



## Do you know a young person living in a veteran family experiencing mental illness?

The Australian Kookaburra Kids Foundation offers a range of free programs specifically developed to support young people between the ages of 8 and 18 living in veteran families impacted by mental illness.

Designed by clinicians, our programs empower young people with age-appropriate mental health knowledge, help-seeking skills and connections embedded within recreational settings.

### Refer someone

If you know a young person living in a veteran family who may benefit from our support, please refer them by visiting our website at:

[www.kookaburrakids.org.au/refer](http://www.kookaburrakids.org.au/refer)