

YOUNG HEARTS

FIRST AID TRAINING



OUR PHILOSOPHY

No young heart should stop beating due to a lack of education.

Through our courses, students will learn about safe behaviours and be empowered to respond in any first aid emergency situation they encounter.

A nationally recognised course that will engage and empower students throughout their adolescence to respond to emergencies and better navigate social interactions, their own mental health and risk-taking behaviour.

COURSE OVERVIEW

TOPICS INCLUDE

- ✓ CPR: ADULT, CHILD AND INFANT
- ✓ PRIMARY SURVEY AND MANAGING AN UNCONSCIOUS CASUALTY
- ✓ CHOKING
- ✓ ASTHMA
- ✓ ANAPHYLAXIS
- ✓ CHEST PAIN
- ✓ STROKE
- ✓ SHOCK
- ✓ MINOR AND LIFE-THREATENING BLEEDING
- ✓ HEALTHY RELATIONSHIPS
- ✓ MENTAL HEALTH
- ✓ DRUGS AND ALCOHOL
- ✓ SEEKING HELP

YEAR LEVELS

YEARS 9-12

DURATION

6 HOURS
(includes all school break times)

COURSE CODE

HLTAID010
Provide basic emergency
life support

CERTIFICATES

Each student who
completes the course and
assessment successfully
will receive a nationally
accredited certificate.

AN ASSET
IN THE
WORKFORCE



PRICE

\$80 per student, minimum of 20
students per course

*Please note: all students must
have a unique student identifier
(USI) and device for assessment
on the day of training.*

EMPOWER YOUR STUDENTS
BOOK A YOUNG HEARTS COURSE TODAY



hello@herohq.co



1300 054 563