



## Careers Newsletter

16 March 2022

**Disclaimer** – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

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### **JobJump - Parents and students please watch YouTube video and sign up**

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

**Parent information:** <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

### **iCanMed | Free UCAT Webinar: How to Finish Your UCAT Study During Term 1 & 2**

Thursday 17 March 2022, 5:00 pm - Friday 18 March 2022, 5:00 pm

Online

After surveying hundreds of our own ICM students who scored 95th percentile or higher in UCAT 2021, we found that they spent an average of 250 hours preparing for the UCAT. However, it wasn't just about the amount of time they spent on preparation—how they distributed their prep time and what they did during their UCAT study were also important factors that led to their exam-day success.

And of course, poor organisation or bad time management will also affect your ability to perform your best at school/university.

To help students succeed, iCanMed has broken down 100,000 UCAT exam questions to identify the key question types that are asked every year. By analysing trends and gaining a full understanding of how the exam works, we've developed rock-solid preparation strategies and plans that enabled our iCanMed students to average a 90th percentile, and a quarter of our students to score in the 95th+ percentile range (top 5%).

Find out more: <https://www.icanmed.com.au/finish-ucat-prep/>

### **WEP | Student Exchange Info Session**

Wednesday 23 March 2022, 6:00 pm - 7:00 pm

Online

Imagine making friends from all over the world, learning about yourself and the world around you and seeing sights you could only dream of! Find out more about your student exchange opportunities at WEP's online info session.

Find out more: [https://us02web.zoom.us/webinar/register/WN\\_fOMZFQu4RkKHxQzg2jzTqw](https://us02web.zoom.us/webinar/register/WN_fOMZFQu4RkKHxQzg2jzTqw)

### ACU | Talk with Teachers

Tuesday 5 April 2022, 6:00 pm - 7:00 pm

Online

Join us online to hear from ACU teaching alumni who are working in education. Take part in a Q&A session with our graduates and learn about their experiences going from the lecture halls to leading their own classrooms and how they make a difference to young people's lives.

Find out more: <https://www.acu.edu.au/about-acu/events/2022/april/talk-with-teachers>

### ACCE | Careers in the Water Industry – Student Session

Wednesday 6 April 2022, 11:30 am - 12:30 pm

Online

The Careers in the Water Industry student webinar is an opportunity to hear from people currently working in the Water Industry about their career paths, advancements they have seen in their industry, and current industry-specific labour market information to help identify in-demand skills and jobs.

Find out more: <https://ceav.vic.edu.au/shop/-careers-in-the-water-industry-student-session/c-25/p-5845>

### ACU | Talk with Lawyers and Criminologists

Wednesday 6 April 2022, 6:00 pm - 7:00 pm

Online

Join us online to hear from ACU alumni about their experiences working in legal practice and how they have made an impact. Take part in a Q&A session with our graduates to find out where a law degree can take you.

Find out more: <https://www.acu.edu.au/about-acu/events/2022/april/talk-with-lawyers-and-criminologists>

### ACU | Talk with Business and IT Professionals

Thursday 7 April 2022, 6:00 pm - 7:00 pm

Online

Join us online to hear from ACU alumni about their professional experiences after completing a business or IT degree. Take part in a Q&A session with our graduates to find out what your future could hold with one of these degrees.

Find out more: <https://www.acu.edu.au/about-acu/events/2022/april/talk-with-business-and-it-professionals>

### UTS | Intro to Computing Science

Monday 2 May 2022, 5:30 pm

Online

With an emphasis on next-generation technologies, computer scientists solve deep problems in computing. They theorise, design, develop and apply computing and software for advanced programs.

Gain an insight into what computing science is all about and find out if it's right for you. Hear from key academics about what it's like to study computing science at UTS and how best to prepare.

Find out more: <https://www.uts.edu.au/about/faculty-engineering-and-information-technology/webinars-demand/it-undergraduate-students/intro-computing-science-uts>

### UTS | Intro to Biomedical Engineering

Tuesday 3 May 2022, 5:30 pm

Online

Learn how biomedical engineering is driving revolutionary technological advances, transforming healthcare delivery and extending the quality and longevity of lives.

Gain an insight into what Biomedical Engineering is all about and find out if it's right for you. Hear from key academics and students about what it's like to study Biomedical Engineering at UTS and how best to prepare.

