18th July, Thursday, 2024

Dear Grade 5/6 Parents,

The Year 5/6 Camp at *Phillip Island Adventure Resort* is fast approaching from Monday, 12th August, to Wednesday, 14th of August, 2024. Phillip Island is approximately 2½ hours from Coburg. We have finalised the cost of the camp, which is \$350 per student.

Your child's Permission and Medical Consent Form, Confidential Medical Information for School Camp Form, Camp Activities and Permission Form are included with this letter and permission for camp. The total cost for camp is due by Wednesday, 7th August, 2024. Payment can be made at the school office.

An overview leading up to camp is as follows:

**Thursday, 18th July:** Permission and Medical Consent Form (blue), Confidential Medical Information for School Camp Form (pink), Camp Activities and Permission Form (yellow).

Wednesday, 31st July: All forms must be returned to school.

Wednesday, 7th August: Camp payment of \$350 due to the school office

Monday, 12th August: Leave St. Bernard's at 9:30 am for Phillip Island Adventure Resort

Wednesday, 14th August: Return to St. Bernards by 3:30 pm

Students will travel by bus to and from camp. St. Bernard's staff members will supervise the students at all times, and staff from Phillip Island Adventure Resort will also supervise students during certain activities.

# \*\*Please Note

We will stop for lunch on Monday, August 12th, at San Remo. Students need to bring a snack, lunch, and a drink. All other meals for the camp are supplied. The food provided is plentiful, so children **do not need to bring extra snacks and lollies.** 

All students need a completed **Confidential Medical Information Form**. Any students who have additional health needs must also have an up-to-date Medical Management Plan detailing any specific requirements to attend camp. If your child requires any type of medication to be administered, a **Medication Authority Plan** must also be completed. These forms can be collected from the class teachers. There are new requirements for administering any and all medication whilst on camp. Please carefully read the medication information in the **CONFIDENTIAL MEDICAL INFORMATION FOR SCHOOL CAMP**.

If your child is unwell in any way, they should not attend camp. Should a student show any symptoms of being unwell whilst at camp, parents will be contacted and required to pick up their child immediately.

The following is a list of items students will need for camp. All belongings should be clearly labelled with your child's name.

# WHAT TO BRING

## Clothing

- Underwear (socks, jocks, thermals)
- Warm waterproof jacket
- Comfortable clothing for activities
- Shirts / T-shirts
- Long pants and long-sleeved shirt
- Jumper
- Pyjamas
- Rain Coat
- Gloves, beanie, warm jacket
- Cap/Hat

#### **Footwear**

- Comfortable closed-toed shoes for activities
- Closed-toed shoes for water activities
- 2 pairs of runners/sneakers (an old pair for canoeing)

## **Toiletries**

- Toothbrush and toothpaste
- Shampoo and conditioner
- Soap
- Towel
- Hairbrush
- Tissues

# Other

- Water bottle
- Sunscreen SPF 15+ / sunglasses
- Plastic bags (multiple) for dirty clothes

# **Bedding**

- Single bed fitted sheet
- Pillow slip & pillow (pillows provided)
- Warm bedding (e.g. sleeping bag or doona)

The following are **NOT** permitted on camp. It would be appreciated if parents checked this.

- Mobile Phones
- Smart Watches
- Electronic Games
- iPads or electronic devices aside from a handheld camera
- Inappropriate Clothing
- Sporting Equipment (provided)
- Money
- Food: including lollies, chips and nuts.

## **Luggage Requirements**

Where possible, sleeping bags should be in cases/bags. If packed separately, they are to be clearly labelled. Students are expected to be responsible for their own belongings and must be careful not to overpack or bring a bag that they cannot carry themselves.

#### **Asthma**

Any children who suffer from asthma must carry their own asthma puffer at all times. Ensure the Asthma Medical Form has been completed and given to teachers.

## **Anaphylaxis**

Anaphylactic children must have their own epi-pen with them at all times. The St Bernard's staff group leader will carry these.

Thank you for supporting this wonderful camp program. If you have any questions, please do not hesitate to contact any of the 5/6 teachers.

Kind regards, Bridget Morris, Nick Flavel and Joshua Fedele