

FIRST READING

A reading from the prophet Isaiah

58:7-10

Thus says the Lord: Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

RESPONSORIAL PSALM

R./ A light rises in the darkness for the upright.

SECOND READING

A reading from the First Letter of St Paul to the Corinthians

2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the light of the world, says the Lord;

The man who follows me
will have the light of life.

Alleluia!

GOSPEL READING

A reading from the holy Gospel according to Matthew

5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'



AUSTRALIAN REFLECTIONS ON SYNOD'S WORKING DOCUMENT PUBLISHED

You may be interested to read that the Australian Catholic Bishops Conference (ACBC) have published a working document in preparation for two Synod of Bishops assemblies, set for October 2023 and October 2024. More information can be found at the following link: www.catholic.au/s/article/Australian-reflections-on-Synod-s-working-document-published

Our Lady of the Assumption Parish Cheltenham

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9 Centre Dandenong Road, Cheltenham. 3192

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Website: www.olacheltenham.org.au



Parish Priest: Fr Alan Fox

Psychologist: AnneMaree Eddy

St Agnes' Parish Highett

Parish Office: 9532 1794

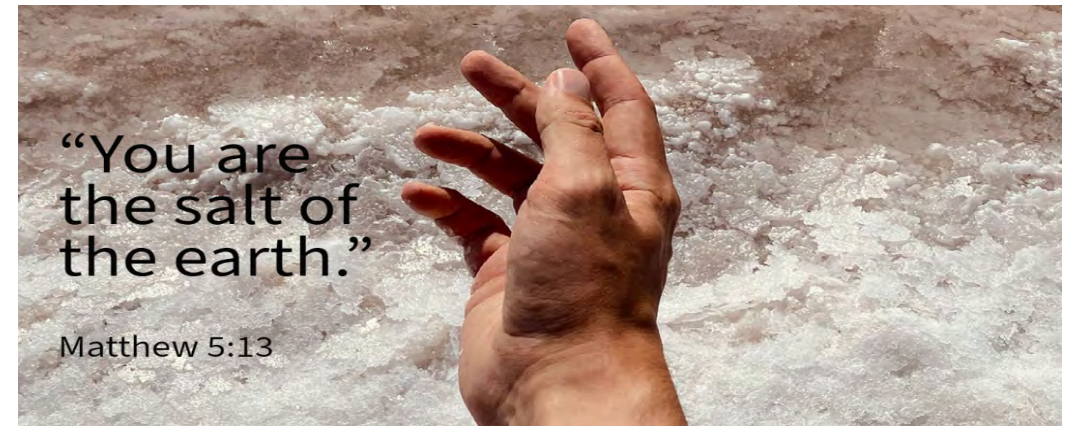
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FIFTH SUNDAY IN ORDINARY TIME YEAR A – 4th/5th FEBRUARY, 2023



Jesus employs two metaphors to characterise the essence of discipleship: salt and light. These metaphors point to what the disciples do for others rather than to what discipleship does for the disciples themselves. It is the Spirit and power of God that work the wonders, and God works them through mundane elements of life such as light and salt. True disciples are the light that shines forth in the darkness of ignorance or faithlessness. They enlighten others not by words but by their manner of living. Jesus teaches us that what we do flows from who and what we are. We can enlighten the world with the message of the gospel, because our lives have been transformed by that gospel and now we ourselves are light for others. We can serve others in various ways, only because we have been saved by God's grace and now we are agents of that grace in the lives of others. Our own renewal becomes the means through which God renews the world. We may not be asked to perform extraordinary feats, but all disciples of Jesus are called upon to do the ordinary things of life in an extraordinary way. It is this manner of living that declares to the world that the reign of God has indeed been established in their midst, and that the age of fulfilment has dawned.

Dianne Bergant CSA

PARISH PRIEST: CHELTENHAM / HIGHETT
Fr Alan Fox BH: 9583 6161 / AH: 9555 3557
Email: Alan.Fox@cam.org.au

PARISH OFFICE HOURS: 9583 6161
Monday - Friday 9am – 3pm
Secretary: Vino Krishnan
Accountant: Maureen Ryan

OUR SCHOOLS:
Our Lady of the Assumption 9584 9488
Principal: Mr Richard Jacques
Email: rjacques@olacheltenham.catholic.edu.au
St Agnes' Primary School 9532 0344
Principal: Mr Lachlan Foott
Email: foott@sahighett.catholic.edu.au

MASS TIMES – CHELTENHAM & HIGHETT
SATURDAY VIGIL & SUNDAY MASSES:
Saturday [St Agnes Church] 6:00 pm
Sunday [OLA] 9:00 am, 11:00 am

