



LYFT UP YOUR FAMILY GROUP

A program for parents & carers of young people (aged 12-25 years) who have challenging behaviours and may also be using alcohol and other drugs in a problematic way

- Are you concerned about your young person's risk taking behaviors?
- Are you struggling to communicate with your young person?
- Are you tired of yelling?

DATES:

14th October to 18th November 2020 (6 sessions)

Time:

6:00 to 8:00 pm

Where:

Online via Zoom (you will need access to a computer, tablet or smartphone with internet connection)

Cost:

FREE to attend however booking are essential

Contact:

rachelle.eddy@anglicarevic.org.au

PARENTZONE