



LIVING WITH ADHD/ADD

5 week parenting program bringing together parent carers living with a child with ADHD/ADD

Are you the parent or carer of a child who has ADHD/ADD?

This free 5-week parenting program is an opportunity to ask questions about ADHD/ADD and consider a variety of approaches/strategies to help with parenting.

The group is free of charge and a diagnosis isn't necessary, but bookings are required.

WHEN:

Thursday 10:30am-12pm Term 2 2023
May 11th-June 15th (weekly for 5 weeks)

WHERE:

Online - Via Zoom

COST:

Free of charge for parents in the Eastern Suburbs of Melbourne (Bookings essential)

BOOKINGS:

To register please click on this link

If you'd like more information, feel free to contact Michelle on 0438 646 744

