

Parenting Workshop

Kids and Anxiety

ALL KIDS HAVE SOME ANXIOUS MOMENTS. THIS WORKSHOP HAS TWO MAIN PARTS:

- LOOKING AT WAYS OF DEALING WITH THOSE MOMENTS
- BUILDING UP WAYS TO HELP AVOID HAVING THOSE MOMENTS

PRESENTER: REBEKAH BLEBY

WEDNESDAY 16 AUGUST

9:30 AM OR 7 PM

DURATION: APPROX. 50 MINS

WEST BEACH PRIMARY SCHOOL DRAMA ROOM

RSVP FRONT OFFICE BY TUESDAY AUGUST 15

