

**HAMILTON (GRAY ST) SCHOOL**  
**ATHLETICS SPORTS**  
**TRACK EVENTS - Mitchell Park**  
**Monday 3<sup>rd</sup> MARCH 2025**

9:10am	Catch bus from school	
9:25am	Marshall for distance events	
9:35am	800m	12/13 Yr, 11 Yr, 10 Yr and then 9 Yr
10:20am	200m	8yr and 7yr (no lanes)
10:40am	200m	12/13 Yr, 11 Yr, 10 Yr, 9 Yr (Timed Heats)
11:15am	<b>BREAK</b>	
11:35am	Hurdles 60m (30cm)	7 yr hurdles (Timed Heats)
11:50am	Hurdles 80m (60cm)	12/13 yr and 11 yr Hurdles (Timed Heats)
12:15pm	Hurdles 80m (45cm)	10 yr, 9 yr and 8 yr Hurdles (Timed Heats)
12:45pm	Sprints 80m	7 Yr, 8 Yr (Timed Heats)
1:05pm	Sprints 100m	8 yr, 9 yr, 10 yr, 11 yr and 12/13 yr (Heats followed by finals)
1:50pm	<b>Pack up, Depart Mitchell Park</b> for School or Home with Parents.	

**FIELD EVENTS/ Prep Running Events/ Relays– At School**  
**Thursday 6<sup>th</sup> MARCH 2025**

**Junior Events (5-8 Year Olds) 9.10am – 11.10am**

**Senior Events (9-12 Year Olds) 11.40am – 1.40pm**

**5/6 Yr Old Running/ Year Group Relays 2.10pm – 3.15pm**

TIME	HIGH JUMP	DISCUS	LONG JUMP	SHOT PUT
9:10am	7 Yr Girls 7 Yr Boys		5/6 Yr Girls 8 Yr Boys	8 Yr Girls 5/6 Boys
9:40am	8 Yr Girls 5/6 Boys	7 Yr Girls 7 Yr Boys		5/6 Yr Girls 8 Yr Boys
10:10am	5/6 Yr Girls 8 Yr Boys	8 Yr Girls 5/6 Boys	7 Yr Girls 7 Yr Boys	
10:40am		5/6 Yr Girls 8 Yr Boys	8 Yr Girls 5/6 Boys	7 Yr Girls 7 Yr Boys
11:10am	<b>Break - Junior Students Recess</b>			
11:40am	12/13 Yr Girls 9 Yr Boys	10 Yr Girls 11 Yr Boys	11 Yr Girls 10 Yr Boys	9 Yr Girls 12/13 Yr Boys
12:10pm	9 Yr Girls 12/13 Yr Boys	12/13 Yr Girls 9 Yr Boys	10 Yr Girls 11 Yr Boys	11 Yr Girls 10 Yr Boys
12:40pm	11Yr Girls 10 Yr Boys	9 Yr Girls 12/13 Yr Boys	12/13 Yr Girls 9 Yr Boys	10 Yr Girls 11 Yr Boys
1:10pm	10 Yr Girls 11 Yr Boys	11 Yr Girls 10 Yr Boys	9 Yr Girls 12/13 Yr Boys	12/13 Yr Girls 9 Yr Boys
1:40pm	<b>Senior Students Lunch</b>			
2:10pm	5/6 Yr 60m hurdles (30cm, Timed Heats)			
2:25pm	5/6 Yr 60m Sprint (Timed Heats)			
2:40pm	Year Level Relays Prep – Yr 6			
3:15pm.	<b>Gray St Athletics Sports Finished</b>			