Find out more: <https://www.uts.edu.au/about/faculty-engineering-and-information-technology/webinars-demand/engineering-undergraduate-students/intro-biomedical-engineering-uts>

### SAE | Open House

**Byron Bay:** Thursday 5 May 2022, 6:00 pm - 8:00 pm

**Sydney:** Thursday 5 May 2022, 6:00 pm - 8:00 pm

**Online:** Sunday 8 May 2022, 1:00 pm - 3:00 pm

Open House is your one-stop event to experience SAE as a student. Whether you want to view student work, specific facilities, or chat with our experienced faculty or advisors, Open House is your chance to meet your people, and experience for yourself, SAE.

Register for Byron Bay: <https://sae.edu.au/event/open-house-sae-byron-bay/>

Register for Sydney: <https://sae.edu.au/event/open-house-sae-sydney/>

Register for Online: <https://sae.edu.au/event/virtual-open-house/>

### Kenvale College | Open Day 2022

Saturday 7 May 2022, 11:00 am - 1:00 pm

Kenvale College, Randwick

Travel the world with your taste buds as our students take you on a journey through local delights to exotic cuisines! We warmly welcome all to our Food Festival Open Day.

Our Open Day is the perfect opportunity for our current students to celebrate and showcase the skills and experience they've acquired with you all at this warm and fun event!

- Find out how you can fast track your career with paid work and study.
- Get first-hand advice from our current students and lecturers.
- Tour the campus and get your questions answered.

Find out more: <https://kenvale.edu.au/news-events/events/monthly-events/open-day-food-festival-2021/>

### AFTT | Acting High School Workshop

Tuesday 12 April 2022, 9:30 am - 5:00 pm

Academy of Film, Theatre & Television

This workshop is a great opportunity to visit our campus and experience the way we teach our students as we showcase acting in a concise one day workshop. This is a very hands on day where students will have a chance to interact, use state of the art equipment and learn new techniques.

Explore an introduction to the Morris Technique preparation exercises, coupled with improvisation and script work in the AFTT theatre. You will also have the chance to apply acting techniques whilst performing on camera and collaborating with peers to write, perform and shoot your very own single shot short film.

Find out more: <https://www.aftt.edu.au/events/high-school-workshops/acting-high-school-workshop>

### AFTT | Film High School Workshop

Wednesday 13 April 2022, 9:30 am - 5:00 pm

Academy of Film, Theatre & Television

This workshop is a great opportunity to visit our campus and experience the way we teach our students as we showcase acting, film and theatre production in one-day workshops. This is a hands-on day where students will have a chance to interact, use state of the art equipment and learn new techniques.

Using AFTT's industry-standard film gear, students will be taught the basics of film making and post-production workflow. An industry professional tutor will guide them through the process, setting a strong foundation on which they can easily build upon.

Find out more: <https://www.aftt.edu.au/events/high-school-workshops/film-high-school-workshop>

### AFTT | Theatre Production High School Workshop

Thursday 14 April 2022, 9:30 am - 5:00 pm

Academy of Film, Theatre & Television

This is a fantastic opportunity to participate in a one day work shop at AFTT. Gain hands-on experience in every facet of Theatre Production, from Stage Management to Lighting & Sound design and operation. Participants will be guided by our team of professional industry specialists through a step by step process in how to produce a Theatrical Performance, culminating in the hands-on running of the show.

Find out more: <https://www.aftt.edu.au/events/high-school-workshops/theatre-production-high-school-workshop>

### NIE | Medical Interviews Preparation Workshop, Online

Saturday 7 May 2022, 10:00 am - Sunday 8 May 2022, 4:00 pm

Online

The unique NIE workshop program aims for students to gain an in-depth understanding and required knowledge of the medical interview processes for specific universities, including Multi-station Mini Interview (MMI), Structured, and Semi-structured panel interviews. The workshop is structured and based on the models that are taught during our proven one-on-one personalised medical interview

sessions. The workshop will allow each and every attendee to learn the required skills and practical understanding for the university from which they received an interview offer from.

Find out more: <https://www.nie.edu.au/medical/umat-interviews/medical-interviews-workshop>

### BiG Day In 2022, Port Macquarie

Wednesday 8 June 2022, 9:00 am - 2:30 pm

Charles Sturt University, Port Macquarie Campus

The BiG Day In events are aimed at senior secondary school and university students interested in careers in ICT and technology. BiG Day In helps students obtain more information about ICT and technology careers, and hopefully helps them make a better informed decision about their future. BiG Day In events are held on University campuses around Australia (where possible) to give students an insight into what 'university life' might look like.

