

# VOTE NOW

**SUICIDE: It's time we talked**



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***Suicide: It's Time We Talked** is a 35-minute play that addresses youth suicide in the online era and how young people can reach breaking point without their parents realising.*

Jessica's parents find suicidal comments on her computer when she climbs out her bedroom window. After giving her parents a scare, Jess discusses her concerns with them, including bullying and her friend Lindy's suicide. The message is one of understanding and hope.

Written by theatre veteran Alan Hopgood AM, the play is followed by a 30-minute Q&A with an expert panel including PoPsy director and positive psychology advocate Marie McLeod and headspace manager and mental health social worker Kirsten Cleland.

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## HOW TO VOTE

Voting is open until 5pm, Monday 17 September

- 1 Go to [pickmyproject.vic.gov.au](http://pickmyproject.vic.gov.au) and **REGISTER** at top right of the web page, follow the prompts to set-up an account using your email address.
- 2 You will receive a confirmation email, click on "confirm my account" in this email to complete the registration.
- 3 Log into your account to start voting!
- 4 To search for this project, click on the search icon in the top right corner of the web page and type in ***Suicide: It's Time We Talked***, then add it to your shortlist. Once you have three items added to your shortlist you can vote by clicking the **VOTE NOW** button.
- 5 Once you vote you will be asked to verify your phone number, you will receive a code via text and will need to enter it into the web page to complete the voting process.