

girl talk



AESPA'S KARINA AND ACTOR LEE JAEWOOK NEW
COUPLE?



Young people should be able to wear whatever they want without the Boomers judging them.

Have you ever felt judged just because of what you choose to wear? For many young people today fashion is not just about cloth, it's a form of self-expression. But despite this, some boomers still cling to outdated ideas of what is 'appropriate' or 'acceptable'. Why should anyone feel bad for wearing clothes that represent who they are? It's time for society to stop judging, people for their fashion choices and to embrace personal freedom. Fashion should be about expressing individuality, reflecting changing trends and promoting respect for others.

One of the biggest reasons people should be able to wear whatever they want is that fashion is personal. Clothes allow people to express their personality, interests and sometimes even their culture. For example, wearing bright, colourful outfits might show a fun, exciting creative personality while others might choose clothing inspired by their heritage. When people are judged for their style they are being judged for expressing who they truly are. Why should anyone be denied the freedom to show their personality through fashion? Each person deserves the right to wear what makes them feel comfortable and confident.

Fashion trends are constantly changing. Each generation has its own unique style that is often misunderstood or criticised at first. Think back to the 1960s when mini-skirts first became popular. They were considered shocking at the time, yet today they're just another style option. Similarly, ripped jeans, crop tops and other trends might seem surprising to some but they're simply part of today's fashion. What seems new or unusual now may become mainstream in the future. Older generations also had trends that were seen as strange at the time so it's unfair to judge young people for following the trends of their generation.

Judging people for their clothing prevents them from being themselves. When people feel judged they may feel pressured to dress differently just to fit in or to avoid criticism. This can lead to discomfort and even affect their confidence. This can lead to discomfort and even affect their confidence. Imagine how much more inclusive society would be if everyone felt free to wear what they wanted without fear or judgment. Today many schools and workplaces are starting to accept a wider range of dress styles recognising the importance of individuality. By respecting people's choices in clothing we create a more supportive understanding environment for everyone.

Lastly, people should be able to wear whatever they want without facing judgement, especially from older generations. Fashion is a form of self-expression, trends always include everyone who deserves the right to feel comfortable in their own clothes. Judging others based on clothing is really outdated and it is time for us to move towards a more accepting and respectful society. Let's allow everyone the freedom to express themselves through fashion without the fear of criticism. Imagine a world where everyone feels free to dress as they like. Wouldn't that make our world a kinder and more positive place for all?

A message for fans

Imagine having every detail of your life being watched, judged and criticised by thousands of strangers! Think about how exhausting and overwhelming that would be. This is the reality for celebrities; this is their life; so is it fair to invade their privacy just because they are famous?

You obsessed fans need to calm down and mind your own business. Who cares if they are or are not dating this person? Who cares if they have an ex or smoked? They shouldn't have to listen to you haters projecting your dumb opinions on how they should live. If you post hate on social media or you see your fave star and start posting their location and photos they did not consent to, have you stopped and thought about how dangerous that could be? Like, imagine you're out chilling and then all of a sudden strangers start coming at you trying to get photos or randomly touching you. Now how would you feel? Suffocated? Isolated? You would feel so overwhelmed you could faint. K-pop idols or actors that try to get out of the airport, literally leave them be, don't swarm around them like bees. You fans that rush up to them and then complain about getting pushed and shoved by security guards are the reason they have to have security - like use your brain.

I am never gonna forget how RIZZE fans thought they had the AUDACITY to send funeral wreaths to a 17-year-old, Just because Seunghan had an ex-girlfriend and smoked. It was his choice you have no right to tell him what to do. The fact that all of this was in the past before he became an idol and fans still decided to lash out on social media.

Blackpink Jennie and Kai from EXO also had their photos shared around the internet after they went out. They did not consent to any of the photos and were just trying to enjoy their time. Fans didn't have the didn't have the right to publicise their relationship, if they wanted to they would have made it public otherwise they had a reason to keep things private.

Aespa's Karina and actor Lee Jae Wook decided to announce their relationship to the public because they decided to let us know. But instead of you guys supporting fans criticised their relationship and they ended up sending apology letters. Does it make any sense to you if you had a partner and then had to apologise for dating them? They made a choice to share this with you, a stranger who they know nothing about, who are you to tell them to break up?

Obsessed fans think they have control over their favourite stars. Fans think they are just being protective and showing love but harassment is harmful even if it's not meant to be. Rumours that are made up or exaggerated can greatly affect a person's mental and physical reputation, one they spent hard work building all for it to disappear with one rumour. It can ruin relationships around that person, and people that they care for. Stars shouldn't feel like they are walking on eggshells when going outside or spending time alone. Celebs just want to enjoy what they like to do and not your opinion on what's best for them.

