



CatholicCare

Diocese of Broken Bay

PARENTING PROGRAMS

Please note you do not need to be Catholic to access our programs. CatholicCare welcomes staff and clients from all different backgrounds and beliefs.

\$20

CIRCLE OF SECURITY

A 6 week attachment based program designed to enhance relationships between parent and child, better understand your child's behaviour, and how to manage their emotions.

Register here:
<https://form.jotform.com/220812582130849>

Fridays
29 April - 3 June 2022
11.00am - 12.30pm



via Zoom

\$20

TUNING INTO TEENS

A 5 week course to discover emotionally intelligent parenting. Learn how to communicate more effectively with your teenager, understand them better and how to help them manage their emotions

Register here:
<https://form.jotform.com/220520868050853>

Wednesdays
27 April - 25 May 2022
10.00am - 12.00pm

Artarmon Family Centre
Suite 404 Level 4
44 Hampden Road

\$20

TUNING INTO KIDS

A 5 week program for parents of primary school children on how to develop your child's emotional intelligence.

Register here:
<https://form.jotform.com/220520892488865>

Wednesdays
4 May - 1 June 2022
10.00am - 12.00pm



via Zoom

CONTACT US:

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