



Healthy & Respectful Relationships

Do you know what a healthy & respectful relationship looks like?

Family Life's Early Help Program have teamed up with Relationships Australia to learn about healthy and respectful relationships!

The workshop will focus on different relationships like families, friends and intimate partners and how we can make sure they're positive and healthy! We'll also discuss how to look after your own wellbeing when you're in a relationship!

When:

11am to 1pm Thursday, 11th of May 2023

Where:

Frankston North Community Centre, 26 Mahogany Ave, Frankston North VIC 3200

Cost:

FREE but bookings are essential and spaces limited

Eligibility:

Available to Families/Carers with Children 0-18yrs residing in Frankston City, Mornington Peninsula Shire, City of Kingston and Bayside City.

Book by clicking the <u>Eventbrite link here</u> or scan the <u>QR</u> code below



www.familylife.com.au