WEEKDAY MASS TIMES:
Tuesday [St Agnes Church] 9.00 am
Tuesday [OLA Church] 6.00 pm
Wednesday [OLA Church] 9.15 am
Thursday [OLA Church] 9.15 am
Friday [St Agnes Church] 9.00 am
Saturday [OLA Church] 9.00 am

COMMUNION SERVICE (except Public Holidays)
Monday [OLA Church] 9.15 am

SACRAMENT OF RECONCILIATION:
Wednesday 9:45 am
Saturday 9:30 am
i.e. following Mass (COVID-safe protocols apply)

BAPTISMS: Contact Parish Office: 9583 6161.

WEDDINGS: By appointment, 6 months' notice required. Saturdays or weekdays (not Sundays).

The clergy, employees and volunteers of our two parishes are committed to upholding a duty of care to all children, young people and vulnerable adults, taking all reasonable steps to protect children, young people and vulnerable adults from all forms of abuse and harm and commit to safeguard their health and well-being.

FIFTH SUNDAY IN ORDINARY TIME
Year A - 4th / 5th February, 2023

PRAYING FOR:
Rosemary Tranquille,

...and all those who have died recently.

WE ALSO REMEMBER:
Lucja Odrowaz, Rappai Thattil,
Don Clifford, Antonio Cesario,
Austin Francis, Malcolm D'Souza,
Monica Harris,

...and all who we remember about this time.

...and we keep in our prayers all who are currently unwell.

VOLUNTEERS: Please make sure that your WWCC/POLICE CHECK documents are current, that is, have not expired, and copies made available to the Parish Office.

UPDATE ON COVID RESTRICTIONS: General Guidelines from the Archdiocese (Update #61: 12th October, 2022) are available online at:

melbournecatholic.org/covid-19-guidelines

PARISH STEWARDSHIP: Thank you to all parishioners who continue to support both the Thanksgiving and Presbytery collections through your generous contributions. Both OLA & St Agnes are now registered for online contributions.

The **CDF Pay** link for **OLA, Cheltenham** is:
<http://bit.ly/CDFpayCheltenham>

The **CDF Pay** link for **St Agnes, Highett** is:
<http://bit.ly/CDFpayHighett>

Readings for this liturgical year from
Advent 2022 to Christ the King 2023 are
taken from Year A in the Lectionary cycle
universalis.com/australia.melbourne/1000/Mass



This Sunday 5th February, you're invited to stay and join fellow parishioners for a cuppa after the 9am & 11am Masses, in the OLA Church Meeting Room.



BAPTISMS THIS WEEKEND We welcome with joy, **Harrison Boot, Henry Anderson and Poppy Ryan**, whose Baptisms will be celebrated at **BAPTISM St Agnes'** this weekend.



CatholicCare VICTORIA



PASTORAL CARE APPEAL 2023 Next weekend is the Pastoral Care Appeal in the Archdiocese of Melbourne. Each year a special collection is conducted in all parishes, so that the vital work of the Catholic Chaplains can continue. The Chaplains support thousands of Victorians every year in hospitals, prisons and youth justice centres. Your gift can help people find comfort and hope as they go through some of their darkest times of their life. Please give generously. You can donate using the envelopes available or online at www.catholiccarevic.org.au or call (03) 9287 5513.



LENTEN PROGRAMME 2023: Any parishioners interested in participating in this year's Lenten Programme, are asked to please indicate day and time preferences on the sign-up sheets available in our church foyers. For more information contact the parish office on: 9583 6161 or email: cheltenham@cam.org.au.

OLA KNITTING GROUP will next meet on Tuesday 7th February at 1pm in the Church Meeting Room. All are welcome. We would like to extend our gratitude and appreciation to Barbara Torley for her tireless dedication to the group and its valuable fundraising for St Vincent de Paul. We wish Barbara and Bill all the very best for their upcoming move to Tasmania.



ARCHDIOCESAN NEWS For all the latest news of what's happening in the Archdiocese of Melbourne, including the announcement that the Archdiocese will be hosting the 'Australian Catholic Youth Festival' in 2024, please visit: melbournecatholic.org/news



ST BEDE'S COLLEGE
MENTONE CAMPUS OPEN DAY
WEDNESDAY 1 MARCH 2023

Enrolments open to all Year 5 students who will be entering Year 7 in 2025.
Everyone welcome to view the College.
Bookings: www.stbedes.catholic.edu.au
Tour bookings are essential.



Mentone Campus 2 Mentone Parade, Mentone VIC 3194
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