

20 life skills every kid needs

Money management

Teaching money skills to your children will promote habits that will serve them well for their entire lives

Self Motivation

You can help your child develop self motivation by recognising their achievements & by tapping into their why and passions

Communication Skills

Practising communication skills with your kids will make them more confident as they get older.

Goal Setting

Goal setting is critical for developing grit and will teach your kids to take responsibility for their own behaviors and learning. it promotes a "can-do" attitude and will form a powerful lifelong habit

Growth Mindset

A growth mindset fosters motivation, resilience and persistence. A fixed mindset kills it. Children who believe that intelligence lies with the genetically blessed are quicker to give up, believing that if they can't do something, it's because they aren't smart enough.

Resilience

You can help your child develop self motivation by recognising their achievements & by tapping into their why and passions

Positive Mindset

When it is nurtured, positive thinking is a powerful coping tool and helps build resilience in a child. Parents can encourage positive thinking by modelling it in their own life.

Organisation

Organization skills allow kids to come up with a plan and follow through to get work done. Tools like checklists and planners can help kids get more organized.

Time Management

Helping your kids prioritise their day is something they can use throughout life and will help them get the most important tasks done daily and weekly.

Creative thinking

Creativity fosters mental growth in children by providing opportunities for trying out new ideas, new ways of thinking and problem-solving.

Problem solving

Problem-Solving skills build confidence. Kids learn to look at challenges from a fresh perspective therefore, take more calculated risk and will learn to manage time and develop patience.

Decision Making

When children learn the decision making process steps, they make more responsible decisions. This prepares them to make big decisions that impacts their future.

Self belief

Self belief helps kids to trust themselves and have confidence in your own skills and abilities which will help kids do better at school, at home, and with friends.

Empathy

Helping children to develop a strong sense of empathy will help them to build a sense of security, stronger relationships with people around them and encourages tolerance and acceptance of others.

Self Awareness

When kids are self-aware, they understand that how they see themselves may be different from how others see them. Kids who are self-aware recognise their strengths and their challenges.

Emotional Awareness

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Critical thinking

It is important to teach children critical thinking skills. They help us to make good decisions, understand the consequences of our actions and solve problems.

Collaboration

Collaboration helps children to discover each others' strengths, interests and capabilities. As a result each child can develop a unique set of skills and knowledge in a fun and efficient way.

Focus

Learning self-control enables children to make good choices and respond appropriately in any situation to produce a positive outcome.

Facing a challenge

As children learn that they can effectively meet life challenges, they become less fearful about entering into challenging situations. Such children are less likely to avoid opportunity out of fear that they will not succeed, and thus ultimately more likely to succeed.