Find out more: <https://www.thebigdayin.com.au/portmacquarie2022>

### The Best Australian Yarn 2022

The West Australian and Minderoo Foundation present The Best Australian Yarn, a search for Australia's best short story. It is a celebration of creative writing and the arts across Australia. Everyone has a story to tell, and now we are calling on Australians everywhere to put pen to paper and take part in the world's richest short story competition for published and unpublished writers. Your story doesn't have to be long, just 1500 – 2500 words. Anyone can enter – published and unpublished writers, students, anyone over the age of 12.

There is a prize pool of \$50,000 to be won across a range of categories.

**Entries close on Tuesday May 31, 2022.**

Find out more: <https://bestaustralianyarn.com.au/>

### CSIRO Circular Fibres Pitchathon

Fibres and textiles are fundamental to how well humans live and flourish. We are seeing impacts of fibres and textiles on people, the environment, and economies – positive and negative. We are also seeing big changes in how fibres and textiles are made, used, and disposed of. There are now shifts towards closed-loop systems, away from linear-systems, in resource flow and energy use.

Open to High School, and TAFE/Undergraduate Students, the Pitchathon is a challenge to generate and pitch an idea for sustainable fibres and textiles. In a 3 minute pitch video, we want to hear your ideas for:

- Redesigning fibres
- Lessons from First Nations
- Tracking fibre lifecycles
- Fibre waste

**The Pitchathon opens Tuesday 15 March and closes Monday 2 May.**

Find out more: <https://events.csiro.au/Events/2022/February/8/Threads-and-Opportunities>

## The Wonderful World of Dog Grooming

If you're a huge dog lover, this is probably a career you've considered many times: dog grooming. Getting to meet and work with tons of adorable dogs every day? Yes please!

We've found some great videos that might give you a little bit of career inspiration. Take a look.

### **Colourful and fun**

Gabriel Feitosa (@gabrielfeitosagrooming) is an internationally awarded dog groomer, and his creations are certainly more than a little out there.

He's dressed up and decorated dogs to look like all sorts of things, from other animals to Pokemon, and even a *peach*. He even has [online courses](#) you can do to spice up your grooming skills.

You can see his creative process on TikTok here: <https://www.tiktok.com/@gabrielfeitosagrooming>

### **It isn't always easy...**

Hannah Norris (@groomingbyhannah) works as an in-house groomer for a vet clinic. Her videos show some more of the tricky side of dog grooming; dogs who don't like their feet being touched, how to deal with extremely matted fur, and more.

But don't worry, there's still plenty of happy and cute dogs (and cats!) to watch too.

See here videos here: <https://www.tiktok.com/@groomingbyhannah>

### **A bit of everything**

Vanessa De Prophetis (@girlwithedogs), better known as the Girl With the Dogs, owns and runs her own dog grooming business. She uses TikTok to share tips and tricks for owners on basic care, as well as some funny moments too.

Watch her videos here: <https://www.tiktok.com/@girlwithedogs>

### **Want to know more?**

If you're keen on learning how you can become a dog groomer, you might like to check out our [Job Spotlight](#) to find out more.

## Torrens University Australia – Career Crush Quiz

Want to turn your natural talents into a dream job? The Torrens University Australia Career Crush is an online quiz that reveals high school students' personal strengths, passions and aspirations to match you with the careers and courses you're most compatible with.

Career Crush not only delivers a personality profile, compatible careers and courses, but also throws in a tailored Spotify playlist and bespoke recipe – perfect food for thought when planning those next steps towards your dream career.

Torrens' fun, 5-minute Career Crush quiz will reveal how you can turn your passions, aspirations and strengths into a career you love.

Find your Career Crush: <https://www.torrens.edu.au/career-crush>

## Searching for your dream course

Looking for the perfect course to study? Going through every single university website and seeing if they offer the course you want can be tedious.

Thankfully, you don't have to do that. This is where [Course Seeker](#) comes in.

### What is Course Seeker?

Course Seeker is a comprehensive database of tertiary courses on offer from universities and private providers across the country.

It makes it easy to find your dream course. You can filter your search by subject area, location, duration, qualification level, institution type, and more.

You can also see the entry requirements for each course, so you can work out which courses you might be eligible for in a flash.

You also get other handy info, like the course duration, whether you can study part-time, and the campuses where the course is offered.

You can also add courses to your shortlist, which lets you easily compare them when you're trying to make a decision. In your shortlist, you can also compare indicative course fees, whether or not Commonwealth Supported Places (CSPs) are available, and if there are any prerequisites, plus more.