Just because someone is famous doesn't mean their personal life is for everyone to see or judge. Respecting boundaries helps keep things healthy and avoids putting too much pressure on them. Everyone deserves space, even if they are famous.

Trump's 2024 Victory: A Threat to Women's Freedom and the Future of Young Girls Worldwide

Imagine living in a world where an election can fundamentally alter your daily life, shape future opportunities, and challenge the way you perceive yourself, especially as a teenage girl.

If Donald Trump wins the 2024 election, the rights of women, particularly their reproductive rights, are in serious jeopardy. For teenage girls, this 'victory' could reshape how they are seen in society, diminishing their access to freedom and autonomy. What does this mean for young women stepping into adulthood? How will this affect their sense of agency, not just in America, but globally? The threat of losing basic rights like access to abortion is a direct challenge to self-determination and the future of women everywhere. Trump has consistently shown his strong support for anti-abortion policies, especially during his previous presidency. He advocated for the overturn of *Roe v. Wade*, a landmark decision that protects the right to choose an abortion, and pushed for a federal 20-week abortion ban, which, despite failing, highlights his firm stance. This agenda doesn't only impact America—it sends a dangerous message to the world, encouraging other nations to adopt restrictive reproductive laws, ultimately limiting the freedom and rights of women, especially young women and teens who may be unprepared for motherhood. Trump's influence on reproductive rights poses a global threat, setting back women's rights, which are fundamental to gender equality and personal autonomy.

Donald Trump's stance on abortion jeopardizes women's rights not only in the U.S. but across the globe. While many women around the world strongly oppose his views, the influence of his policies reverberates internationally. Even Melania Trump, in her 2024 memoir, expressed a stark disagreement with her husband's position on abortion. She writes, "Why should anyone other than the woman herself have the power to determine what she does with her own body? A woman's fundamental right of individual liberty, to her own life, grants her the authority to terminate her pregnancy if she wishes." This position clashes directly with Donald Trump's anti-abortion stance, which seeks to strip away personal freedoms for women. The global consequences are frightening. For example, in Queensland and South Australia, a vote on abortion restrictions was narrowly defeated in 2024. Despite this setback, some political figures, like Liberal MP Ben Hood, continue to push for restrictive laws. This troubling development reminds us that women's rights are still at risk worldwide, not just in the U.S. It's a terrifying thought that we may be losing ground on the progress women have fought for—and it feels like we're sliding backward in time.

Trump's supporters amplify harmful, dehumanizing rhetoric that further threatens women's rights globally. In November 2024, far-right figure Nicholas J. Fuentes posted a video on social media that said, "Your body, my choice," followed by other offensive remarks, like "Hey bitch, we control your bodies." These comments were not only widely criticized by women but were also echoed by some men, showing that the issue is not just political but cultural. The spread of such harmful attitudes isn't limited to the U.S.; these ideas have found their way into Australian social media, where conservative figures like Gina Rinehart have publicly supported Trump's ideology. The reality is painful: women are increasingly seen as objects to be controlled, their bodies a battleground for ideologies that don't respect their autonomy. Seeing other women embrace these views is equally disheartening. When women say things like "Women are not fit to be leaders," it's a reminder of how much progress we still need to make. Women have fought for so long to be seen as equal, only to have their rights threatened by regressive views gaining traction under Trump's leadership.

Opponents of abortion often argue that it is a form of murder, but this view fails to consider the devastating consequences of denying young women access to reproductive health care. Teenagers are not always prepared for the realities of pregnancy, and many are not ready to become parents. Teenage pregnancies can disrupt a young woman's life, jeopardize her education, and prevent her from achieving the independence and opportunities she deserves. Without the option of abortion, young women would face increased financial and emotional burdens, with little support to provide for a child they were not prepared for. The reality of teen pregnancy is complicated. The stigma around young women who become pregnant often leads to them being labeled as "irresponsible," further perpetuating shame and marginalization. This situation is even more dire when considering the high rates of sexual violence. For example, in Australia, one in five women will experience sexual violence in their lifetime. If abortion is restricted, the consequences for victims of rape are catastrophic—forcing them to carry pregnancies to term against their will, further stripping them of their autonomy. The idea that abortion bans protect life fails to acknowledge the very real, human consequences for women who are not ready to be mothers. Denying them the choice puts their lives at risk, forcing them into situations where they may face extreme hardship, shame, and isolation. The 2024 election poses a critical threat to women's rights, both in the U.S. and globally.

