



OPEN
8.30am
Wednesday,
Thursday &
Friday

Please enclose correct money,
child's name and classroom on
the envelope.

Online order:

www.myschoolconnect.com

Canteen Manager : Lynda

Ph: 0475 522 379

To promote healthy choices
our canteen food is rated

G = Healthy Choice


A = Choose Occasionally

V = Vegetarian

GF = Gluten Free

WINTER MENU

Recess Snacks

Fruit Cup.....		\$2.00	G
Apple Slinky.....		\$1.00	G
Muffins (assorted).....		\$2.00	G
Corn on the cob.....		\$1.00	G
Cheesies (bread with melted cheese on top).....		\$2.00	G
Piece of fruit (apple, pear, mandarin, banana).....		\$1.00	G
Dino Nuggets (4 per serve).....		\$3.00	A
Mini Pies (2 per serve).....		\$3.00	A
Mini Pikelets (3 per serve).....		\$2.00	A
Cup of 2min Noodles Beef or Chicken.....		\$2.50	A
Yogurt (vanilla & strawberry).....		\$2.50	A

Drinks & Icecreams

Flavoured milk (chocolate, strawberry, banana).....	\$2.50	G
Up & Go (chocolate, vanilla, strawberry).....	\$2.50	G
Water.....	\$2.00	A
100% Sparkling Fruit Juice Bomb.....	\$2.50	A
100% Fruit Juice Box (Apple/blackcurrant, orange, tropical)....	\$2.00	A
Vanilla Buckets GF	\$2.00	A
Icy poles.....	\$1.00	A
Frozen Juice tubes & Billabongs.....	\$2.00	G

Wednesday & Friday

Pizza Margarita, Ham/Cheese, Ham/Cheese/Pineapple V	\$5.00	G
Hamburger with Sauce.....	\$4.50	G
Cheeseburger.....	\$5.00	G
Hamburger & Salad (sauce, lettuce, cucumber, tomato).....	\$5.00	G
Chicken Sub (chicken strips x 2, lettuce, mayo).....	\$5.00	G
Fish Burger (crumbed fish, tartare sauce, lettuce).....	\$5.00	G
Lasgana.....	\$5.00	G
Spaghetti Bolognese.....	\$5.00	G
Fried Rice GF V	\$5.00	G
Liten Up Beef Cruiser Pie.....	\$4.50	A
Liten Up Sausage Roll.....	\$4.00	A
Macaroni & Cheese V	\$5.00	G



Thursday Only

Sushi (chicken, tuna or vegetarian) V	\$6.00	G
Soup & bread roll (spring vegetable or chicken noodle) V	\$4.00	G

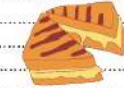


Everyday Lunches

Sandwich Roll/Wrap		
Vegetemite.....	\$2.50	G
Cheese.....	\$4.00	G
Egg.....	\$4.00	G
Salad.....	\$4.00	G
Ham.....	\$4.00	G
Chicken.....	\$4.00	G
Tuna.....	\$4.00	G
Ham & Salad.....	\$5.00	G
Cheese & Salad.....	\$5.00	G
Egg & Salad.....	\$5.00	G
Tuna & Salad.....	\$5.00	G
Chicken & Salad.....	\$5.00	G
Curried Egg/Lettuce.....	\$5.00	G
Salad Tray.....	\$4.00	G
(Add Chicken, Ham, Tuna or Egg = \$1 extra)		

TOASTED SANDWICHES

Cheese.....	\$4.00	G
Cheese & Tomato.....	\$4.50	G
Ham.....	\$4.00	G
Ham & Cheese.....	\$4.50	G
Chicken.....	\$4.00	G
Chicken & Cheese.....	\$4.50	G



COMBO PACKS

Spring Rolls & Potato Gems
(3 spring rolls, 8 potato gems, sauce) **V**
\$5.00 **A**

Dino Nuggets & Potato Gems
(4 nuggets, 8 potato gems, sauce)
\$5.00 **A**

Hotdog & Juice
(skinless frankfurts, sauce & fruit juice)
\$6.00 **A**