And if you click on a course, you can see all the information you'll need, including majors, extended admissions criteria, the date the course will start next, and more.

### Get searching

Find the course of your dreams here: <https://www.coursesseeker.edu.au>

Looking for something similar for VET courses? Try [MySkills](#).

## Setting milestones

So, you've sat down, done the thinking, and now you have a refined list of your dream goals. Now what?

When you're just looking at the end result, it might seem a bit scary and like a lot of work. How are you supposed to get from where you are now to your end goal? This is where milestones come in handy.

Think of milestones as almost like mini goals you complete along the way to your big goal. They are stepping stones to keep you on the right path, and can make the journey to your dream goal seem a bit less overwhelming.

### Why should you set milestones?

As we just mentioned, milestones are a way of tracking progress towards your goal. It's unlikely that you'll be able to complete your entire goal in just one step. Milestones are the steps you take along the way.

Think of it like this. Say your goal is to get into your dream course at uni. What are the things you'll need to do along before you can achieve this goal? Maybe you'll need to pass a specific class, or earn a high enough ATAR. These are your milestones. You could even count things like finishing your applications on time.



If your goal is to save for a holiday, your milestones could be reaching certain amounts in your savings account (saving \$100, then \$500, then \$1,000, and so on).

Milestones are a great way of getting a sense of achievement as you work towards your goals. You deserve to be rewarded for all the hard work you put in, not just right at the end, so celebrating milestones is a good way to boost your enthusiasm too.

### **How to set milestones**

Setting milestones is pretty simple. Once you've written down your end goal, sit back and just think about the steps you'll need to take to reach your goal. Pick out the most important steps, and these are your milestones.

### **The importance of planning**

If you just mindlessly set a goal and don't think much more about it, chances are you won't achieve it. We know it can be frustrating, but sitting down and doing some planning before and after you set your goals can set you up for success in the long run. Milestones are a part of this planning. Whatever your future goals are, we wish you the best in achieving them!

## Choosing Free Resume Templates

When you google free resume or CV templates, quite literally thousands of results come up.

You could spend hours of your life just looking through them trying to find one that you like.

Or have a look at the free templates the word processing program on your computer has to offer, Word definitely have a couple.

And then there's our current favourite [Canva](#). They have loads of designs to choose from and they're simple to modify. You will need to sign up for a free account to access them. (Hint: there are also free Canva tutorials available if you're not sure how to use it).

It's probably best to start off with something simple.

Here are some more tips on how to [Create your Resume](#).

## Supporting someone affected by a natural disaster

Lots of people in Australia and around the world are facing tough times at the moment.

If you know someone who has been affected by a natural disaster, you might be wondering how you can help. While we can't all get out there with shovels and sandbags, there are other ways you can support your friends and community.

R U OK? is encouraging you to reach out to the people in your community doing it tough and offer your support. Knowing someone who cares and is always ready to listen can make a big difference. Here are some of their top tips for supporting someone affected by a natural disaster:

- **Trust the signs and ask** – the most simple thing you can do to help someone is to just ask how they're doing, and let them know you're here for them.
- **Listen** – sometimes people just need to vent about the situation they're in, and you can support them by listening.
- **Encourage action** – if the problem is too big for you to solve, don't be afraid to help someone find professional support.
- **Check back in** – unfortunately these problems aren't just solved overnight, so don't forget to keep checking in with your friends and community to make sure they're doing ok.

You can download a copy of the free Mateship Manual to find even more ways you can support those affected by natural disaster. Find it here: <https://www.ruok.org.au/natural-disaster-and-emergency-mateship-manual>



### Helping teens cope with bad world news

It's hard to avoid bad news – young people in particular are spending lots of time online, and it's easy for them to be exposed to news about natural disasters, pandemics, terrorism, war, deaths and other distressing events.

If your teen is feeling overwhelmed or scared by all the bad news, it's important to let them know you are here for them, and find helpful ways to discuss and contextualise the things they're seeing online.

ReachOut has developed some great tips and advice to help you help your teen cope with bad world news. You can read more here: <https://parents.au.reachout.com/skills-to-build/connecting-and-communicating/things-to-try-supportive-parenting/helping-your-teen-cope-with-bad-world-news>

### How to become a General Practitioner (GP)

General Practitioners (GPs) are specialist, community based Doctors trained to care for people of all ages, all walks of life, and with all types of medical issues and concerns. They focus on the health of the whole person, combining preventative, physical, psychological and social aspects of care.

