

ART ACTIVITIES

for the school holidays!

Activity 1: Shadow Drawing with Nature

Materials: Paper, marker or pencil + some natural materials from outside.

How to:

1. Find a piece of paper + marker or pencil and place it in a sunny spot on flat ground.
2. Get outside! Explore your backyard, nature strip or local park for leaves, branches, flowers or anything that takes your fancy.
3. Get drawing! Either place your found objects in something (like a mug or jar) to prop it up, hang it, or ask someone to hold it up to create a shadow on your paper.
4. Mindfully trace around the shadow as best you can!
5. Optional step: Colour in your shadow drawing with any materials you may have.



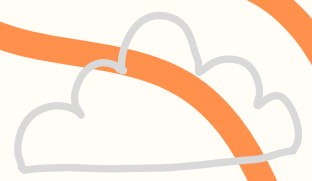
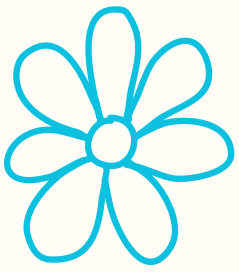
Activity 2: Colour Matching Hunt

Materials: Paper or an egg carton, coloured textas or pencils, and found objects from outside or around the house.

How to:

1. Use the paper or egg carton + coloured markers or pencils to create several clear blocks of colour (as pictured below).
2. Get searching! If possible, get into your backyard, nature strip or local park to search for naturally found materials that match each of the colours on your paper. Alternatively, you can search around the house to match different found objects to your colours.
3. Once you have found all of the colours on your page, place each object on top of it's matching colour. Well done, you've matched all your colours!
4. Optional: take a photo to share your work with your family, friends or teacher!





Activity 3: Painting with Nature

Materials: Water-based paint (eg. acrylic, tempera or poster paint), paint brushes, paint palette (eg. container lid, egg carton), cup of water, clothes that can get dirty, large piece of paper or cardboard to paint on top of, and naturally found objects!

How to:

1. Firstly, set up your painting station with your paint palette, water, paintbrushes, and paper or cardboard to paint on top of. You may choose to do this activity outside!
2. Start searching for natural materials such as leaves, flowers, bark, sticks and stones in your backyard, nature strip or local park.
3. Begin painting! You may want to use your natural materials to create paint stamps by painting the object and pressing it against the paper. You may want to use your natural materials as a paint brush, dipping it into the paint and exploring the pattern it creates. You may even want to stick your natural materials to the paper and paint on top of them!
4. Alternative: If you don't have paints at home, you can also use pencils or crayons to colour around your natural materials to create a fun and colourful artwork!



Activity 4: Rock Balancing

Materials: Different sized rocks from your backyard, nature strip or local park.

How to:

1. Get a breath of fresh air and jump outside to start searching for some rocks!
2. Search for big, small, medium sized rocks and collect them all in one spot.
3. Start balancing! Placing your largest rock on the bottom and slowly build up a stack of balancing rocks. See how tall you can get your stack. If it falls simply start over again.
4. Once you think you have balanced as many rocks as possible, stand back to appreciate your awesome rock stack. Balancing rocks isn't easy work! It helps us learn important dexterity skills, patience, and may also help to relax or soothe us.
5. Optional: take a photo to share with your family, friends or teacher!



Activity 5: Exploding Volcano



Materials:

- A clear bottle
- Spoon or stirring stick
- Large tray
- 1 tbsp dish soap
- 1/2 cup water
- 2 tbsp bicarb soda
- 1 cup vinegar
- Food colouring
- Funnel (optional)
- Animal figures (optional)



How to:

1. Put the clear bottle in the tray
2. Pour the dish soap, food colouring of your choice and vinegar into the bottle
3. Next add the bicarb soda and watch it erupt!
4. Play around with the eruption! Add different colours, more vinegar or bicarb, even add in animal figures or toys to interact with the volcano.

