

Is your child uncomfortable in social situations? Does your child worry about making a mistake or being embarrassed in front of others?

Does your child sometimes sit alone at lunchtimes / avoid interacting with classmates?

Treehouse is a therapeutic program for primary-school aged children, who need some extra support with social skills, self-esteem, managing strong feelings and developing resilience. By being creative and learning through play, children are able to develop their relationship skills in a non-confrontational way, while also allowing them to safely think about how they might cope with their own worries.

For more information or to make a referral please call Sandra Fawcett on 9871 1802

or email: <u>sfawcett@each.com.au</u>

<u>Please note</u>: the facilitators of the program need to meet both the parent and child being referred PRIOR to the group starting to ensure the program is suitable

This program is funded by the City of Whitehorse

Who: Grade 2/3 students

Where: Mitcham Family Centre 15 Brunswick Road Mitcham

When: Term 3 School Holidays: Week 1: Mon 23rd and Thurs 26th Sept Week 2:

Mon 30th Sept and Thurs 3rd Oct

Time: 9.30am - 12.15pm

Cost: FREE – morning tea will be provided

Parent/carer involvement: is scheduled at the end of each session from 12.00pm – 12.15pm. Sibling care will be provided during this time.

*<u>Please note:</u> only one child is accepted into the program from each school.

