



## Integrative Filial Therapy for newly single mothers of young children.

(No children are involved in sessions – mothers only)  
While your kids ( 3-9 years old ) are at school or kinder.

AT NO COST TO YOU –

2 minutes from South Yarra train station.

| 10 session Integrative Filial Therapy in May (15<sup>th</sup>-30<sup>th</sup>) 2019 |

2 – 2.5 Hours Weekday Mornings |

For 2 Consecutive Weeks

Would you be interested to take part in developing  
new integrative therapeutic approach and in the process  
learn to play therapeutically with your child addressing behavior, fears, anxieties and  
strengthen your relationship with your child?

You would help us understand and learn: how INTEGRATIVE THERAPEUTIC FILIAL PROGRAM CAN MEET  
THE NEEDS OF NEWLY SINGLE MOTHERS IN STRENGTHENING PARENT-CHILD RELATIONSHIP  
and how it enhances the outcome results.

How will your participation help:

1. You will be invited to take part in a university research program in which you will be randomly allocated to one of two therapeutic Filial mother's groups.
2. You will be invited to provide your views on therapeutic programs for parents and share your thoughts during a short interview before and after the program.
3. Through your participation you will be provided with an opportunity to develop therapeutic skills and inform us in how they may contribute to the mother child relationships.

At the end of the program you will receive a Certificate of Participation.

Email your inquiry for further detailed information to  
[antoninagabov@hotmail.com](mailto:antoninagabov@hotmail.com) or call 0417151031