The stakes of the 2024 election are too high for women's rights to be taken for granted. If Donald Trump is re-elected, the future of young women, not just in America but across the globe, will be shaped by policies that strip away our right to choose and control our bodies. It's as if the progress we've made over decades could be undone overnight. Women everywhere are being forced into a corner—whether they're teens facing unplanned pregnancies or adults fighting for autonomy over their reproductive health. We cannot afford to go backward. We must continue the fight for reproductive rights, not just for ourselves, but for all women who will come after us. This must change.

Vanille Enchantée

BY CYRS



Vanille Enchantée is a warm and sophisticated fragrance with vanilla at its core, caramel notes for sweetness, creamy musk for depth, and orchid floral accents for refined sweetness. It's a sensual yet graceful scent, perfect for those seeking vanilla comfort with elegance and allure.

Is Bingchillin worth it?

Yes, absolutely! Bingchillin is a hella good shaved ice cafe. Bingchillin sells a Korean dessert called Bingsu, which translates directly to “frozen water”. Bingsu is a traditional Korean dessert made from finely shaved ice that comes with a variety of sweet and flavourful toppings similar to toppings you would get in milk tea or Fro-yo.

Bingsu used to be made of natural ice in the olden days and would be eaten with red bean which in Korean is called pat-bingsu. After the Korean War, Bingsu became more diverse and Westerners started adding their own toppings and sweets on top and have become the Bingsu we know now. Many people started using frozen flavoured milk as the main base instead of shaved ice as ice had no flavour and sweetness.

Bingchillin, located at 3/398 Lonsdale St, Melbourne VIC 3000, is a great cafe with lots of space inside to sit and chill with the girls. It is a nicely air-conditioned space and offers free water which is SO good as some places don't sell water or are overpriced.

The prices are reasonable and a lot cheaper than other Bingsu places. Bingchillin sells a large bowl and toppings for only \$16 while other places like Sulbing and Bingsoo are over \$20 some going for \$26 (Crazy for some ice). You can order online at the table by scanning the QR code in the corner or cash upfront, making it easy for people who prefer cash.

The seating is comfy and even has multiple types of tables for if your sitting with a large group of people. The inside has white and light brown tables making it great for Instagram pics and is easy on the eyes, unlike Bingsoo which is bright pink with bright lights that could make your eyes sore.

The Binsu at Bingchillin gives you a generous amount of shaved ice with the softest cream on top. The cream I had with the milk tea base was not too sweet and it complemented the Thai milk tea flavour. The toppings are always so flavourful and the texture of the pearls are soft and chewy just like they were freshly cooked out of the pot. The fruits are refreshing and cold with a slight sourness to them. Bingchillin has all the different types of drinks and has Matcha!

For all the matcha lovers they have matcha drinks and a matcha Bingsu you guys should definitely try!

The service and atmosphere are so chill and friendly. The cashiers are very cheerful and customers are all not too loud and everyone minds their own business making it easy to relax on a hot day.

Bingchillin overall is a nice relaxing place for friends and family on a hot or cold day. Great place for foodies and dessert lovers who like east asian cuisines, and if you are a milk tea lover you might like to try Bingsu.

Bingsu is an easy and trendy dessert and very Instagrammable even if you aren't good at taking photos you can never get a bad photo of Bingsu.

If you want to visit this amazing place I definitely recommend the Thai milk tea Bingsu and if you prefer something sweeter you should try the black sesame one. 10/10 experience, perfect for a gossip sess over some delicious Bingsu.

Hidden Figures: The Untold Stories

Hidden Figures, a 2016 film directed by Theodore Melfi, tells the remarkable story of Katherine Goble, Dorothy Vaughan, and Mary Jackson—three African-American women whose groundbreaking contributions to NASA helped propel the United States into space. Set in the racially segregated 1960s, the film focuses on the racism and sexism these women faced while pursuing their passion for science and mathematics. Through its inspiring narrative, powerful performances, and a blend of humor and gravity, Hidden Figures not only highlights an untold chapter of history but also celebrates the resilience and brilliance of its revolutionary protagonists.

