



Surviving Separation

Are you in conflict with the other parent?

Would you like to:

Manage your parenting arrangements with less conflict?

Learn how to best support your children through separation?

- Learn better ways to deal with your emotions and theirs?
- Build communication skills for the future, for yourself and your children?

Come along, learn some skills to resolve conflict and connect with other parents about the best ways to co-parent, always putting your child's needs first.

When: Mondays - October 10th - December 5th inclusive (eight evening sessions, no session on October 31)

Time: 7.00pm - 9.00pm

Where: Online via Zoom

Who: Separated parents

Cost: Free (Bookings are essential)

Bookings: [Click here to register](#)

Questions: Julia at Parentzone
9721 3629 or 0400 866 495

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