

Centre for Community Child Health

SPECIALIST CLINICS RECEPTION D

Behaviour Clinic

Supporting children with
significant behavioural
and emotional problems

Contact us

Centre for Community Child Health

Reception D, East Building
Level 1 (via the white lifts)

The Royal Children's Hospital Melbourne
50 Flemington Road Parkville
Victoria 3052 Australia

TELEPHONE +61 3 9345 6180

FACSIMILE +61 3 9345 5034

EMAIL deskd@rch.org.au

www.rch.org.au/ccch

The Children's

Excellence in
clinical care,
research and
education



Behaviour Clinic

The Behaviour Clinic at The Royal Children's Hospital (RCH) Centre for Community Child Health (CCCH) supports children with significant behavioural and emotional problems that affect everyday family, school and social life.

You will be bulk billed for your appointment.
This means you will need a referral from your doctor.

The clinic is held on Wednesday mornings.

Behaviour problems

Children's behaviour develops and matures gradually over time, and can be affected by individual characteristics and by family and social situations.

Attention problems (e.g. ADHD), aggression, defiance, anxiety and poor self-regulation need to be assessed and managed to help children enjoy family life, socialise well and learn well at school.

Assessment and management relies on liaison with preschool, school and other health and education professionals. Parents are given strategies to help manage their child's behaviour.

Some children may require medications, which are carefully discussed with parents.

Some children may also be referred to appropriate community agencies to better understand their problems.

Behaviour Clinic staff

- consultant paediatricians
- senior paediatric trainees
- clinic coordinators

There might be teaching and research activities in the clinic while you are there.

Appointments

Making an appointment

You can make an appointment by faxing a referral to (03) 9345 5034.

Before making the appointment:

- **Do you have a referral from a doctor?**
You must have a referral and you must send your referral to us (fax to 03 9345 5034) before you can make an appointment. A referral from your GP is valid for 12 months and a referral from a specialist is valid for three months.
- **Does your child have a UR (Unit Record) number from The Royal Children's Hospital?**
If your child has attended the RCH before, they will have a UR number. If not, your child will be given a UR number at their first visit.

For enquiries, you can contact us by:

Email: desk@rch.org.au

Telephone: (03) 9345 6180