



GOING ON SCHOOL CAMP

Going on School Camp can be exciting! You don't do your usual school activities. Your teacher has been busy planning lots of fun things for you to do.



There will be lots of different activities on camp. Some you may have tried before, whilst others may be new to you. It is always fun to give them a go.

When you go on camp you will take the bus. Some other teachers and parent helpers might come too.



Before you go on camp, your teacher will tell you all about Arrabri Lodge and what to expect.



It is important you listen to your teachers while you are on camp. They can help you at the new place.

It is ok to feel anxious or scared about going on camp. Take a deep breath and check in with a friend or teacher.



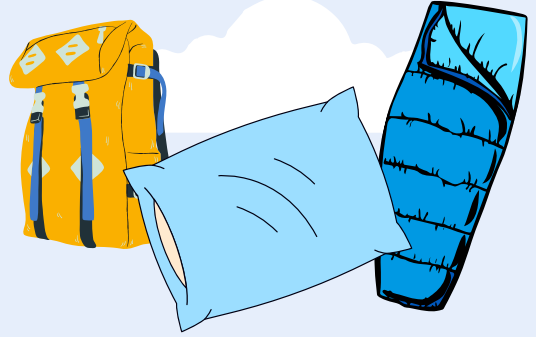
Just remember, at the end of camp, you get to go home and share all your fun stories with your family.



WHAT TO EXPECT:

1 Pack your bag

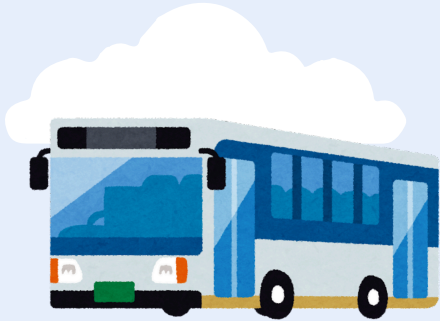
There is a checklist you can follow to help pack your bag. It is always best to have your bags packed the night before camp. Don't forget to include your pillow, a fitted sheet and your sleeping bag.



It is time for camp! There is no school today, but you still need to go to school to meet with your classmates and Teachers.



2 Taking the Bus to Camp



When going on camp, you will travel on a bus. Your bags will go under the bus, and they will be safe there. You will get them back once you arrive at camp.

You can take your pillow and backpack on the bus with you.

Wave Goodbye to your family, you will see them soon!

3 Embrace Flexibility



Sometimes the bus ride can feel long and windy. If you are feeling sick, make sure to tell your teachers.

Sitting next to a friend can make the time go fast.

4 Arriving at Camp Arrabri Lodge



When you arrive, your school will be greeted by Arrabri Staff and then everyone will work together to get the bags off the bus. Everyone will then sit down in the camp meeting area where Arrabri Staff will welcome you and go over the camp rules. It is very important to listen to the camp rules.

When you arrive, you will have time to eat your morning tea packed from home.

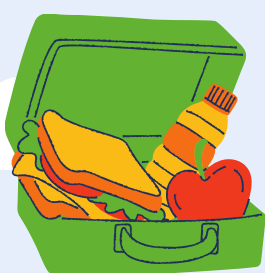
You will put your bags in your cabin. They will be safe there.

You will sleep in a room with your friends. There will be bunk beds in the cabin.

Only the people sleeping in your cabin can come into your room.

5 Walk and Talk

Arrabri's Camp Leader will show you and your teachers where all the activities are located and point out any out of bounds areas. Make sure to follow along and if you have any questions this is the perfect time to ask.



There will be time to have your lunch packed from home.

6 Time for Activities

After Lunch, you will hear a bell ring. When you hear the bell you will meet back in the meeting area, ready to start the group activities. On a hot day you will need your hat, drink bottle and sunscreen. On a cold day you will need your raincoat and drink bottle.

Remember, some activities may be new to you, so it is ok to feel scared. Ask questions and give it a go when you are feeling comfortable.



You will participate in group activities on the first and second day.

Stay with your group

Try new things

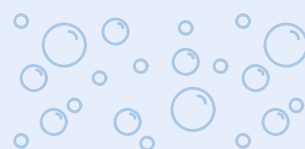
Ask lots of questions



7 Lunch and Tea Breaks

Morning tea, afternoon tea and lunch you will eat outside at the meeting area. Arrabri Lodge will provide all the meals. Your teachers will call you up when they are ready.

When activities are finished for the day, there will be time for some free play and a shower.



Make sure at shower time, you take your towel, toiletries and change of clothes into the bathroom with you.

8 Meals

For Breakfast and Dinner, you will sit in the dining room. Listen carefully to your teachers and kitchen staff, they will tell you how to come and get your food.



Remember when you are in the dining room:

1. Use your inside voice
2. Always use your walking feet
3. Stay seated at your table
4. Make sure you have your listening ears on
5. It is good to try new things



For Breakfast and Dinner, we use duty groups to help set up the tables and clear the dishes. If you are on duty group, listen to the Arrabri staff. They will tell you exactly what to do.



It's fun being a special helper!

You get to come into the dining room before everyone else does.

9 Nighttime Activities

On the first night you will get to do a Bush dance, followed by marshmallows at the campfire.



Bring along your torch for the nightwalk up to the campfire. You may spot a wombat!



On Night two, your teachers will decide on the activity you will be doing. It could be a movie night, a talent show or a disco.

10 Last Day of Camp

Rise and shine! Make sure to pack your bag and check if you haven't left anything behind. You will be taking the bus home, and your bags will be going under the bus just like on the way up.

After breakfast, you will meet in the meeting area and say goodbye to the Arrabri Staff. You will then load the bus and head off to one final activity with a picnic lunch packed by Arrabri.

You get to choose what you would like on your roll.

Your Teachers may have planned one last group activity for you to do on the way home.

I wonder what it could be!

Once you arrive back to school, your family will be waiting for you to take you home. You can tell them all about your camp experience!