"Hidden Figures" is a film that tells the story of three African-American women, Katherine Goble, Dorothy Vaughan, and Mary Jackson, who contributed significantly to NASA's early space missions during the 1960s. The film, set in a time of racial segregation and gender inequality, balances historical context with an engaging narrative that highlights the struggles and triumphs of its protagonists. The film effectively blends serious themes like racism and sexism with humor and hope, providing an emotional yet uplifting experience for viewers. Hidden Figures is a film that portrays three main characters - Katherine Johnson, Dorothy Vaughan, and Mary Jackson - with depth and authenticity. Taraji P. Henson portrays Katherine as a mathematician who overcomes racial and gender biases to calculate critical flight trajectories for NASA missions. Octavia Spencer portrays Dorothy as a resourceful and leadership figure who transitions from a self-taught programmer to the first African-American supervisor in NASA's history. Janelle Monáe portrays Mary as the first African-American female engineer despite legal and societal barriers. Their inspiring stories demonstrate that courage can change history.

Hidden Figures is a film that beautifully blends cinematography and soundtrack to create an inspiring narrative. The cinematography, led by Mandy Walker, captures the 1960s' optimism and struggles through a warm visual palette. The film's lighting and camera angles highlight the characters' emotional journeys, while wider shots showcase NASA's space missions. Period-appropriate set designs and costumes are also beautifully framed to immerse viewers in the historical context. The soundtrack, composed by Hans Zimmer, Pharrell Williams, and Benjamin Wallfisch, combines orchestral and contemporary elements to create an uplifting and dynamic auditory experience.

Pharrell's contributions, including original songs like "Runnin'" and "Crave," reflect the protagonists' determination and vibrancy. Together, the cinematography and soundtrack elevate Hidden Figures into a visually stunning and emotionally resonant celebration of courage and innovation.

Hidden Figures is a film that explores themes of perseverance, equality, and the transformative power of education and intellect. It highlights the achievements of Katherine Goble, Dorothy Vaughan, and Mary Jackson, highlighting the importance of breaking barriers in male-dominated fields like STEM. The film encourages women and people of colour to believe in their abilities and the power of brilliance to overcome obstacles. It demonstrates that gender and race should not define one's potential, fostering confidence and ambition. The film encourages girls to challenge inequality, pursue passions fearlessly, and envision a more inclusive world.

Hidden Figures is a standout film from a reviewer's perspective because it skillfully combines historical accuracy with an engaging and accessible narrative. The movie sheds light on an important but often overlooked chapter of history, providing a fresh perspective on the space race by focusing on the unsung contributions of African-American women at NASA. Its ability to balance serious topics like racism and sexism with moments of humor and warmth makes it both thought-provoking and entertaining. The direction by Theodore Melfi ensures that the story flows smoothly, while the attention to detail in the cinematography and set design immerses viewers in the 1960s. Additionally, the film's strong performances and uplifting soundtrack enhance its emotional impact, making it a well-rounded and impactful piece of cinema.

Why Gilmore Girls is still relevant

The best comfort show, Gilmore Girls, was created by Amy Sherman-Palladino and centres on Lorelai and Rory Gilmore, a quirky mother-daughter duo who live in the charming and quiet town of Stars Hollow. The show, well-known for its clever humour, likeable characters, and emotional moments, makes it easy to binge and leaves you wanting more. Gilmore Girls is all about girl power, urging you to follow your aspirations and be true to yourself no matter what life throws at you. This goes beyond the humour and the small-town drama.

Lorelai Gilmore is the ideal representation of independence and ambition. To raise her daughter, Rory, in her own way, she separates from her rich but controlling parents. As a single mother and a complete boss with her own company, Lorelai demonstrates that true success comes from making your own decisions, even if they go against what people think, by building a contented, comfortable life for herself and Rory in Stars Hollow. She is a smart, hard-working, single mother, which makes her character a fan favourite.

Rory Gilmore's academic journey shows how hard work and determination pay off. From slaying it at the prestigious Chilton preparatory school to getting into Yale, Rory proves that you can achieve big things with focus and drive. Dreaming of becoming a journalist, she faces challenges head-on with courage and purpose. Rory's story is super inspiring, reminding us that chasing your dreams and pushing past obstacles is totally worth it, making her character a total role model for us teenage girls.

The series goes deeper into Lorelai's complex relationship with her mother, Emily Gilmore, and portrays many perspectives on women. Emily reflects traditional values and societal expectations, whereas Lorelai takes a more modern and independent attitude. The way they clash highlights the difficult decisions that many women confront when attempting to combine their own goals with family and social expectations. As their friendship grows, Emily and Lorelai's relationship portrays themes of love and family.

Ultimately, Gilmore Girls honours young women's courage, independence, and creativity, which is why it remains popular today. The stories of women across generations, Rory's continuous drive, and Lorelai's fiery independence all strike a chord because they seem so real and relatable. I would 100% recommend the show to friends and family. Its blend of humour, and themes of friendship, family, and strength makes it easy to watch, demonstrating that powerful stories about women are always on trend.