion posts on social media are tagged with vaping related hashtags of pro-vaping content, exposing young people to messaging that makes vaping seem sexy, funny or cool.

Reference: taken from ***Seeing Through the Haze, Teaching Guide, page 3 (Quit, Vichealth, Victorian State Government, Monash University)***

Laws

- From July 2025 therapeutic vapes with strict product standards and permitted ingredients only, are only available to adults 18 & over, with a doctor's prescription or after a pharmacist consultation
- It is illegal to sell: any other vapes (colours, flavours, etc), or, anywhere other than a pharmacy
- In Victoria it has always been and remains illegal to sell vapes to someone under 18 years old (even with a prescription)

If you know of someone **selling these products illegally**, you can anonymously:

call Crime Stoppers 1800 333 000

make an online complaint to the Therapeutic Goods Administration, [Report a perceived breach or questionable practices | Therapeutic Goods Administration \(TGA\)](#)