If you're a people person with lots of empathy and patience, that thrives on variety but handles hum-drum too, then a career as a GP could be perfect for you.

#### About you:

- Great interpersonal and communication skills (good "bedside manner")
- Good critical thinker and problem solver
- Ability to work as part of a team or independently
- Open-minded and non-judgemental
- Dedicated
- Interest in continued learning
- Decisive and organised

#### The job:

- Conducting examinations of patients and questioning them about their health status to make diagnosis
- Ordering lab tests, x-rays and other medical diagnostic procedures where necessary
- Prescribing relevant medication
- Administering simple medical treatments/procedures such as immunisations, skin cancer removals & applying stitches
- Monitoring patients
- Providing general health advice to patients on diet, nutrition, exercise and other lifestyle habits to prevent or recover from illness
- Referring patients to other healthcare professionals
- Arranging admission of patients into hospital
- Recording and organising patient records
- Training and supervising medical students/trainee doctors
- Keeping up to date with the latest medical treatments and medications relevant to general practice/primary healthcare
- Reporting births, deaths and notifiable diseases to government authorities

**Lifestyle Impact: Medium**

- Part Time opportunities: Low – around 28% of GPs work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 46 hours a week, which is above average (source: labourmarketinsights.gov.au).
- GPs' salary (average) \$130,000\* per year (source: labourmarketinsights.gov.au). \*Salaries vary depending on your skills and experience.
- Future career growth: Very strong (source: labourmarketinsights.gov.au).
- You will be doing most of your work indoors, in hospitals and private clinics. You may have the opportunity to travel to a patient's home.
- The work can be physically and emotionally demanding, so it's important that you have the resilience to withstand the rigours of the job.
- More than half of workers reported that they regularly work overtime or extra hours (source: labourmarketinsights.gov.au).

**General Practitioners are most in demand in these locations:**

This is a large occupation, with around 68,200 people working as General Practitioners in Australia in 2020 (source: labourmarketinsights.gov.au). Demand for General Practitioners is spread evenly across Australia – there is usually a greater demand for medical professionals in rural and regional areas. Most General Practitioners work in the Health Care and Social Assistance industry.

**How to become a General Practitioner in Australia**

Becoming a GP is quite a long and involved process. You will need to complete an accredited university-level qualification, before completing an internship and further specialist training.

Step 1 – Complete Year 12 with a focus on English and Maths. Biology, Chemistry and Physics might also be useful.

Step 2 – Complete an Ahpra-approved medical program. This can be at either undergraduate or postgraduate level. You can find a full list of approved qualifications [here](#).

Step 3 – Complete a period of [accredited intern training](#) to become eligible for general registration.

Step 4 – Complete a fellowship qualification from either [RACGP](#) or [ACCRM](#).

Step 5 – Once you've finished your fellowship, apply for specialist registration with Ahpra.

Step 6 – Start working as a fully qualified GP.

Find out more here –

<https://www.ahpra.gov.au/>

<https://www.medicalboard.gov.au>

<http://www.cpmec.org.au/>

<https://www.acrrm.org.au>

<https://www.racgp.org.au>

**Similar Careers to General Practitioner**

Surgeon	Paediatric Doctor
Pathologist	Dentist
Optometrist	Podiatrist
Ophthalmologist	Sonographer

Find out more about alternative [careers](#).

**Frequently Asked Questions (FAQs)****What do General Practitioners do?**

General Practitioners are responsible for the general care and wellbeing of their patients. While they may not be able to treat specialised problems, they can guide patients on almost all general ailments and injuries.

**What options are there for career progression?**

Becoming a General Practitioner takes time, and for many people it is the end goal for their career. However, you might like to specialise even further down the line, and work in Paediatrics, Obstetrics and Gynaecology, Oncology, Radiology, Pathology, or more.

**Do I need to go to university to become a General Practitioner?**

Yes, you will need to go to university and complete thorough additional training before you are qualified to practise as a GP in Australia. This process can take anywhere between 10-15 years.

**Where do General Practitioners work?**

There is demand for GPs across all of Australia, particularly in rural and regional areas. There might be less competition for jobs in these areas.

**What are 3 things I can do right now to help me become a General Practitioner?**

If you're in high school and you'd like to find out if a career as a General Practitioner is right for you, here's a few things you could do right now:

1. Start researching university options as soon as possible. The application process can be involved and you need to check prerequisites carefully. Our [Entry to Medicine Guide](#) is a great place to start.
2. See if you can find work experience in a health related setting. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
3. Talk to a GP to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in medicine.

Mr Madani