

INTERNATIONAL GOJU KARATE-DO



VICTORIA

SMARTER PERSONAL PROTECTION

5 WEEK SELF - DEFENCE COURSE - \$250

Work-shopping common acts of violence, participants will immediately benefit with improved knowledge and practical application of basic self-defence principles and techniques including awareness, de-escalation and aggressive behaviour management. Limited places!

COMMENCING:

WEDNESDAY 14TH JUNE 2023 FROM 6.30 - 7.30 PM

1 WOOD STREET, HAWTHORN VIC 3122

Bookings & Enquiries:

T: 0408 022 299 or info@sanseru.com.au